

The Dem Newsletter

Week 2 - Friday 29 July 2016

Track Carnival

After two false starts, we finally had a beautiful day on Tuesday for the K-6 Track Carnival! A great day was had by students and teachers and it was wonderful to see everyone getting into the team spirit amongst their sporting Houses. Our K-2's enjoyed a range of fun activities including an obstacle race, sack race, bean bag throwing and a 50m sprint race, while the 3-6's raced excitedly in the sunshine in the 100m, 200m and 800m race events. Thank you to the many parents (particularly the K-2 helpers) who were able to come along and be a part of the fun and cheering. Special thanks also go to Mr Charl Jacobs and Mr Todd Mackie for their extensive organising that led to such a successful event.

Education Week

Next week we are looking forward to celebrating both Education Week and NAIDOC Week. As NAIDOC Week occurred this year during the winter holiday break we will be acknowledging our Indigenous history as part of our Leadership Induction Ceremony and students will also be participating in a range of Indigenous activities.

The week kicks off with an Aboriginal painting incursion for Year 3 students to enhance their understanding of NAIDOC Week. This will take place in the Hall during their normal class times.

For all K-6 the school will hold Open Classrooms from 9:15am – 10:15am on Thursday 4 August. We hope that parents are able to reschedule work commitments where possible to allow a visit to your child in their classroom. They would love to show you some of their work and also share their learning experiences with you.

On Friday we will be holding our Semester Two Leadership Induction and NAIDOC Ceremony. The ceremony will occur from 9:15am – 11:00am in the Pacific Playground under the blue sails. If your child has been selected by their peers to represent them as either an Eco Ambassador or a Student Council representative you should have already received an invitation to attend the induction ceremony.

A reminder about Infectious Illness

The school has had a confirmed case of Chicken Pox this week. Please monitor children closely particularly if they are displaying a general feeling of tiredness as well as a fever and swollen glands. These symptoms are soon followed by the outbreak of a rash over a 3-5 day period. Chicken Pox is most contagious before the spots appear. If your child is diagnosed with chicken pox we ask you to keep them home until all of the spots have dried up. This is particularly important to assist those children and adults in our school community who are currently unwell with serious illnesses as we wish to limit their exposure to infectious illnesses, like chicken pox, where possible. Thank you for keeping our whole school community safe and well. Information on infectious conditions can be found on national health websites e.g. www.health.gov.au

What's On?

**EDUCATION WEEK at
NSDS: 1st to 5th August**

Monday 1 August
Year 3 Koomurri Incursion
in the Hall during class time

Tuesday 2 August
ICAS Testing - English

Thursday 4 August
Open Classrooms from
9:15am to 10:15am

Friday 5 August
* Leadership Induction and
NAIDOC Ceremony from
9:15am to 11:00am - Pacific
Playground
* PSSA Sports

**Tuesday 9 & Wednesday
10 August**
Students from Shanghai
ErLian Primary School
visiting North Sydney Dem

Thursday 11 August
Year 2 Excursion to
Observatory Hill

Friday 12 August
* Spellathon
* PSSA Sports

Monday 15 August
Spelling Bee Final for Years
3 & 4

Tuesday 16 August
Spelling Bee Final for Years
5 & 6

Semester 2 Schedule of Payments / New Finance System

The Schedule of Payments for Terms 3 & 4 combined were mailed out this week. A letter was enclosed with the Schedule outlining important dates regarding payment methods during this Term. These changes are required to assist with the transition to the new public schools' finance system. Of particular importance is that the school will be unable to accept POP (Parent Online Payments) after Friday 5 August for the rest of the Term. We apologise for any inconvenience this may cause. Thank you for your understanding while the new system is put in place. Our office staff are always on hand to assist parents with their many enquiries and I thank them for their constant efforts. During this transition period to a new way of managing payments we appreciate your patience. If you would like to know more about the items listed on your child/ren's Schedule of Payments, please refer to the website for further information.

Should you require financial assistance with regard to the Schedule of Payments, please feel free to email me directly at myra.janes@det.nsw.edu.au

Tell Them From Me Survey

The school will be again taking part in the *Tell Them From Me* student survey later in Term 3. Information and a permission note will be sent home with 3-6 students next week. If you DO NOT wish your child to take part in this survey, could you please return the note to office by the indicated date.

School Photos

Group photos for House Captains, Band, Student Executive, Library Monitors or the Yr6 fun photo are on display in the office foyer for you to view and order. Please place your order online with The School Photographer with the necessary online code. The cost of these photos is \$16.00 each.

Website: www.theschoolphotographer.com.au

Code: S560VT34N

Need a fun night out?

Step back in time at the North Sydney Dem Retro Disco Night. This evening will be a great event with the live band Planet Groove playing hits from the 70's & 80's. Early Bird tickets are on sale at www.trybooking.com/209725
Please note that this is an event for adults over the age of 18. See page 8 for details.

Do you know someone starting school next year?

If you know of a child who will be starting school for the first time next year at North Sydney Demonstration School please let them know that enrolments are now open for 2017. Enrolling early will ensure that children are booked into the school's Orientation Program and that parents are aware of all dates for future information evenings and school tours. The next school tour during Term 3 will be held on Thursday 18 August at 9:15am.

Myra Wearne,
Principal

SCHOOL NEWS

Schedule of Payments

The combined Terms 3 & 4 Schedule of Payments were mailed out this week.

Please notify the School Office ASAP if there have been any address or phone number changes so that our system can be updated. Proof of new address is needed for address changes.

Parent Online Payments (POP) – please check balance due

When using POP to make a payment, please itemise what you are paying for and also make sure that you pay the correct amount.

Please call the School Office on 9955 2822 from 8:30am to 3:15pm to check what amounts are actually still outstanding before paying online via POP.

Band News

Dates for Your Diary

- **NSW Band Festival:** Sunday 28 August - Senior & Intermediate Bands
- **Crows Nest Festival:** Sunday 16 October - Senior & Intermediate Bands
- **Festival of the Arts:** Wednesday 26 October - Senior & Intermediate Bands



Enquiries

If you have any enquiries regarding the Band Programme, please email Melissa Lanigan at melissa.lanigan@det.nsw.edu.au.

FABStar!

FABStar! is an initiative to recognise positive behaviours in the playground. A FABStar! slip was drawn from all the students who received FABStar! slips in recognition of their positive behaviours on the playground last week.



The K-2 Fabstar!s this week are Niamh, Lucy & Hannah. These lovely girls helped Mrs Davis clean up in the playground after someone was sick. Thank you girls!

The Years 3-6 Fabstar!s this week are Oliver and Stefan who very kindly invited another student to play with them when he was upset. Well done boys!





Library News

Want to find out what Premier's Reading Challenge (PRC) books your child has borrowed?

With 3 more weeks to go until the end of this year's PRC, you may be wondering whether you have missed recording some of the PRC books that your child has borrowed from our library. Wonder no more! The new library system - OLIVER Library is designed to enable parents and carers the ability to have 24 x7 access to interactive features such as book renewal, reservation, reading topic list creation and borrowing history.

To find out how to access OLIVER Library please follow this link:

<http://www.nthsyddem-p.schools.nsw.edu.au/curriculum-activities/library/did-you-know/oliver-library>

You will need to have your child's DET computer username and password handy (supplied by the classroom teacher) to access OLIVER Library in the DET Student Portal.

Gentle reminder: your PRC logon is the same as your child's DET computer username and password.

Book Week 2016 events to put in your diary!

This year we will be having our most talked about and highly enjoyed annual **Book Week Parade** in week 5 on Thursday 19 August. It's time to help your child to plan what book character they might want to dress up as on the parade day! In week 6 and 7 we have renowned authors and illustrators Gus Gordon and Tohby Riddle to join our celebration of literature and love of reading by sharing their author craft and insights into making quality Australian literature. Parents and carers are most welcome to join us. More details to come closer to the events.



If you have any queries regarding any of the above information please either email me (alice.bennett3@det.nsw.edu.au) or come and have a chat with me in the library on Tuesdays or Thursdays.

Mrs. Alice Bennett (Teacher Librarian)



FRIDAY 12 AUGUST 2016 IN CLASS

The Spellathon is a fun and educational event that gives students a fantastic opportunity to support their school.

Last Term the Spellathon pack was distributed to all students. Please contact Carmen at thedempc@gmail.com if you did not receive a pack or if you have any questions.

In class on Friday 12 August all students K-6 will be tested on the words included in the Spellathon pack. If you wish to sponsor your child please use the sponsorship form in your Spellathon pack.

If you are available to help mark the spelling tests on Friday 12 August please contact Carmen at thedempc@gmail.com - we will provide morning tea.



Please see page 8 of this newsletter for more details!

P&C News continued

Come and get
your hands
dirty at our
next Working Bee



SUNDAY 21 August 9.30am –3.00pm
(includes Morning Tea & BBQ Lunch)



Great way to get the whole family involved in looking after their school grounds. If you can only make it for an hour, that's fine. Any time you can spare is greatly appreciated. We'll be:

- Cleaning and weeding the area along McHatton Street and the bottom of the Pacific Playground;
- Cleaning the drains;
- Weeding the area adjacent to River building;
- Weeding the gardens around the Haven;
- Plus more if we have enough people to help!



We will be providing **morning tea** as well as a **BBQ lunch!** Please text us so we know that you are coming:
Christina Silk 0409 604 464



P&C News continued

NSDS P&C proudly presents the

K-2 disco

LADY HAY HALL
FRIDAY 26TH
AUGUST
5-7PM

EXTRAS AVAILABLE
ON THE NIGHT:
SAUSAGE SIZZLE \$4
ALL DRINKS \$2
GLOW STICKS
\$1 EACH, \$2.50 FOR 3
\$5 FOR 6

ENTRY \$5, INCLUDES
SAUSAGE SIZZLE.

THIS IS NOT A DROP AND GO EVENT. PARENTS/CARERS MUST STAY ON THE SCHOOL GROUNDS.



Dance the night away to songs from a time when
fun was the only thing on your mind!

Premiere retro band **Planet Groove** will be playing all the hits for a great night with fellow Dem Parents & Carers.

Lady Hay Hall will be transformed, featuring a **Glow Bar** serving frozen cocktails, beer & wine along with retro canapés.

... and a complimentary **Photo Booth** to capture the smiles.

Gather your Dem friends & book tickets now: www.trybooking.com/209725
Early Bird \$40 tickets on sale 18 July - 14 August, \$50 tickets available thereafter

Free drink on arrival! *This is an **Adults Only** event - No children permitted *

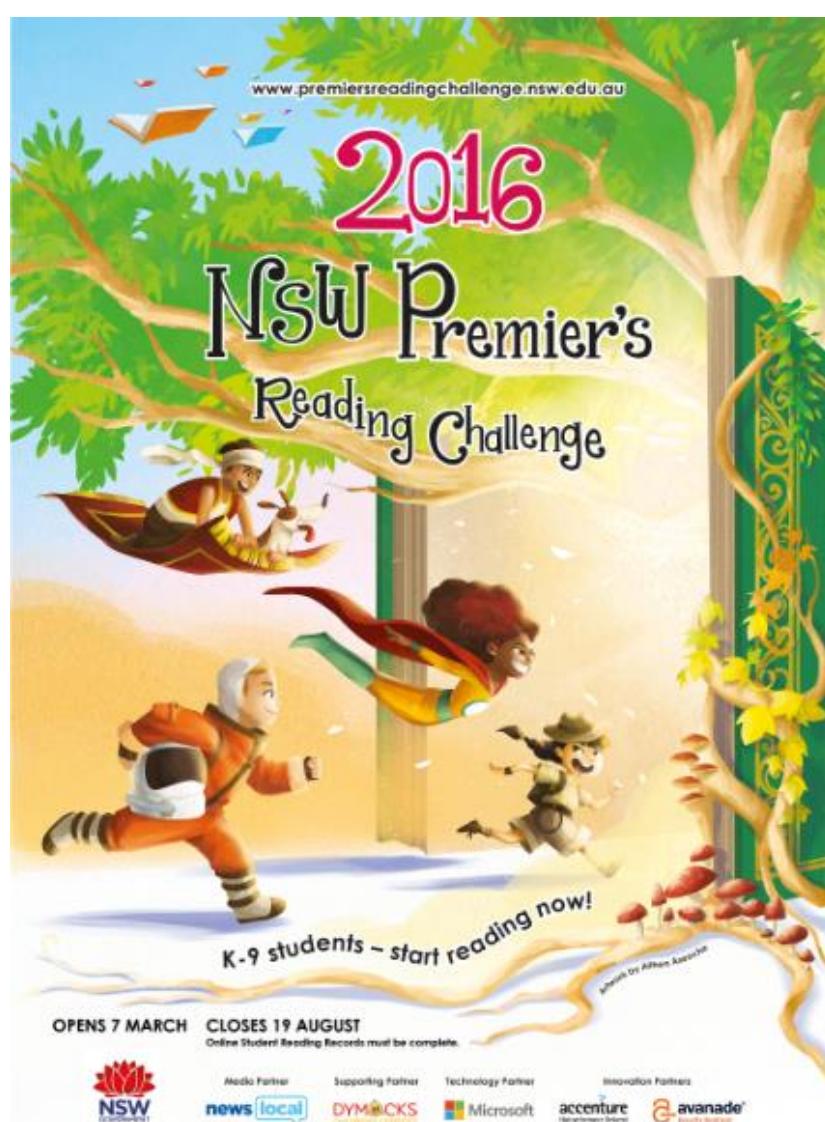
North Sydney Demonstation School, Lady Hay Hall
Friday 9 September 7.30pm - Midnight

The Dem Community News

Parenting Courses including sessions regarding childhood anxiety, resilience, positive & emotionally intelligent parenting, transition to high school and more:

- Chatswood Community Health Centre: 57 Hercules Street Chatswood. Phone: 9887 5830 or go to <http://www.nslhd.health.nsw.gov.au/Services/CAP> for more information.
- Naremburn Family Care Centre: 40 Merrenburn Avenue Naremburn. Phone: 8425 8700 or <http://www.centacarebrokenbay.org.au/locations/naremburn-family-centre>

Become a WEP host family in 2016 - WEP Australia is looking for volunteer host families now! For more info: <https://wep.org.au/host/>



PARENTS

Has your child's private tutor or coach had a **Working With Children Check?**

www.kidsguardian.nsw.gov.au/parentscheckthecheck

CatholicCare
Diocese of Broken Bay

Presented by:
CatholicCare Naremburn

Triple P
Positive Parenting Program
for every parent

Positive Parenting Program

Free seminar, refreshments provided

This program is a lecture style presentation and does not allow for children to attend that are over 6 months and mobile. Childcare is not provided

This program consists of 3 seminars held over 3 weeks designed to introduce the principles of Positive Parenting. Parents learn how to encourage their children to learn skills which promote children's health, development and wellbeing. This program is aimed at parents of children aged 0-10 yrs.

SEMINAR 1
THE POWER OF POSITIVE PARENTING: Wednesday 10th August 10:30am-12:00pm

SEMINAR 2
RAISING COMPETENT, CONFIDENT CHILDREN: Wednesday 17th August 10:30am-12:00pm

SEMINAR 3
RAISING RESILIENT CHILDREN: Wednesday 24th August 10:30am-12:00pm

Triple P Seminars address general parenting issues: why children tend to behave in certain ways under certain influences, and what they best respond to; dealing decisively and effectively with behaviours such as aggression, non-co-operation and disobedience; recognising and managing situations that might be much less obvious such as sadness, anxiety, difficulty with separation and problems mixing with other children.

Location:
Lane Cove Library
139A Longueville Road
Lane Cove 2066

Bookings are essential! To make a booking call CatholicCare on 8425 8700
Or email: naremburnfamilyservice@dbb.org.au

Please note children are unable to attend and childcare is not provided

THE DEM ADVERTISEMENTS

Advertisements do not indicate endorsement by the school

S Cherry - Voice & Singing Lessons

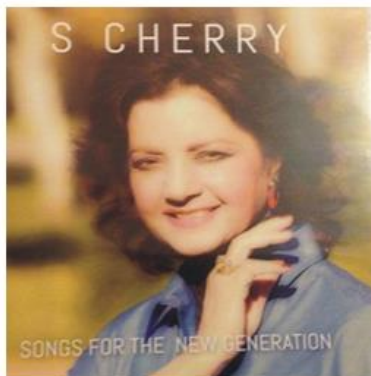
We Assess the Voice to develop a Powerful, Strain free, Confident & Functional Voice that can extend to all Music Genres & Styles + Presentation/ Auditions.

Contact S Cherry: Multi Award winning Singer / Song Writer/ Composer and Voice & Singing Teacher.

Tel: 02 896 47458 / Mob: 0406 457 474

Email: vocal.teacher11@gmail.com

Website: www.musicteacher.com.au/s-cherry



TENNIS COACHING @ NORTH SYDNEY DEMONSTRATION

DAYS ON OFFER: Monday, Tuesday & Thursday

START DATE: Mon 25th JULY

LAST DAY: Thurs 15th DEC

CLASS SIZE: 7 PUPILS PER CLASS

COST: \$304 (MON - 19 lessons) \$304 (TUES - 19 lessons)

\$304 (THURS - 19 lessons)

WET WEATHER PROGRAM IN PLACE

Phone 9428 3336 for more information or to book a place in the program. Cheques to be made payable to "River Road Tennis Centre" and these can be handed in at the school office or mailed to 180 River Rd, Lane Cove 2066.

TENNIS COACHING @ NORTH SYDNEY DEMONSTRATION SEMESTER TWO

NAME OF CHILD: _____ DAY: _____

AGE: _____ YEAR AT SCHOOL: _____

PH: _____ EMAIL: _____

ATTACHED IS MY CHEQUE/CREDIT CARD DETAILS (MC/VISA) FOR \$

CREDIT CARD NUMBER: / / / EXPIRY: / /

NAME ON CARD: SIGNATURE:

PLEASE CIRCLE BELOW FOR BUS SERVICE

BUS SERVICE REQUIRED FROM SCHOOL TO TENNIS? Y OR N

RETURN BUS SERVICE REQUIRED FROM TENNIS TO SCHOOL? Y OR N

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JUNIOR SUMMER FUTSAL COMPETITION

The Willis Recreation & Sports Centre, Castle Cove

KICKS OFF - 15 OCTOBER 2016

SATURDAYS – Boys, Girls & Mixed Comps U6's-U10's

COST - \$175 per player

Min.8 players/Max.10 players per team

A break between December/January Holidays

Trophies & medals to be won for finalists.

Referees, Pitch Hire & Insurances all included in cost.

CONTACT

Tel: Graeme 0423 140 284 or Lisa 0411 580 891

Email: info@football365.net.au

Web: www.football365.net.au

REGISTRATIONS TO BE FINALISED BY 30 SEPTEMBER

Reasons for your child to see a podiatrist:

- Family history of foot problems
- Uneven wear patterns on your child's shoes
- Tripping or falling
- Toe walking
- Abnormal gait patterns
- Knock knees
- Pigeon toed
- Developmental delays
- Re-current pain in back, hips, knees and feet
- Ingrown toenails
- Hard skin, lumps and bumps
- Warts
- Clumsy gait
- Heel pain

**Come and see Palin Podiatry's Children's Podiatrist
Rebecca Angus**

Shop 5 /61-63 Alexander Street Crows Nest NSW 2065
Phone (02) 9906 3188 Email admin@palinpodiatry.com.au
www.approvedbypalinpodiatry.com.au



**PALIN PODIATRY
Children's Feet**

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CHILDREN'S ART CLASSES

Term 3
25 July – 17 September

Age 5–8 Monday & Wednesday 3.45pm – 5.15pm
Age 9–12 Tuesday & Thursday 3.45pm – 5.30pm
Age 6–12 Saturday 11am – 12.45pm



www.startartschool.com

25 Atchison Street St Leonards | 0421 711 178



Get creative and bring your space to life at our Interior Decoration Masterclass

Over two fun, intensive days, you will learn how to put together a full interior decoration scheme including planning your layout, selecting furniture, fabrics and lighting.

27 - 28 Sept / 9.30am - 4.30pm
\$330 incl GST

Talk to us on 02 9437 1902
Find out more at sydneydesignschool.com.au
Level 2 / 40 Oxley Street, St Leonards

Sydney DesignSchool



Yoga for Kids

Connecting the
Body and Mind



Penny Kidd
Qualified Instructor RYT
500 hours

YOGA FOR 8-12 year olds
@ Mantra Studios
1 Holtermann Street, Crows Nest

TERM 3, 2016
Commences Monday 25th July
Mondays & Thursday: ages 8-12
Classes: 4:15pm for 1 hour
Term fees: \$150 (9 sessions)
Siblings discount: 10%

Contact: Penny 0411 519 419
penelope.s.kidd@gmail.com

Connecting the
Body and Mind

Advertisements do not indicate endorsement by the school

Mad about Science? We are too!

Expressions of Interest: Fizzics Science Clubs North Sydney Demonstration School Term 4, 2016!

Learn how to experiment and find answers to real-world questions with fun, hands-on activities. We'll show students how to create hypotheses, control variables to conduct fair tests, and communicate their results just like real scientists!

Our clubs are designed and run by our team of science educators, based on our 12 years experience of science education in Sydney.

To register your interest visit: <http://bit.do/FizzicsXXXX>

When: Tuesday during term, 2.55- 4.00pm from 18th October

Who: Students Year 3-6

Where: At school

Cost: \$19 per week

Want more information?

1300 856 828 or

<http://bit.do/fizzics>



www.fizzicseducation.com.au

Drama Program Term 3

Drama develops kids



**Classes at
St Johns Church Willoughby**

We all want our kids to be confident.

You'll love your child's growth in confidence, creativity and communication skills through our self-development drama program.

More Information

www.helenogrady.com.au | ph: 0438 788 080



Become a host family for a student of English



English
Language
Company

www.elc.edu.au



- › Family-run English Language School in City Centre
- › Provide a home away from home for students of English from around the world
- › Generous Weekly payments in exchange for room and board, and rewarding cultural exchange experience
- › Welcome one of our students to your family and become part of ours!



Australia's most awarded English school
STM Lifetime Super Star Award - Southern Hemisphere

Enquire now
homestay@elc.edu.au
or call 9267 5688



North Sydney Demonstration School is pleased to continue its Seido Juku Karate Program for Term 3, 2016

Classes are held in the school hall and we take rolling registration each month

Seido Juku Karate @ North Sydney Demonstration School

What the Nth Sydney Demonstration School kids have told us:

- "I really want to get my junior black belt"
- "I liked winning a trophy at the Seido tournament"
- "I'm learning to defend myself"
- "We love the karate games"

Kid's Karate Timetable

- Monday & Wednesday at 6pm
- Friday at 4pm and Saturday at 8am
- Passport rate includes classes at the Demonstration School & at our main dojo in Darlington up to 6 days a week

Join us for a free trial class, contact Leigh on 0411-821-531 or book a class online via our website www.seidojuku.com.au

THE DEM ADVERTISEMENTS

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High Quality Early Learning in North Sydney



Toybox Early Learning provides an exceptional quality of care, where children are given the opportunity to learn and develop to their full potential in a fun and supportive environment.

We are big enough to deliver a quality environment with a great team but small enough to ensure each child is cared for as an individual. Our newly refurbished centre is under new management and offers:

- ♥ A small, secure and nurturing environment
- ♥ Secure, online access to your child's portfolio
- ♥ The curriculum delivered is the Early Years Learning Framework
- ♥ Nutritious food prepared by professional caterers
- ♥ Pre-school program & Mandarin lessons for preschoolers
- ♥ Dance classes
- ♥ Secure basement parking for drop-offs and pick-ups
- ♥ Indoor/outdoor play space, for all weather conditions

Spaces are limited, and we are taking enrolments now.

Book a Tour: Inspections are welcomed, please Call 9929 4139 or email enquiries@toyboxearlylearning.com.au



**Quality Early
Learning in North
Sydney**

**Under New
Management,
and Vacancies
Available**

**Small, secure
and convenient
long day care**

TOYBOX EARLY LEARNING

Level 1, 75 Miller St
North Sydney NSW 2060

www.toyboxearlylearning.com.au

Ph: 9929 4139
Em:

enquiries@toyboxearlylearning.com.au

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