

The Dem Newsletter

Week 8 – Friday 21 June 2019

Comedy for a Cause – TONIGHT!

Don't forget to get your ticket for tonight's P&C event! You can still purchase on-line at <https://comedyforacause.net/nsds> or buy a ticket at the door. Your ticket gives you entry and nibbles and there will be a bar to purchase drinks from.

Leave the kids in safe hands and come along for a great night of laughs with your Dem family!

Multicultural Public Speaking Competition

On Monday this week the finals of the Stage 2 Multicultural Perspectives speaking competition took place. This proved to be a highly entertaining event with all speeches of an outstanding quality. All students were exceptionally well prepared in their Multicultural speeches with a range of ideas and opinions offered to the audience. The impromptu speech on the topic of "Kindness" was challenging and the students rose to this challenge with great enthusiasm. In a very close contest, Hugh and Ben were chosen as winner and runner up by Ms Williams, the adjudicator. Both our Stage 2 and Stage 3 winners will now go on and represent our school at the Northern Sydney Local Final #4, which will be held at Anzac Park Public School on Thursday 27 June. Best of luck to our finalists!



Track Carnival

The Track Carnival was unfortunately postponed this week due to wet grounds, and is currently scheduled to take place next Tuesday 25 June. However, given the current weather forecast, the carnival may have to be rescheduled again to a date in Term 3. An assessment of the weather and grounds will take place on Monday so we can advise parents via SchoolStream and SchoolBytes, if the carnival is to be postponed.

Reminder information should the carnival proceed as planned:

- The carnival is for all K-6 students.
- Kindergarten, Year 1 and Year 2 students, who turn 5, 6 or 7 in 2019, will participate in novelty events.
- Students in Year 2-6, who turn 8 or older in 2019, will have the opportunity to compete in the 50m, 100m, 200m and 800m track races.
- All students must attend the carnival and will walk to and from St Leonards Park for this event.

What's On In Term 2 2019?

Friday 21 June

- * P&C Comedy Night, from 7pm in the Hall

Monday 24 June

- * Spelling Bee Semi-Finals

Tuesday 25 June

- * K-6 Track Carnival
- * Junior Choir Rehearsal
- * Year 6 Debating
- * Spelling Bee Semi-Finals

Wednesday 26 June

- * Intermediate Band
- * Netball Training
- * Recorder Group Preliminary Rehearsal

Thursday 27 June

- * Senior Band
- * ALF Training
- * Multicultural Public Speaking Northern Sydney Local Final at Anzac Park Public School

Friday 28 June

- * Junior Band
- * Soccer Training
- * PSSA (last for term)

Monday 1 July

- * Semester 1 Reports go home with students
- * Spelling Bee Stage Finals

Tuesday 2 July

- * Stage 3 visit by Police Youth Liaison

Wednesday 3 July

- * Intermediate Band
- * Years 4-6 Antibullying Incursion

Thursday 4 July

- * All Bands Concert

Stewart House Clothing Donations

Thank you for all the Stewart House clothing bags that have been returned. All bags have now been collected by Stewart House for distribution where most needed. **PLEASE DO NOT SEND ANY FURTHER BAGS TO THE SCHOOL, but kindly donate them to your local charity.**

Semester 1 Reports

Student school reports are in the process of being finalised and will be sent home with students on Monday 1 July.

Woolworths Earn and Learn Stickers – Final days to collect stickers!

Thank you to everyone who has been supporting the Earn and Learn program and donating their stickers to the Dem. We have already amassed over 50,000 stickers! The program will come to a close on Tuesday 25 June. As mentioned in last week's Dem Newsletter, stickers collected between 11 and 25 June, will be donated to Arndell School as our way of showing gratitude to the work done at the school.

Arndell School is a specialised school for students with emotional and behavioural difficulties. At this school, the staff, in collaboration with families, support students in developing their academic, social and emotional skills, and assist them in making a successful transition back to mainstream school.

North Sydney Demonstration School have had a number of our most cherished students spend time at this school over the years and have been deeply grateful for the support that the school has offered to students, staff and parents. The school averages approximately 20 enrolments at any point in time and it is therefore difficult for them to benefit from promotions such as Earn and Learn. Thanks to the generosity of our Dem families, we will be sending Arndell over 16,000 stickers! Thank you for supporting both schools.

Mid-Year Band Concert – Save the date

The mid-year Band Concert will be held on **Thursday 4 July** (the last day of term), from 6pm in the Hall. A note was sent home with all band students this week. Please make sure you return the note by the due date so that we can ensure we have the maximum number of band members present. These concerts are an integral component of the band program and this concert will be a showcase of each of the band's progress to date, particularly after last week's intermediate and senior band camp. A copy of the note is provided on page 7 of this newsletter.

Staff Development Days – Terms 3 & 4 reminders for your diaries

- **Friday 5 July** is the second pupil free day for this term (Term 2). Should you need to make arrangements for your child on that day, you may like to do so as soon as possible. (*Thursday 4 July is the last day of term.*)
- There is **NO Staff Development Day in Term 3** (students will return to school on Monday 22 July).
- In Term 4, students will return to school on **Monday 14 October**. The last school day for students for 2019 will be **Wednesday 18 December**.
- Term 4 Staff Development Days are **Thursday 19 and Friday 20 December**.

Power Upgrade – School Holidays

As part of ongoing public works related to the major power upgrade, civil contractors, TOBCO, have been engaged to undertake works for Ausgrid, including excavation and installation of electrical conduit and cables to the electrical substation on school premises. These works are being carried out at night and will temporarily affect residents on McHatton St and Bay Rd. Please see p11 for further information. We apologise for any inconvenience these works may be causing to our school community.

The balance of works relating to this major upgrade will take place during the July holidays. **Please note that the school will be closed with NO ACCESS throughout the holiday period.**

Education Week at the Dem – Save the Week!

Next term during the week commencing **5 August**, the Dem is looking forward to celebrating both Education Week and NAIDOC Week.

As NAIDOC week occurs during the holiday break between 7 and 14 July, we will be acknowledge our Indigenous history with a NAIDOC Ceremony as part of our Semester Two Leadership Induction. Dates for the Leadership Induction and Open Classrooms and further information will be advised in upcoming newsletters.

ICAS 2019

A reminder that ICAS Assessments this year will be held at the Dem in **September**. More information will be provided in Term 3 newsletters.

Upcoming Camp Dates for your Calendar

Year 3 Camp Thursday 1 and Friday 2 August (Morisset). ***Notes were due for return on Friday 21 June.***
Year 4 Camp: Thursday 1 and Friday 2 August (Kincumber). ***Notes due for return on Monday 24 June.***
Year 6 Camp: Monday 12, Tuesday 13 & Wednesday 14 August (Canberra). ***Notes home next week.***
Year 5 Camp: Wednesday 28, Thursday 29 & Friday 30 August (Canberra)

Families taking Extended Leave

Under the Department of Education's Attendance Policy, holidays and travel during term time are counted as absences for statistical purposes. If you are planning to take your child/ren out of school for more than 15 school days, you are required to fill in an Application for Extended Leave. This application will be reviewed by the Principal and if approved, absences will be recorded as 'Leave' for your child/ren. Applications are available at the office.

Myra Wearne, Principal

myra.janes@det.nsw.edu.au

SCHOOL NEWS

Stewart House

Thank you for bringing in bags of clothing for Stewart House. Please do not leave any more Stewart House bags at this time since the bags have now been collected.

Term 2 Statements of Account reminders

Term 2 Statement of Account reminders were emailed today 21 June 2019. Before paying online (via POP) please check what is still outstanding on your account. You can click on the 'Make a payment for (your child's name)' link from a school account email or call the Office on 9955 2822. Please keep a note of payments made so that you do not accidentally pay for items twice. Thanks.

Woolworths Earn & Learn – finishes on Tuesday 25 June 2019

We have collected 35,700 stickers for the Dem and 16,380 (and still counting) for Arndell Special School!

A big thanks to the families helping with the counting and sticking of stickers. We appreciate your help.

The last day to earn stickers will be Tuesday 25 June. Please bring them in next week so they can be counted. Thanks again.



School Travel

Students using their Student Opal Card must tap on at the start and tap off at the end of each trip as a condition of use of their card.

You can update student details (and apply for a new card) online at <https://apps.transport.nsw.gov.au/ssts/> or see

<https://www.opal.com.au/en/about-opal/opal-for-school-students>

If you have any questions or concerns about the **school buses**:



665w (morning) & **664w** (afternoon) call Willoughby Depot: 9941 9215;

667w (afternoon) call North Sydney Depot: 9245 9261;

568w (afternoon) call Willoughby Depot: 9941 9215.

For timetable and routing information please check the Opal app or follow this link:

<https://transportnsw.info/routes/details/school-buses/>

FABStar!

FABStar! is an initiative to recognise positive behaviours in the playground. A FABStar! slip was drawn from all the students who received FABstar! slips in recognition of their positive behaviour on the playground last week.



This week's K-2 FabStar!s are Ollie, Allegra and Sophia in Year 1! They found a special toy in the playground and immediately handed it to the teacher on duty! Great work!



This week's 3-6 FabStar! is Reia in Year 5. Her honesty and respect for others was shown when she found money on the playground and handed it to the teacher on duty so that it could be turned into the office. Way to go Reia and thank you for displaying honesty towards others at the DEM.

Band News

Band Camp

We had an incredible time at Band Camp! Thank you parents and carers for helping your child to get ready for camp last week. Students spent most of Thursday and Friday in tutorials and rehearsals, working on their music for the Mid-Year Band Concert. We can't wait to show you how much we've improved!



Mid-Year Band Concert (for ALL bands) Thursday 4 July

The Mid-Year Band Concert will take place on Thursday 4 July at 6pm in the NSDS School Hall. We invite all families to attend. Our students are very excited to show you the progress they have made this term.

All band students are required to attend the concert as part of their commitment to the School Bands. As Friday, 5 July is a pupil free day, Thursday 4 July is the last day of Term 2 for students. We know that many families go on holiday at the end of the term, so it is important that we know who will be attending the concert. This ensures that the bands can play with a full complement of instruments and sound their best on the night.

An RSVP note went home with your child this week and a copy of the note can be found in this newsletter (see next page). Please return the RSVP slip to the office no later than Tuesday 25 June. Thank you for your assistance!

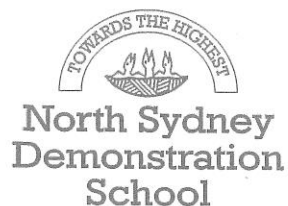
Band Rehearsals – 7:45am in the Hall:

- Senior Band: Thursday;
- Intermediate Band: Wednesday;
- Junior Band: Friday.

Please ensure that your child brings their instrument, music and a pencil and is on time to set up.

Rehearsal or Tutorial enquiries: Contact Directions in Music on 9662 2211

General band enquiries: Any general enquiries regarding band should be directed to Ms Kate Crilly: kate.crilly@det.nsw.edu.au



MID-YEAR BAND CONCERT

Concerts and performances are an integral component of the band program and a wonderful opportunity for each of our three wonderful bands to showcase their musical talents.

Attendance at the NSDS Mid-Year Band Concert is required by all band members.

Concert details are as follows:

6pm – 7:15pm Thursday 4th July*

Date: Thursday, 4th July

Time: Arrive at 5:45pm for a 6pm start.

Venue: NSDS school hall

Band required: All Bands

Dress: Band T-shirt, blue school pants/culottes, blue socks & black school shoes (no sneakers)

Bring: Your instrument and music

All parents, grandparents, siblings and family members are invited and encouraged to attend this evening performance.

**** Please note that due to the Staff Development Day (pupil free day) on Friday 5 July, the band concert is being held on the last day of term (Thursday 4 July). It is therefore particularly important that we know whether your child will be participating. The band performance can only go ahead if we have the maximum number of band members present.***

Please return the RSVP slip to the front office no later than Tuesday, 25th June.

Please contact Ms Kate Crilly kate.crilly@det.nsw.edu.au if you have any questions.

✂ -----Please detach and return to the office by **Tuesday 25th June 2019**-----✂

RSVP for Mid-Year Band Concert – Thursday 4th July 2019

My child, _____ (name), of _____ (class) will/will not be able to attend the Mid-Year Band Concert on Thursday 4th July from 5:45pm-7:15pm. *Please note that all band students are required to attend unless they will be absent from the school on this date.*

Parent/Carer signature _____



Looking for a laugh tonight (Friday 21 June)?

Want to support the school?

Then why not come along to the **annual P&C Comedy Night - it's on tonight**, and there are **tickets available on the door**. Just \$35 gets you in to see some top notch comedians. Plus, we have a bar...

Our next P&C meeting is on Wednesday 24 July at 6:30pm in the school library.

If you have any questions, please contact me at president@thedempc.com.au

LOST PROPERTY

Please check Lost Property (located in the Pacific Building near the Uniform Shop) for any items you may be missing.

UNIFORM SHOP

The Uniform Shop sells new and second-hand school uniforms.

Regular opening hours during School Term:

Monday 8.30am – 9.30am;

Tuesday 8.30am – 9.30am;

Wednesday 8.30am – 9.30am;

Friday 8.30am - 9.30am and 2.30pm – 4.00pm.

Email uniform orders to DemUniformShop@gmail.com

See: <http://www.thedempc.com.au/uniform-shop/> for more information.

TUCKSHOP

Hot food can only be ordered through Munch Monitor. Steps to set-up your Munch Monitor account:

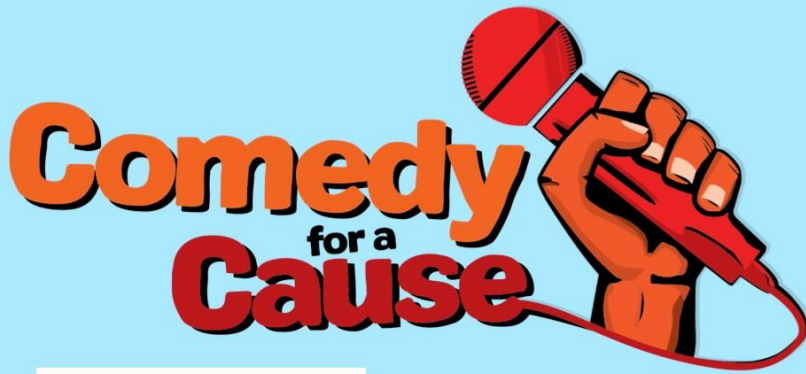
1. Go to: www.munchmonitor.com/Account/Login
2. New users need to register

(school ID is "nsds"; school password is munch2060")

Munch Monitor questions email:

info@munchmonitor.com

See: <http://www.thedempc.com.au/tuck-shop/> for more information



In support of:



Tommy Dean (U.S.A)

- Sydney & Melbourne International Comedy Festival
- Forever guest on "Thank God It's Friday" - ABC Radio
- Spicks and Specks, Good News Week, Rove Live

"Weird, wild and wonderful!" Richard Glover

"a consummate master of timing" - Australian Stage



David Smiedt

- Sydney & Melbourne International Comedy Festivals
- Opening act Joan Rivers & Martin Short
- 'The Today Show', 'Standup Australia'
- Acclaimed author & Editor of GQ Magazine

"A living, breathing joke machine" - Adam Hills



Umit Bali

- 4 stars Perth & Adelaide Fringe Festivals 2015.
- 2015 Melbourne International Comedy Festival.
- one of the rising stars of Australian Comedy

"I saw Umit Bali and was blown away. Equal parts edgy and silly, but both hilarious. Catch him while you can still afford it." Wil Anderson



Bruce Griffiths

- Triple J Comic of the Year Winner
- Triple-M, Live At Jongleurs (UK)
- Aria Award winning writer for Good News Week & The Glasshouse
- Gold Medal in the New York Festival Film & TV Awards

"The best one-liner comic in the business"

FRIDAY 21st of JUNE 2019
Doors: 7pm / Show: 8pm
North Sydney Demonstration School
Bay Rd, Waverton

**BOOK
NOW!**

Tickets: \$35 at
comedyforacause.net/NSDS
Pizza and nibbles included.
Drinks available. (18+ Only)

Dem Community News

Australian Youth Orchestra. Know an aspiring young musician? Applications for Australian Youth Orchestra's 2020 programs are now open until 28 June! Visit the AYO website: www.ayo.com.au

Sydney Emeralds SYNCHRONISED SWIMMING OPEN DAY at Monte St Angelo pool Saturday 29 June 1:15pm onwards. Demonstrations and try-a-lesson. For more information please see [Synchro OPEN DAY](#) or search Facebook Sydney Emeralds. Thank you.

Catholic Care Naremburn Family Centre - Women's Wellbeing Support Group - Starts T3

Through various activities like arts and craft, cooking, yoga, mindfulness and music the group will provide a space for women to explore self-care, managing emotions, exploring relationships and building strong support networks. Bookings Essential Phone: (02) 8425 8700

Kids First OT holiday handwriting workshop for K to 6: great for students having difficulty with any part of handwriting or for those wanting to refresh and improve further. We focus on pencil grip, formation, letter sizing and spacing, punctuation, posture, concentration, speed and legibility. Groups are small (4-6 children) so our Paediatric OT's can provide one on one assistance. Please call our Director, Sarah Hickey, for dates and pricing on 1300 850418.

Junior Science Academy at Macquarie University: exciting science programs for K-6 students during school holidays. See mq.edu.au/about/holidays

CatholicCare Family Centres parenting programs for Term 3 are free or low cost. This includes; Women's Wellbeing Support Group, Tuning into Kids, 1-2-3Magic, Keeping Kids in Mind and Dads Infant Massage. To find out more contact intakefs@catholiccaredbb.org.au or call us on 8425 8700

Are You A Parent of a Child Aged 2 to 12?

The Parenting and Family Support Centre at the University of Queensland is conducting research into parents' opinions about parenting and parenting programs. If you have a child between 2 and 12 years, we would love to hear your views on parenting and the services that are available to you as a parent. You will need to complete a short survey. To find out more or to participate please visit <https://exp.psy.uq.edu.au/parenting>



Australian Red Cross blood donations.

Call 13 14 95 or visit: <https://www.donateblood.com.au/donate>

Oral Health Services for children under 18 years. General dental treatment is free at NSW Public Dental Health Clinics contact 1300 732 503

Key Assets: Looking for foster carers call: 1800 WE CARE or see iwanttofooster.com.au

Volunteer Host Families needed for overseas students arriving in Australia in 2019

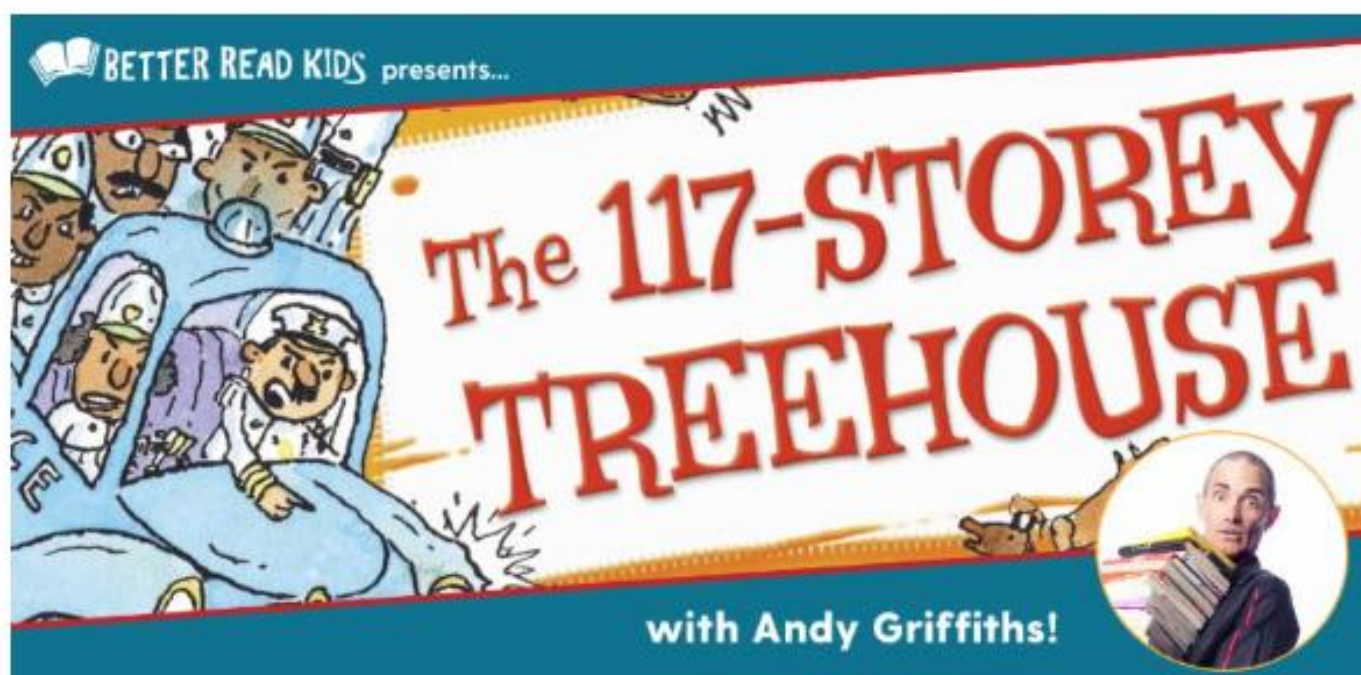
- Student Exchange Australia New Zealand www.studentexchange.org.au
- World Education Program (WEP) Australia wep.org.au



BETTER READ KIDS

Andy Griffiths on Tour

A madcap adventure through Andy Griffiths' towering treehouse!



Better Read Kids is so excited to celebrate the release of ***The 117-Storey Treehouse*** with **Andy Griffiths**, who will be in Sydney for *one day only*!

This is not to be missed for parents and caregivers who want to get their kids excited about books; with the ***Treehouse*** series listed by **Megan Daley** in ***Raising Readers*** as ideal for encouraging emerging readers, this fun and interactive afternoon will be sure to get kids devouring the whole series!

There will even be an opportunity for kids to have their copy of ***The 117-Storey Treehouse*** autographed by Andy after the event.

So, what are you waiting for? Spread the word, and come on up!

Wednesday 24th July 2019
4:30pm

The Concourse
409 Victoria Avenue Chatswood NSW 2067

Winter School Holiday Activities



Check out our school holiday activities for primary school students

Students will receive an interactive presentation on banknote security features and get a sneak peek at the new uncirculated \$20 banknote. They will also be taken on a guided journey through the Museum and learn about the history of Australia.

Sessions for Kindergarten – Year 2
Monday 8th July, 10.00am – 11.30am
Wednesday 10th July, 10.00am – 11.30am
Friday 12th July, 10.00am – 11.30am

Sessions for Year 3 – Year 6
Monday 8th July, 1.00pm – 2.30pm
Wednesday 10th July, 1.00pm – 2.30pm
Friday 12th July, 1.00pm – 2.30pm



Cost: Free

Registrations of interest are now open. To register your child please visit the Museum Website www.museum.rba.gov.au/events

Important Information:

Offers for attendance to School Holiday sessions will be sent 5-10 business days out from the event. As this is a highly subscribed event we cannot guarantee all registrations will be offered a place for this school holiday period.

Email: museum@rba.gov.au

Phone: (02) 9551 9743

Ground Floor, 65 Martin Place
Sydney NSW 2000

TUNE IN HGS 201.9



Hornsby Gang Show: 120 local Scouts and Guides on stage in a musical variety show!

Barker College, Leslie Theatre: 91 Pacific Hwy, Hornsby

Tickets: Adult \$25, Child (under 16years) \$15, Concession \$20, Family (2 adult & 2 children) \$70
Plus booking fee

SHOW DATES 2019

5	July	Friday	8pm
6	July	Saturday	2pm & 8pm
7	July	Sunday	3pm
10	July	Wednesday	8pm
12	July	Friday	8pm
13	July	Saturday	2pm & 8pm



BOOKINGS: WWW.GANGSHOW.COM



RESERVE BANK OF AUSTRALIA

SCHOOL HOLIDAY FUN SEA CREATURES INTERACTIVE DISPLAY

Enjoy holding and touching a large range of marine animals, whilst the Marine Biologist presents interesting facts.

Where: Lower ground, opposite PetStock
When: Monday 8 to Wednesday 10 July 2019
Time: 11am – 2pm

ARTARMON
homeHQ

1 Frederick St, Artarmon

homehq.com.au



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EOFY SALE
NOW ON

Warm up with big savings at Home HQ Artarmon
Over 25 top home and lifestyle stores!



Koolkidzz Activity Day Camp
5 - 13 years old

Child Care Subsidy Provider

Make your child's school holidays **A BLAST!**

Variety of activities all in one place

ART MUSIC SPORT DRAMA COOKING DANCING EXCURSION

info@koolkidzz.com.au
02 9539 6836

St. Ives - Masada College
Randwick - Tafe Campus

Book your child in TODAY!
koolkidzz.com.au

MOVE AWARE PILATES, YOGA & BARRE

@Braemar Park, King Street, Waverley



My name is NAOMI, I'm passionate about teaching Yoga, Pilates and Barre in particular the positive effects it brings to Mind and Body! "Join me outdoors to see & feel the difference" Privates available, Google my Business Mums/Dads and Bubs /kids are welcome. "\$7 intro class"

All classes (1 hour) during school term.

Beginners to intermediate, for all ages and abilities.

STYLE	DAY	TIME	COST	
Yoga	Monday	9.15am	\$15	Text to confirm your spot
Pilates	Wednesday	9.15 am	\$15	
Yoga*	Thursday	9.30am	\$15	
Pilates	Friday	9.15 am	\$15	
Yoga	Saturday	7.30 am	\$15	
4 classes = \$55 / 10 classes = \$140			Min. 4 /class	

NAOMI LIDDLE 0412 40 40 33

STUDIO CLASSES

Barre Moves*	Thursday	10am	\$20	Cardio
North Sydney	Ballet Studio	5 Myrtle St	*On Demand	



HANDWRITING WORKSHOPS

TERM 2 HOLIDAYS



Run by Paediatric Occupational Therapists

Kindergarten - Year 6

All levels of handwriting are welcome. Children will be grouped according to what year they are in. We cover many areas including promoting a functional pencil grasp, hand and finger strength, movement and dexterity, legibility (print and cursive), processing speed, fluency, content of writing, punctuation, letter sizing, spatial organisation, line placement, bi lateral integration skills, directionality and posture. We will also trial seating and writing tools to further assist your child if necessary.

When:

Monday 8th - Friday 12th July:
9am - 10am OR 3pm - 4pm
Monday 15th - Friday 19th July:
9am - 10am OR 3pm - 4pm

Location:

Kids First OT Clinic:
Suite 405/251 Oxford St
Bondi Junction
(Parking available at Westfield)

Cost:

\$300 or \$260 (family rate) Claimable through Private Health funds.

To register contact us on:

1300 850 418 OR info@kidsfirstot.com.au

Register by Friday, 28th June

Limited spaces available.

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Could your child's resilience do with a boost?

BOOK NOW into our fun and play-based Term 3
after school Resilience Workshops!

Mondays | 3.30-4.30 | K-Y3

Wednesdays | 3.30-4.30 | K-Y3

Onsite at North Sydney Demonstration School!

Social and emotional skills for everyday
children experiencing everyday
challenges

BOOK NOW into our July Holiday Camps!
Camberay, Neutral Bay, Roseville, Wheeler
Heights, Lilyfield
Calm Camps, Friendship Camps, Confidence
Camps and Resilience Bootcamps
For ages 5-8 and 9-12

Give your child important life skills

www.resilienceinkids.com.au
hello@resilienceinkids.com.au
0406 776 800



RESILIENCE IN KIDS



**TENNIS
WORLD**
LANE COVE

Upcoming Activities @ Lane Cove Tennis and Golf

LANE COVE
GOLF
COURSE



Tennis Camps @ River Road Tennis

Camp 1 - 1-5 July | Camp 2 - 8-12 July

Camp 3 - 15-19 July | Camp 4 - 22 July

Ask us about our FREE Bus Pickup and Return
as well as Before Care and After Care options to
have you covered these school holidays.

Check out our NEW Brick4Kidz Lego Excursion

Contact us today for more information!



Golf Coaching

Camp 1 - 8-12 July 2019

Camp 2 - 15-19 July 2019

Our Camps cover all aspects of Golf including;
full swing, chipping, pitching, putting, bunkers,
on course play, rules and etiquette.

Suitable for ages 7+ years and all equipment
is provided.

Before and After Care is also available.



Term 3 Enrolments

Enrolments NOW OPEN!

Get a head start with your Tennis in Term 3!

School programs are available with a
complimentary bus pickup and return.

Ask us about our Hot Shots squads program for
additional program information.

Contact us today for more information!

Lane Cove Tennis and Golf

180 River Road, Lane Cove NSW 2066 | T: 9428 3336 | W: www.riverroadtenniscentre.com.au | E: riverroadtennis@ozemail.com.au

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THE DEM ADVERTISEMENTS

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Jeff Bradstreet, MD, says: "Traditional medical thinking presumes the disorder (Autism) is lifelong and not reversible. Typically, parents are told to 'cope with it' and offered no hope. Yet the combination of behavioural and biomedical intervention clearly improves, sometimes dramatically, many children with Autism."

Does your child struggle to concentrate in class? Smart but poor grades? Might your child have ADHD, ADD or autism?

The most common response to a child with ADHD is to medicate. But may there be another way? Attention Deficit Disorder (ADHD) is the most commonly diagnosed neuro-biological disorder in children – affecting behaviour and development.

Natural, Drug Free and Affective help is available

Naturopathic Biomedical treatment assesses possible underlying causes of why your child may suffer ADHD, autism or behavioural challenges by looking at toxicity levels, digestive health, nutritional status, methylation, immunity and the microbiome.

Naturopathic treatment may work to remove the causes, unlocking the brain so your child can learn and develop.



Tiaan holds a Bachelor of Health Science, specialising in Naturopathic Medicine. Additionally, she holds a certificate in Nutrition for Autism and ADHD and a Certificate in Paediatrics. Tiaan has a strong background specialising in thyroid disorders, reproductive health, digestive health, children with thyroiditis and autism, and working with pathology and evidence-based practice.

Improvement is possible in many children

FOUNDATIONS FOR BUILDING A HEALTHY BRAIN STARTS IN CHILDHOOD

Childhood is a time of immense social and intellectual development. Ensuring healthy brain and nervous system development in this vital stage of life can set the stage for healthy cognitive function, memory and learning well into adulthood.

Issues with brain function and learning during childhood can lead to long-term social, psychological and behavioural problems. If your child suffers from learning, behavioural and developmental issues such as ADHD, or is on the autism spectrum, Tiaan Bennett can help.

CONTACT  1204/83 MOUNT STREET, NORTH SYDNEY, NSW, 2060

 0467094918

 TIAANBENNETT@GMAIL.COM

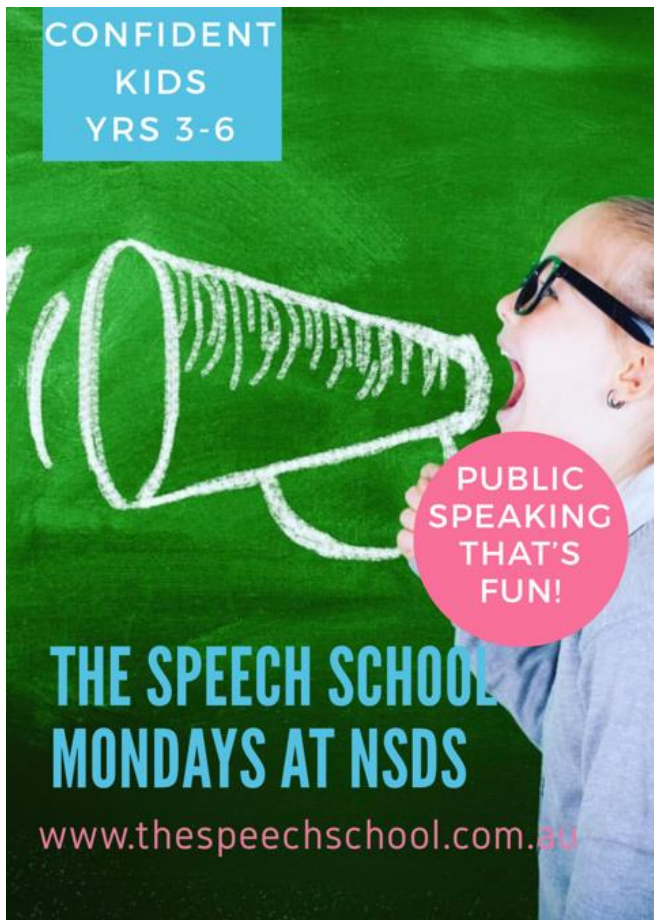
 WWW.NOURISHMENATUROPATHY.COM.AU

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<https://www.thespeechschool.com.au/>



CONFIDENT
KIDS
YRS 3-6

PUBLIC
SPEAKING
THAT'S
FUN!

THE SPEECH SCHOOL
MONDAYS AT NSDS

www.thespeechschool.com.au



Interior
Decoration
Workshop

11 - 12 July | 9.30am - 4pm

2/40 Oxley Street, St Leonards
sydneydesignschool.com.au

Sydney
DesignSchool

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DEEP SEA ADVENTURE

ST THOMAS' CHURCH HOLIDAY CLUB 2019

Dive in and explore God's amazing love through the real story of Jonah. We've gone overboard with fun and games, craft, drama an exciting daily Sea Tournament and Bible teaching as we discover the King of the land and sea.

- Monday 15 July - Friday 19 July (5 days!)
- 8.30am-3.30pm
- St Thomas' Church Memorial Hall
- K-Yr6
- EARLYBIRD
\$35* per child per day or \$155 for the week
*from Monday 17 June, the cost will go up to: \$40 per child per day or \$180 for the week
- Register via: www.st-thomas.org.au/holiday-club-2019

Please bring a lunch and snack, a hat and a water bottle - all clearly labeled.
Contact Ali Macintosh via 8908 4800 or alison.macintosh@st-thomas.org.au



Join us on Friday afternoons for Jaffa

Jaffa is a Friday afternoon group for kids in Years 3-6. We meet from 3pm-4:45pm during weeks 1-9 of each school term. We have afternoon snacks, play awesome games, and learn about Jesus from the Bible. About 25 kids and 7 leaders come each week.

To ensure we offer the best possible care at JAFFA all our volunteers are trained appropriately and adhere to the Safe Ministry requirements of the Anglican Diocese.

Getting here

Kids meet Jaffa leaders straight after school to walk over to church together
NSDS: McHatten St gate
Shore: Edward St Prep School gate

Where we meet

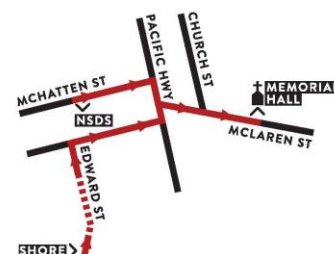
Jaffa meets at St Thomas' Anglican Church in the Memorial Hall on McLaren St
For more information: 8908 4800 OR jaffa@st-thomas.org.au

Cost

Free!

Register at

st-thomas.org.au/jaffa



2/164 Belmore Rd, Randwick 9662 2211 3/76 Anzac Pde, Kensington
www.directionsinmusic.com.au

DIRECTIONS IN MUSIC SYDNEY'S LEADING MUSIC SCHOOL
Inspire. Create. Perform

HOLIDAY ROCK CAMP

Make the School Holidays a Hit!

Upcoming Dates

Mon 1st - Thu 4th July
Mon 8th - Thu 11th July
Mon 15th - Thu 18th July

www.bigmusic.com.au | (02) 8622 6550



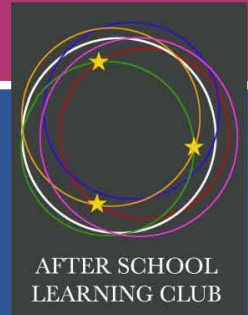
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THE DEM ADVERTISEMENTS

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AFTER SCHOOL LEARNING CLUB AT NORTH SYDNEY DEMONSTRATION SCHOOL (NSDS)

"Where learning becomes child's play."



The place where children can come to:

- Complete weekly homework
- Extend their Literacy and Numeracy skills
- Build confidence to sit NAPLAN or ICAS
- Have fun and learn with buddies

Our Offerings:

- Available on Monday, Tuesdays and Wednesdays.
- Supervision from 3.00 P.M and tutoring from 3.30 P.M to 5.30 P.M.
- Professional teachers/tutors assist children to complete their English and Math homework.
- Provide a fun, learning experience to enrich and engage your child.

SPECIALLY FOR KINDERGARTEN

Pick up service from their classroom

The Reading & Number Club

Preparing them for Year 1

Make new friends

Qualified tutors assist your child to:

- Develop confidence
- Communicate better
- Explore their imagination and creativity
- Form new friendships
- Enjoy learning within familiar surroundings

For more information, Visit: aslearningclub.wixsite.com/aslc

Email us at: afterschoollearningclub2017@gmail.com

With your child's Name, Year and Contact Details

Call us at 0410064779 (Ms. Nirmala)



JUNIOR TENNIS & SPORTS CAMPS

JULY 2019

AGES 5-17 YEARS

Drop off available from 8:30am. After camp care from
3:30-6pm – all centres – \$10 per hour

CAMP 1: 8-12 JULY 2019 • 5 DAYS

CAMP 2: 15-19 JULY 2019 • 5 DAYS

**Willis Park • Green/Orange/Red Ball
Talus St • Top Gun/Green/Orange/Red Ball**

YELLOW BALL/TOP GUN – Talus St, St Leonards • \$200 SINGLES PRIZE MONEY

ALL LEVELS • 9:30am – 3:30pm • Registration from 8.30am

COST: \$75 per day • \$310 / 5 day camp

Transport from Willis Park to Talus St, St Leonards available for Top Gun Camp



For 5 to 8 year olds. Within a fun, safe, team environment – developing:

- movement
- co-ordination
- reaction times
- decision making
- social skills
- fitness

WILLIS PARK 325a Eastern Valley Way, Castle Cove • ST LEONARDS Talus St

P 9901 3144 E lovendeuce@netspace.net.au www.lovendeuce.com.au