

The Dem Newsletter

Week 4 – Friday 9 November 2018

2019 Art Auction in lieu of Musical

In 2019 the school will be holding an Art Auction which will showcase individual student artworks along with class artworks. The Art Auction will complement our Festival of the Arts and is another way that students can demonstrate their skills and passion for the arts. The Auction will run instead of a school musical. We are, of course, disappointed not to be presenting a musical in 2019, however a successful musical requires a high level of expertise in not only directing but also in determining and coordinating music, lighting and sound requirements. Unfortunately our very talented Mrs Thomas, who previously directed all of our school musicals, is now living in Lithuania.

Prior to finalising our decision not to hold a school musical, I would like to ask for any member of our parent body who has extensive experience **directing and leading** school musicals to contact me to discuss this further. The Director would need to have the time available to lead rehearsals and coordinate a parent and teacher volunteer team during 2019 and especially in the final months of 2019.

If this is you please contact me on myra.janes@det.nsw.edu.au

Class Placements for 2019

The placing of children into new classes each year is a complex process. Classes at the DEM are not graded academically and each year we strive to ensure that we have well balanced classes taking into consideration the following points:

- Gender;
- Academic ability;
- Language needs;
- Medical needs; and
- Behavioural needs.

If you feel there are **exceptional** circumstances that need to be considered when allocating your child to a class for 2019, a referral form will need to be submitted to the School's Learning Support Team. This form will need to be completed by your child's current school or pre-school teacher and by you.

Please note there are two parent forms. One is a request to have your child **separated** from another student. The second form is a request for your child to be **placed** with another child.

Please be aware that these requests are only granted in exceptional circumstances. You will find a copy of these forms on pages 7 & 8 of this newsletter.

These forms will need to be completed and returned to the school office prior to **Friday 23 November**. The Learning Support Team will review the information provided along with any additional information supplied by you with regard to how your child's learning may be impacted by being separated from (or placed with) any other student. We ask for feedback on any social or emotional issues as well.

In previous years we have ensured that all children are placed with one of seven friends that they have nominated. We are no longer able to guarantee that this will be the case in 2019. Our priority will be to ensure that each class has a balance of needs and abilities. If your child is not placed with one of their seven nominated friends the school will contact you prior to the end of Term 4 to communicate this and to discuss how your child will be supported in making new class friends in 2019.

What's On?

Sunday 11 November

- * Remembrance Day - Centenary of the Armistice, Student Executive attending.

Monday 12 November

- * Kindy Orientation
- * Applications close at 10pm for Selective High School

Wednesday 14 November

- * Intermediate Band
- * P&C Meeting, 6:30pm in the Library

Thursday 15 November

- * Senior Band
- * Kindy Orientation

Friday 16 November

- * Junior Band
- * Teeball Training 8:25am
- * Oztag Training 8:25am
- * Sports in School / PSSA

Sunday 18 November

- * P&C Working Bee from 10am to 2pm

Monday 19 November

- * Preliminary Finals for Student Executive 2019

Wednesday 21 November

- * Intermediate Band
- * Year 6 Fair

Thursday 22 November

- * Senior Band
- * Kindy Orientation
- * Finals for Student Executive 2019, 11:50am-2:10pm in the Hall (parents welcome)

Friday 23 November

- * Junior Band
- * Teeball Training 8:25am
- * Oztag Training 8:25am
- * Sports in School / PSSA
- * All Bands Rehearsal, 10:35 - 11:55am in the Hall

Swim Scheme Program

If your child was selected to participate in this year's Swim Scheme Program, please make sure the note and payment are received in the office by Tuesday 13 November. Swim Scheme will take place for two weeks from Monday 26 November through to Friday 7 December. Please contact Mrs Melissa Bourke via email (Melissa-sue.turner1@det.nsw.edu.au) if you have any queries relating to the program.

Selective High School Applications – Year 7 in 2020

Parents wishing to apply for a Selective High School placement in 2020, must apply online via the NSW Department of Education's Selective High Schools and Opportunity Classes unit by **10pm on Monday, 12 November 2018. No late entries will be accepted.** Website link: <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>. For specific assistance with the online application process, please contact the High Performing Students Unit on 1300 880 367 or by email ssu@det.nsw.edu.au.

Year 6 Fun Fair

Our Year Six students are getting excited about hosting their very own fair on Wednesday 21 November. The fair will run from 11:05 – 11:50am for K-2 and from 12:05 – 12:50pm for Years 3-6. This annual fund raising tradition promises to be a lot of fun with games, activities and food all available for purchase. Students in K-5 may bring \$5 on the day to purchase food or take part in these activities with all funds raised going towards the Year Six gift to the school.

Christmas Card Drawing Competition

Thank you to all students who submitted an entry for Mr Zimmerman's annual Christmas Card competition. There were some fantastic Christmas drawings. All entries have been passed on to Mr Zimmerman's office today. Good luck!

End of Year Festival – Save the Date!

This year's Festival will be held on Friday 7 December – mark the date in your calendars! Unfortunately North Sydney Oval is not available this year. The Festival will be held on site at the Dem. If you would like to run a food or activity stall, or wish to volunteer your time, please contact the P&C President at president@thedempc.com.au. We look forward to another fun-filled afternoon/ evening of performances, rides and activities. We will keep you updated in the Dem Newsletter.

Please see P&C News on pages 9 to 12 of this newsletter for all other important information and local community events.

Ethics Teacher required at The Dem

Ethics classes operate at the The Dem for students in grades 1 to 6, and are run by volunteers working for *Primary Ethics*, the not-for-profit organization approved by the Department of Education to run the Ethics Program in NSW Primary Schools. Please consider whether you or someone you know would be interested in volunteering. Suitable volunteers have an interest in children's education and development of critical thinking skills and must be available to take a 45minute class on Wednesday mornings each week.

Ethics Teachers receive full training by Primary Ethics and classes follow an approved curriculum. In Ethics classes, children learn how to think logically, disagree respectfully and support their arguments with evidence rather than act according to blind habit or peer pressure.

For more information please visit www.primaryethics.com.au and /or send an email to ethics.nsdem@gmail.com to express your interest in teaching Ethics classes.

Sports Presentation Assembly

This year's Sports Presentation Assembly will be held on Monday 10 December. This assembly is about the best and fairest in class sport, PSSA sports and other general sporting activities. The Dem also recognises a student as Sports Person of the Year for outstanding representative and external sporting achievements. This student is selected by the Sports Committee and Executive based on sporting achievements throughout the year.

In preparation for this event, class teachers and the coaches of our school's representative teams are now considering which students will be receiving whole school awards in individual and team sports as well as determining age champions from each of the school's carnivals based on results.

On a class level there is also an award given to two students from each class. These class sports awards are awarded on a number of criteria. Teachers will consider aspects such as sporting ability, sportsmanship, participation, enthusiasm and encouraging inclusivity.

At the Dem we take pride in listening and acknowledging all students' achievements both in and out of school. Sometimes we need help in identifying phenomenal sporting achievements outside of the school's domain. If your child has had success in a sporting field this year and has received either individual or team acclaim and representative honours, which may include Regional, State, National or International representation, we would like to hear about it.

Please email either Mr David Hearnshaw (david.hearnshaw1@det.nsw.edu.au) or Mr Ashley Grimmond (Ashley.grimmond@det.nsw.edu.au) with your child's name and class along with a brief description of their achievements and representative honours. This will allow us to recognise their achievements in correlation with those through the School's and Educational Department's programs and pathways.

AdCom Parent Representatives for 2019

We are looking to recruit two new parent representatives for the Advisory Committee to the University of Sydney (AdCom). Our long term parent representative Mrs Diane Jackson is leaving our Dem family this year due to her daughter moving on to high school. We would like to thank Diane for her support of AdCom over the years and wish her and her family all the best.

For any interested parents, AdCom meets once per term (on a Tuesday after school) and provides a centralised forum for communication and feedback between North Sydney Demonstration School and the University of Sydney. This year the committee consists of Melissa Tracy (rel. Deputy Principal & AdCom Chairperson), Myra Wearne (NSDS Principal), Ashley Grimmond (Dep Principal and Pre-Service teacher coordinator), Dr Jon Callow from the University of Sydney, Rebecca Rawson (Year 5 Team Leader) and Jenny Davies (Year 2 Classroom Teacher) and Diane Jackson.

It is the responsibility of the committee to approve all research that takes place in our school; to organise our annual TeachMeet where schools from the region share their practice; to oversee the Scholarly Reading Group where teachers at the Dem read and discuss new research in Education; and to coordinate the placement of Pre-Service teachers.

If you are interested in being a part of AdCom in 2019, please send an Expression of Interest, via email, to Melissa Tracy (AdCom Chairperson) by Friday 14 December: melissa.strong1@det.nsw.edu.au

Term 4 Grade Newsletters and Semester 2 Reports

Term 4 Grade Newsletters have been uploaded to both the school website and Schoolstream for your reference. Please take the time to read these newsletters to keep up to date with what your child is doing this Term.

Semester 2 reports will be sent home with students on Wednesday 12 December.

Road Safety

Please refer to page 15 of this newsletter for this term's Road Safety Newsletter provided by North Sydney Council. This term's focus is on being safe around buses.

2019 Kindergarten Families

The Dem will be hosting a BBQ at school on Saturday 24 November for our new 2019 Kindergarten families. This is a great opportunity for our 2019 Kindergarten children to meet before they start at the school next year. We have a large number of siblings of current students starting Kindergarten next year, so we look forward to seeing many of our existing Dem families at the BBQ.

Do you know someone starting school next year?

Enrolments are open for 2019 at North Sydney Demonstration School. Enrolling now will ensure that children are booked into the school's Orientation Program and that parents are aware of all dates for future information evenings and school tours. **The last school tour for this year will be held on Tuesday 4 December 2018.**

Myra Wearne, Principal

myra.janes@det.nsw.edu.au

SCHOOL NEWS

SRC Colouring and Drawing Competition!

Our 3-6 SRC are holding a colouring and drawing competition to find background designs for our new playground rules posters. We will be choosing 6 designs from students for different areas around the school.

Students can choose their favourite design to colour in, or they can draw their very own. Pages have been supplied to classroom teachers and SRC members. (Max 2 entries per student)

Winners will have their designs printed and posted around the school.

Entries close: Monday 12 November. Please hand all designs to your teacher.

Statement of Account

Term 4 Statement of Account reminders were emailed to parents today Friday 2 November 2018. If you have recently made a payment, thank you for your payment and please ignore the reminder. When paying online (via POP) please check what is still outstanding by calling the Office on 9955 2822. Please keep a note of payments made so that you do not accidentally pay for items twice. Thank you.



School Travel

You can update student details (and apply for a new card) online at <https://apps.transport.nsw.gov.au/ssts/>.

If you have any questions or concerns about the **school buses**:

- **665w** (morning) & **664w** (afternoon) call Willoughby Depot: 9941 9215;
- **667w** (afternoon) call North Sydney Depot: 9245 9261;
- **568w** (afternoon) call Willoughby Depot: 9941 9215.

For timetable and routing information please check the Opal app or follow this link:

<https://transportnsw.info/routes/details/school-buses/>



Volunteering at the Dem

Thank you to the wonderful volunteers at the Dem. As part of DoE child protection and security measures, please remember to sign in and out at the school office. The office will also need to have a completed 2018 Volunteer Statutory Declaration or current WWCC on file for you.

Late Arrivals and Early Departures

All students who arrive late and/or leave early must be signed in/out by parents at the front office where they will be given an attendance slip to take to the teachers.

Please check your voicemail for a message

If you have received a missed call from the school, please check your voicemail messages so the office will know where to direct your call when you call back.

Spare clothes for school

Please make sure your child (particularly in K to 2) has a spare pair of underpants and a pair of shorts in a plastic bag in their school bag each day. The school office can lend outer clothes if necessary on a wash and return basis, but for hygiene reasons we cannot re-use underwear. If your child has to be given a brand new pair of underpants to wear and keep, a charge of \$2.00 to cover the cost, will be added to your account.

FABStar!

FABStar! is an initiative to recognise positive behaviours in the playground. A FABStar! slip was drawn from all the students who received FABstar! slips in recognition of their positive behaviour on the playground last week.



The K-2 Fabstar! this week is Emma from Year 1 for taking care of others by spending her lunchbreaks teaching the class dance to a classmate who was away during rehearsals!

Our 3-6 FabStar! this week is Daniel from Year 3 who found a certificate on the playground. Not only did Daniel find a teacher to hand it to, but he then followed up with that teacher to ensure the certificate was returned to its owner. The student who had misplaced the certificate was extremely grateful to Daniel for his thoughtful and responsible actions. Well done!





Band News

Dates for Your Diary:

- **Friday 23 Nov:** Combined rehearsal – all bands, School Hall at 10:30am.
- **Monday 3 Dec:** End of Year Band Concert – all bands, North Sydney Leagues Club. Arrive at 6pm for 6:30pm start. Wear band uniform.

Enquiries Any general enquiries regarding band should be directed to Melissa Lanigan (Melissa.lanigan@det.nsw.edu.au)

NORTH SYDNEY DEMONSTRATION SCHOOL BAND APPLICATION



PLEASE COMPLETE YOUR APPLICATION BY
FRIDAY 9 NOVEMBER.

THE FASTEST AND SIMPLEST WAY TO APPLY IS ONLINE:

WWW.DIRECTIONSINMUSIC.COM.AU

OR YOU CAN COMPLETE YOUR DETAILS BELOW AND RETURN TO THE SCHOOL OFFICE

STUDENT FIRST NAME:

STUDENT LAST NAME:

CURRENT ACADEMIC YEAR (2018):

PARENT EMAIL:

PARENT PHONE:

WHILE EVERY EFFORT IS MADE TO ALLOCATE YOUR PREFERRED INSTRUMENT, WE MUST CONSIDER THE BEST INSTRUMENTATION FOR THE ENSEMBLE. WHERE RELEVANT, PRIORITY IS GIVEN IN ORDER OF APPLICATIONS RECEIVED.

INSTRUMENT CHOICE

(PLEASE INDICATE YOUR INSTRUMENT PREFERENCES
BY ADDING A 1, 2 OR 3 BESIDE YOUR CHOICES)

☐

FLUTE

☐

TRUMPET

☐

CLARINET

☐

TROMBONE

☐

SAXOPHONE

☐

FRENCH HORN

☐

BARITONE

☐

EUPHONIUM

☐

BASS GUITAR

☐

KEYBOARD

☐

PERCUSSION

PLEASE ENSURE THAT ALL YOUR INFORMATION IS ACCURATE. THESE
CONTACT DETAILS WILL BE USED TO CONFIRM YOUR POSITION.

music

INSPIRE. CREATE. PERFORM
9662 2211





**North Sydney
Demonstration
School**

Request for Joint Placement
Parent Copy

Date of Referral: _____

Please write the name of the students who are being considered for joint placement.

Student A

Name _____

Class _____

Student B

Name _____

Class _____

What are the areas in which Student A is being impacted by being placed in a class with Student B (please circle):

READING ORAL LANGUAGE WRITTEN LANGUAGE SPELLING

MATHEMATICS FINE / GROSS MOTOR SKILLS SOCIAL SKILLS

BEHAVIOUR EMOTIONAL RESPONSES OTHER _____

If appropriate please elaborate,

Does Student have any medical, physical or emotional condition / issues to your knowledge? YES / NO

If YES, please state the nature and degree of the condition (including any medications taken):

Parent's signature:

Date:



2018 End of Year Festival: Friday 7 December

With the End of Year Festival only 5 weeks away, we'd like to thank all those parents who have already put up their hand to help out on the night. As they say, many hands make light work, and ultimately these events don't happen unless we have volunteers. So, if you'd like to help out, we'd love to have you involved.

In addition, we're looking for prizes to raffle on the night. If you have (or know) a local business who would like to get involved, or anything else that could be included in a raffle prize list, please contact David at the P&C at president@thedempc.com.au.

Western Harbour Tunnel and Beaches Link Motorway

The Western Harbour Tunnel schools information night was informative and well received. Larissa Penn spoke about how air pollution affects young people's lungs, about the toxic fumes and smells from excavating old dump sites, and the expected 70 truck movements per hour. Mathew Hounsell talked about the \$41 billion cost of the current set of roads, and that no road tunnel in Australia is filtered. Every community has asked for filtration and never received it. The spacial inefficiency of cars means that our over reliance on car transport will continue the current congestion nightmare. The proposed train based solutions to the Northern Beaches would be cheaper, carry more people, and not congest the roads with more traffic. Zoe spoke about the upgrades to Warringah freeway, the widening that will cut into surrounding parks, the construction zones at St Leonards park, and impact on parks around the newly completed Coal Loader and Flat Rock Gully bushland. There is a lack of greenspace in North Sydney for families. The roads will reduce greenspace and degrade remaining spaces. Parents who may be concerned are invited to pin their concerns on the RMS map, write to their local state MP, and get involved at www.stopthetunnel.org.

Thank you to the Union Hotel for their kind hosting of this event! See <http://www.unionhotel.com.au/> for other events at the Union Hotel.

NSW Curriculum Review

You may have heard that the NSW school curriculum is under review. This is the first comprehensive review since 1989. Consultation is now open until the end of November. To have your say: <https://www.nswcurriculumreview.nesa.nsw.edu.au/>
There are also two roadshows coming up in October. To find details of times/locations and to register: <https://www.nswcurriculumreview.nesa.nsw.edu.au/home/attendRoadShow/landing/rs/attendRoadShow>

P&C MEETINGS

Everyone is welcome to attend our monthly meetings. The next meeting will be on Wednesday 14 November at 6:30pm in the library. If you'd like to add something to the agenda or are unable to make it but would like to have your say, please contact Dave at president@thedempc.com.au, or visit us at <http://www.thedempc.com.au/>

Awesome Rides

9D Cinema

Mini Melt Icecreams

Sports In Schools Australia

Toys - Sweets

Crazy Hair

Games & more

Friday

7th

December

RAFFLE

Be in it
to Win it
Tickets for Sale
at the Festival
Drawn at 7pm

**Spetacular Grade
Performances
3.30pm...followed
by Festival
Activities**

End of Year Festival 2018

**on school grounds
at The Dem**

for more information
and to

VOLUNTEER

visit

thedempc.com.au

RIDES PASS

trybooking.com/ZBTP
save & buy online
before midnight
5th December

Fab Food

- * Middle Eastern *
- * Vietnamese *
- * Tuckshop Burgers*
- * Sushi * Indian *
- * Hot Chips *
- * Sausage Sizzle *
- * Cake Stall *

PLEASE HELP US TO GET YOUR SCHOOL LOOKING GOOD!



WORKING BEE



Please help us keep our school grounds looking green for our kids. We would appreciate ANY help your family can provide at the DEM's next Working Bee. Our Working Bees are a wonderful way to get the *whole family* involved in the school community, and looking after the school grounds. Make new friends too!

The kids will also have lots of fun getting their hands dirty digging new homes for the *100 native plants* North Sydney Council has kindly donated for this Working Bee.

We have gardening gloves and tools for everyone. We'll be:

- Planting some new trees and shrubs
- Pulling out dead plants and weeding the areas along Bay Road and McHatton Street; and the gardens around the Haven;
- Cleaning the drains (not nearly as bad as it sounds - mainly leaves) – there might be some treasure for the kids to find!

We will organise a lovely lunch and yummy treats for all who come to help.

Date: Sunday 18 November 2018

Time: Anytime you can spare

From 10.00am to 2:00pm.



If you can only make it for an hour, that's great, absolutely any time you can spare would be really appreciated.

P&C News Cont'd

Adult & Toddler Gardening Club (9am Thursdays)

We will be meeting 9am every Thursday (except rainy mornings) at the front of the school for about an hour. Please join us whenever you can. We'll have a cup of tea or two as well. If you would like to talk to us about your gardening ideas, please feel free to email Lucy Sarto via the P&C website.



LOST PROPERTY

Please check in lost property (near the Uniform Shop in the Pacific Building) for any lost items. Unnamed non-school wear items will be donated to Vinnies periodically. Unnamed school items will be donated to the school second hand shop every Friday so please label items brought to school with your LAST NAME & CLASS.

We need a few volunteers to help with lost property please— more hands make light work – can you spare 15-30 minutes on a Friday or other morning? Please email donovanpippa@gmail.com

UNIFORM SHOP The Uniform Shop sells new and second-hand school uniforms.

Opening hours:

- **Monday** 8.30am – 9.30am;
- **Wednesday and Friday** 8.30am - 9.30am and 2.30pm – 4.00pm.

Email uniform orders to DemUniformShop@gmail.com

See: <http://www.thedempc.com.au/uniform-shop/> for more information.

TUCKSHOP

Hot food can only be ordered through Munch Monitor.

Fruit salad will be available in Term 4 - \$4.

Steps to set-up your Munch Monitor account:

1. Go to: www.munchmonitor.com/Account/Login
2. New users need to register (school ID is “nsds”; school password is munch2060”) Questions- email: info@munchmonitor.com

See: <http://www.thedempc.com.au/tuck-shop/> for more information.

Dem Community News

Australian Red Cross blood donations Make an appointment call: 13 14 95
<https://www.donateblood.com.au/blood-donor-centre/north-sydney-mobile-donor-centre-mary-mackillop-place>

Tackers Learn to Sail Learn to sail at Royal Sydney Yacht Squadron, Peel St, Kirribilli ph 9017 0154 or visit: www.rsys.com.au/tackers

Greenwich Learn to Sail Learn to sail at Greenwich ph 0468 655 228; email: gsc-training@gsc.org.au or visit: gsc.org.au

JAFFA - Friday afternoons from 3pm-4:45pm, for year 3-6 students, held at St Thomas' Anglican Church. **Free!** For more information: www.st-thomas.org.au/jaffa or email: Jaffa@st-thomas.org.au

Spit Swimming Club at Balmoral Baths New members are welcome to join us for Saturday morning races at Balmoral Beach Baths from the end of October until Easter. For more information see: www.spitswimclub.org

Key Assets: Looking for foster carers – please call: 1800 WE CARE or see iwanttofooster.com.au

World Education Program (WEP) Australia is looking for volunteer host families for overseas students arriving in Australia in February 2019. Go to wep.org.au

Typing 4 KIDS Touch-typing: the skill of using the correct finger on the correct key to build muscle memory in the fingers whilst not looking at the keyboard. We can help your child with this life skill from Term 4 Ph: 0415 445 785
info@typing4kids.com.au



Autism Community Network

AUTISM SUPPORT IN RYDE AREA

The Autism Community Network provides free support during school terms for families living with autism conditions. If you would like to meet other carers who understand you or find social opportunities for your ASD child and their siblings, please contact us or come along to our free support group meetings

RYDE SUPPORT GROUP

When: Second Thursday 7.30 to 9.30 pm
Venue: Eastwood Rugby Club -146 – 150 Vimiera Road Eastwood

For more information :
www.autismcommunity.org.au | info@autismcommunity.org.au | 9543 9036

Dem Community News



Casual Work

School Crossing Supervisors – Work with your community **1 x Casual position – North Sydney Local Government Area (00006M8N)**

An important person in a child's school life is the School Crossing Supervisor, who ensures they cross the road safely. The role requires minimal hours out of your day and gives something worthwhile back to the community.

The hours are usually 8.00am to 9.30am and/or 2.30pm to 4.00pm Monday to Friday during school terms. You would be required to work a minimum of one, one hour shift as and when required. The base rate is \$27.62 per hour.

All the qualifications you need are community spirit, good communication skills, an alert and professional attitude to work and a reliable personality. The casual hours and school holidays would suit a parent or grandparent, a retiree or anyone wanting meaningful work — but not full-time.

Training for your key responsibilities of directing traffic to stop at the designated crossing and giving clear instructions to infants and primary school students to cross the road safely, will be provided. You may be required to attend a health assessment. Appointment is subject to a Working with Children Check clearance.

Roads and Maritime Services is an equal opportunity employer.

For further information on this exciting opportunity please call 1300 305 855 or go to iworkfor.nsw.gov.au

Applications close Tuesday, 20 November 2018



Transport
Roads & Maritime
Services

SAFETY AROUND SCHOOLS



Term 4 2018



Driving safely near school buses

- By law you must slow down to 40km/h when bus lights flash.
- The 40km/h speed limit is for all traffic travelling in the same direction as the bus, whether the bus is stationary or moving.
- Lights flash on the front and back of a bus when the bus is picking up or setting down school children.
- Flashing bus lights alert other road users that young children may be crossing or about to cross the road.



Helping children on and off the bus safely

Children are most at risk in the minutes after getting off the bus. Here are some ways you can reduce this risk:

- Always supervise your child until they are at least 10 and hold their hand when walking to and from the bus stop or interchange and when crossing the road.
- When waiting for the bus, hold hands and wait as far back from the passing traffic as possible.
- Always meet your child at the bus stop. Never meet them on the opposite side of the road and call them across.
- Wait until the bus has gone, at least one step back from the edge of the road, then choose a safe place to cross the road. Remember to Stop! Look! Listen! Think!

- If you cannot meet your child, organise for another trusted adult to take your place.

Talk with your child and work out solutions if the following situations arise:

- If you are delayed and cannot meet them as usual.
- If they catch the wrong bus.
- If they get off the bus at the wrong bus stop.



Slow down to 40km/h
when bus lights flash

TOWARDS ZERO

Buses are large, heavy vehicles and can't stop quickly. So, remember:

- Reduce speed to 40km/h when bus lights are flashing.
- Give way to buses.
- Watch out for children crossing.
- Never park in or near a bus stop or bus zone.
- Don't merge too closely in front of buses.



Screen Smart Parent Tour: facts and tips

Social media

Fact: On average, children aged 10 to 14 years have 2 active social media accounts¹

1. Talk regularly with your child about privacy settings on social media. Updating your own privacy settings sets a great example and helps you understand potential safety issues. Be aware of any minimum age requirements.
2. Keep your ears and eyes open. Other parents and the media can be a great source of information when it comes to the latest or most preferred app.
3. Let your child know that you're really interested in how they're connecting with friends. They might be more inclined to talk openly about social media if you talk about what others (their friends and peers) are doing online.

Screen time

Fact: On average, outside of school, 10 to 14 year olds spend 23 hours online per week¹

1. Try to encourage positive screen time, like content that you can view and enjoy together. Discourage anything that is overly aggressive or disrespectful.
2. Negotiate key rules together, such as when screens can be on and when they need to be turned off. Young teens are likely to respond better to rules that they've contributed to and see as being fair and consistent.
3. Agree ahead of time on the rules and strategies to get your child to switch off from the screen. With gaming, think about a timer that signals that game time is nearly over and be clear about the consequences for not switching off.

Personal information

Fact: 12% of 10 to 14 year olds share personal information online²

1. Get your child on side with online privacy by exploring how their personal information can be used now and in the future.
2. If you have your own social media account, think about the types of photos and information you share. Do you post photos of your child that show details of their school, sporting club or other activities? Take the opportunity to review your own habits and model safe online behaviour.
3. Get involved—play along with your child to get a feel for how they are managing their online privacy in the gaming world.

2
active social
media accounts

23 hrs
per week

12%
share personal
information online

¹2016 Parental Information Needs and Digital Youth Participation Survey – A nationally representative sample of 2278 children and youth (8–17 years)

²2017 Youth Digital Participation Survey – A nationally representative sample of 3017 children and youth (8 – 17 years). Personal information includes sharing full name, birthday, home address, home phone number, mobile phone number, email address, something that shows their face, something that shows their school uniform, their real age and the name of their school.

Inappropriate content (the nasty stuff! – like violence, offensive or sexually explicit material)

Fact: 9% of 10 to 14 year olds reported being exposed to inappropriate content³

1. Be vigilant, especially if your child is prone to taking risks or is emotionally or psychologically vulnerable.
2. You can use parental controls, filtering software and safe searches (like Google Safe Search) to help block some of the nasty stuff. Remind your child not to open spam email or click on pop-ups.
3. Keep your child connected to trusted friends and family online and offline and discuss the importance of healthy and respectful relationships.

Cyberbullying

Fact: 21% of 10 to 14 year olds reported being socially excluded by others online (one form of cyberbullying)³

1. Young people might not tell their parents about cyberbullying. They may be embarrassed or worried you might overreact, restrict access to devices or make things worse if they speak out. Try to respond calmly. Listen first, then act.
2. Be aware—key signs can include being upset after using devices, changes in personality, a decline in school work and appearing lonely and distressed.
3. Report serious cyberbullying material to the social media service where it happened. You can also [submit a complaint to us](#) if the reported material has not been taken down within 48 hours.

Contact with strangers

Fact: 36% of 10 to 14 year olds said they had talked to strangers online³

1. Help your child understand why it's important to be vigilant about new online 'friends'. Someone who says they are a 12-year-old girl or boy could actually be a 40-year-old man!
2. Encourage your child to tell you or another trusted adult if they feel uncomfortable or worried about online contact with a stranger—there are tools in social media and in online gaming that can help block people.
3. Work with your child to save examples of the messages in case you want to follow up with the police. Taking screenshots is easy, use the print screen (PrtScrn) button on your computer or the Shift-Command-4 function on a Mac. You can also use your phone to take a quick photo of their device with the message.



exposed to
inappropriate
content



socially excluded



talked to
strangers online

³2017 Youth Digital Participation Survey – A nationally representative sample of 3017 children and youth (8 – 17 years).

Help and resources

[Make a cyberbullying complaint](#)

If your child is distressed and needs further help as a result of a negative online experience:

[Kids Helpline](#): 1800 55 1800

Free online and telephone counselling for children and young people aged 5 to 25 years.

[eHeadspace](#): 1800 650 890

Free online and telephone counselling for young people aged 12 to 25 years.

[Parentline](#): 1300 30 1300

Parentline provides help through counselling, information and referral that is tailored to your needs.

For more handy tips see:

[Parent's guide to online safety](#)

For youth driven resources:

[Young & eSafe](#)

Further information on the topics we explored:

[Games, apps and social networking](#)

[Managing screen time](#)

[Protecting personal information](#)

[Inappropriate content](#)

[Cyberbullying](#)

[Contact with strangers](#)

[Online safeguards](#)

Other related topics:

[Online pornography](#)

[Sexting](#)

[Online gaming](#)



THE DEM ADVERTISEMENTS

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Learn Music on the Keyboard at school

Enrol to start Term 4 or
Register Interest for 2019



*Music theory. Learning to play keyboard.
Music games. Introduction to music.*

- 🎵 Convenient at-school venue 🎵
- 🎵 Small group - 45 min weekly lesson 🎵
- 🎵 Competitive rate \$29 per session (incl. GST) 🎵
- 🎵 Limited vacancy! 🎵

Call **9411 3122**
or visit our website to enrol

VIP Music est. 1984 www.learnmusicatschool.com.au



Upcoming Dates

Mon 3rd - Thu 6th Dec
Mon 10th - Thu 13th Dec
Mon 17th - Thu 20th Dec
Mon 7th - Thu 10th Jan
Mon 14th - Thu 17th Jan
Mon 21st - Thu 24th Jan

www.bigmusic.com.au | (02) 8622 6550



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THE DEM ADVERTISEMENTS

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**SYDNEY SPORTS
MANAGEMENT GROUP**

Enrolment Form

**TENNIS
WORLD**
LANE COVE

TENNIS COACHING PROGRAM – TERM 4 2018

The program is run by professional
tennis coaches from River Road Tennis Centre.

LESSONS ON OFFER

Monday 3:30-4:30pm, Tuesday & Thursday 3:10 – 4:10pm, Friday 7:15 - 8:15am

(Mini bus pick-up and drop off)

Term 4 Dates

Monday 15th October (\$170/10 weeks)/ Tuesday 16th October (\$170/10 weeks)/

Thursday 18th October (\$153/9 weeks) / Friday 19th October (\$153/9 weeks)

School classes are a great way to learn the basics of tennis through the games-based approach. Our complimentary mini bus service is offered for pick-up and drop off for afternoon lessons. Drop off ONLY for morning lessons. The students will be collected from the School on Bay Rd and then returned at McHatton St (near staff carpark) by approximately 8.45am or 4.30pm (4:45pm Monday) for afternoon classes.

***Please fill out our bus policy form attached if you require this service.**

For more information on our School or Hotshots tennis programs and competitions please phone 9428 3336 or alternatively check out our website on www.riverroadtenniscentre.com.au

FILL IN YOUR DETAILS HERE

FIRST NAME: _____ SURNAME: _____

DOB: _____ MOBILE: _____ EMAIL: _____

PREFERRED DAY: _____ ALLERGIES _____

CARD NUMBER _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ EXPIRY DATE _ _ / _ _ _ _

CCV _ _ _ _ CARDHOLDERS NAME: _____

AMOUNT PAID \$ _____ ☐ CASH ☐ CHEQUE ☐ VISA ☐ MASTERCARD

CARDHOLDERS SIGNATURE : _____

www.riverroadtenniscentre.com.au

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THE DEM ADVERTISEMENTS

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 algorithmics

PROGRAMMING CLUB FOR CHILDREN




North Sydney Demonstration School

Thursday

3.00-4.30 pm

NEW GROUP

Students will learn:

-  Basics of programming;
-  How to solve complicated logical problems;
-  Project management and create their own online games.

Ages: from 7 to 12 years old

Capacity: up to 10 students

Cost: \$35/class (1.5 hours)

Interested?

call (02) 8056 3591

or sign up at au.alg.academy

Your first lesson is free!



GIRLS DEVELOPMENT SQUAD & DIAMOND LEAGUE TRIALS

North Sydney United are excited to be launching our girls only development squad programme for the 2019 season.

Do you want to improve your football skills?
Are you keen to learn?

Then our girls development programme is for you.

We are looking for girls in all age groups G6 to G18.
Trial training sessions will be held as follows:

Sunday 18th November and Sunday 25th November 2018

All age groups 10.00am to 11.30am
at Cammeray Oval Ernest St



For more details please visit our website

www.northsydneyunited.com.au



*Leaves of change
Children's yoga*

Term 4
Yoga classes

15 Elizabeth St, Artarmon

Sundays 21st Oct - 16th Dec

Children aged 4 - 7 years 3:00 - 3:50 pm
Children aged 8 - 12 years 4:00 - 4:50 pm

\$162 for a 9 week term
(All mats & props provided)
Sibling discounts apply

Why kids' yoga?

- Kids' yoga is fun
- improves concentration
- promotes emotional wellbeing
- enhances physical health (balance, strength & flexibility)

Jessica Brown
BEd (ECE) - MINED
Jessica is a Primary School Teacher & Children's Yoga Instructor. She hopes to foster a calmer and more mindful generation of children.

Movement
Mindfulness
Meditation

First class free for new students!



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THE DEM ADVERTISEMENTS

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Would you like your child to learn Spanish?

Parents think that speaking a foreign language is the most crucial skill for their child to develop for the future.

Spanish is the second most commonly spoken language in the world (excluding English)

Tuesdays from 3:10pm to 4:10pm

- 60 minutes classes full of songs, movement, pretend play and games in Spanish
- Support material includes audio files, an audio files support book, and a Student's workbook
- Access to the In Spanish Club Facebook group with activities to support the learning at home
- Term 3 - 2018: \$209 (10 lessons)

Don't miss out on the opportunity to give your child a Gift for Life!

Enrol now:

<http://www.inspanish.com.au/enrolment.html>

For more information, contact Carolina Posadas on 0408 559 300 or carolina.posadas@inspanish.com.au

Guitar & Ukulele Clubs at School

Tuesdays

Guitar Level 1 3:00 - 3:30pm

Guitar Level 2 3:00 - 3:30pm

Ukulele 3:30 - 4:00pm

\$22 (30min Group Lesson)

- Students can perform in an end of year concert
 - Guitar & Ukulele packs can be ordered
 - Lessons are also available at home
- www.guitarforall.com.au



Enrol Now!

info@guitarforall.com.au

0401 626 298



Join us on Friday afternoons for Jaffa

Jaffa is a Friday afternoon group for kids in Years 3-6. We meet from 3pm-4:45pm during weeks 1-9 of each school term. We have afternoon snacks, play awesome games, and learn about Jesus from the Bible. About 25 kids and 7 leaders come each week.

To ensure we offer the best possible care at JAFFA all our volunteers are trained appropriately and adhere to the Safe Ministry requirements of the Anglican Diocese.

Getting here

Kids meet Jaffa leaders straight after school to walk over to church together
NSDS: McHatton St gate
Shore: Edward St Prep School gate

Where we meet

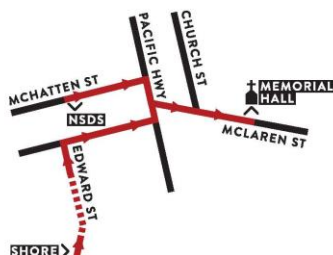
Jaffa meets at St Thomas' Anglican Church in the Memorial Hall on McLaren St
For more information: 8908 4800 OR jaffa@st-thomas.org.au

Cost

Free!

Register at

st-thomas.org.au/jaffa



2/164 Belmore Rd, Randwick 9662 2211 3/76 Anzac Pde, Kensington
www.directionsinmusic.com.au

DIRECTIONS IN music SYDNEY'S LEADING MUSIC SCHOOL
Inspire. Create. Perform

Private Music Lessons - All Instruments

Babies & Toddlers

Inspired Leadership

After School Glee Club - Sing, Dance & Make New Friends!

Specialist Masterclasses & Workshops - Jazz, Rock & More!

Our Brains are Wired 4 Sound - Music Creates the Spark!

Creative Teaching

Advertisements do not indicate endorsement by the school

25% early booking discount on all ASC 3-day camps if booked by Sunday 25 November 2018. After 25 November, siblings always receive a 15% discount and other discounts are available for groups depending on the number of participants. Further information can be found on our website <https://australiansportscamps.com.au> or call: 1300 914 368 or email: admin@australiansportscamps.com.au

BOOK NOW
AUSTRALIANSPORTSCAMPS.COM.AU



LEARN NEW SKILLS AND IMPROVE YOUR GAME! 3 DAY SPORTS CAMPS FOR 6 - 16 YEAR OLD'S

- Experienced coaching panel and guest stars attending.
- Have fun playing and keeping active with your friends.
- Our structured skill development programs run 9am - 3pm daily.
- Meet your sporting idols, learn and be inspired by the best.
- Individual written coaches report reinforces learning.
- Video analysis and coach feedback sessions for fast improvement.
- Coach to participant ratio of 1 : 10 ensures individual attention.
- Careful group selection to maximize enjoyment and results.
- Autographed group photo and certificate of achievement.
- **SEE WEBSITE FOR ASC CAMPS PRICING AND SPECIAL OFFERS**

ASC PARTNER PROGRAMS

- Get active with a new range of partner programs.
- New sports, new programs, new areas.

* Applies only to ASC Camps



1300 914 368

SYDNEY
NEW SOUTH WALES

Meet sports idols at our camps. Past stars included Kevin Sheedy, Justin Langer, Ange Postecoglou, Kim Ravaillon and Caitlin Bassett. See the website for more details.

ASC 3-DAY CAMPS

Basketball

9, 10 & 11 January
NSW Basketball Camp, Kensington

16, 17 & 18 January
NSW Basketball Camp, North Ryde

Cricket

19, 20 & 21 December
NSW Cricket Camp, Daceyville

15, 16 & 17 January
NSW Cricket Camp, Hunters Hill

Hockey

19, 20 & 21 December
NSW Hockey Camp, Daceyville

Netball

9, 10 & 11 January
NSW Netball Camp, Kensington

15, 16 & 17 January
NSW Netball Camp, Ryde

Soccer

19, 20 & 21 December
NSW Soccer Camp, Daceyville

16, 17 & 18 January
NSW Soccer Camp, North Ryde

ASC PARTNER PROGRAMS

ASC have teamed up with some amazing and reputable partner companies to offer a wider variety of sports in your area! Duration and pricing for these programs differ depending on the program, please visit our website for all the details and choices!

Golf

See Website
NSW Golf Program, Northbridge

Multi-Sport

See Website
NSW Multi-Sport Program, Brunswick Heads

Speed & Agility

18 January
NSW Speed & Agility Super Clinic, North Ryde

Tennis

10, 11, 12, 13 & 14 December
NSW Tennis Program, Chatswood

17, 18, 19, 20 & 21 December
NSW Tennis Program, Chatswood

7, 8, 9, 10 & 11 January
NSW Tennis Program, Chatswood

14, 15, 16, 17 & 18 January
NSW Tennis Program, Chatswood

21, 22, 23, 24 & 25 January
NSW Tennis Program, Chatswood

NOW OPEN

GO TO [ASC.CAMP/BOOKINGS](https://asc.camp/bookings) TO BOOK SUMMER CAMPS OR FIND INFORMATION

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