

The Dem Newsletter

Week 8 - Friday 17 June 2016

Launching Walk-2-School Program

On Monday 27 June we are scheduled to launch the **Active Paths** walk-to-school initiative in conjunction with The Bicycle Network (postponed from this Monday due to weather forecasts).

There have been **four** suitable routes jointly determined by both our Student Executive and representatives from the Bicycle Network and by Monday these routes and their starting point will be clearly visible with colourful footpath signage. Please refer to the map on page 3 to determine the best route to school for your child.

I am excited for our school to be involved in this initiative as it represents a feasible and healthy way to reduce the high number of vehicles entering and exiting McHatton Street and Bay Road every morning and afternoon. If you have ever been concerned about road safety in either of these streets I urge you to support this initiative and trial the paths next week. To join in simply pick the route closest or easiest for you to get to, drop your (Years 3-6) children off at this spot or for K-2 parents park nearby and join your children on their walk to school. The meeting time for students wanting to walk together is 8:30am.

Weather permitting, on Monday 27 June a whole school assembly will be held at 8:55am to celebrate the launch of this initiative. We are also pleased that the Mayor of North Sydney Council will be joining us that morning in support of the program.

Please note that while there will be a North Sydney Demonstration School staff member or P&C representative participating on the launch day, **this walking route will not be supervised on other regular school days** and therefore may not be appropriate for unaccompanied children in Years K-2. We look forward to celebrating a more active and healthy student population and a quieter and safer McHatton Street and Bay Road as a result of this program.

As part of the preparation for the launch, our student executive along with school and council representatives will be part of a news story to appear in the Mosman Daily. This event will still take place next Monday 20 June on school grounds. Thank you to our student executive for their involvement and participation in this initiative.

Band Camp and Concert

Last week, 61 Dem students from the Intermediate and Senior Bands participated in the annual Band Camp at the Narrabeen Sport and Recreation Centre. Over the two days of the camp, the students worked hard and made excellent progress under the guidance of Phil Molloy, Kate Gandy and the expert tutors from Directions in Music. A big thank you to Melissa Lanigan for her organisation of the Camp, and to Rebecca Rawson and Ashley Grimmond for their attendance, participation and supervision of the students.

Following on from Camp, the Intermediate and Senior Bands entertained parents and friends at the annual post band camp concert held at the school last night. The purpose of the night was to demonstrate how far the children have progressed as a result of attending Band Camp. Congratulations boys and girls on your efforts and maturity at the camp and your ongoing commitment to the Band program.

Please refer to page 7 of the newsletter for a photo of the band.

What's On?

Friday 17 June
PSSA Sport

Tuesday 21 June
Track Carnival for K-6, held
at St Leonards Park

Thursday 23 June
Field Carnival for Yrs 3-6 &
8yo students in Yr 2, held at
Chatswood Rotary War
Memorial Athletics Field

Friday 24 June
Last PSSA Sport day for
Term 2

Monday 27 June
* Kindy Science Day
* Walk-to-School program
launch at morning Assembly

Thursday 30 June
Recorder Group Rehearsal

Friday 1 July
* Camp Quality visit
* SRC Fundraiser
* No lunch orders available
from the Tuckshop
* P&C Movie: Asterix and
the Viking in the School Hall
at 3:30pm
* Last day of Term 2

Camp Quality visit to the Dem

On Friday 1 July, Camp Quality will be visiting the Dem to present their Primary School Education Program to students in all grades K-6. This educational and interactive program uses puppets to raise awareness of how we can best support our friends and family who are currently living with cancer. For school aged children who are living with cancer having their peers understand the nature of cancer and its treatment and supporting their friends in understanding how they can help during this time has been shown to reduce the likelihood of bullying, confusion, exclusion and anxiety that can follow a cancer diagnosis — for children living with cancer this makes the transition from hospital back to school a little less daunting. For children who have family members currently living with cancer the program may help them by ensuring their peers have an understanding of what their family is going through.

The narrative of the puppet performance will explain the following:

- The ins and outs of cancer;
- Why their peer who has undergone treatment may look a little different (due to the side effects of chemotherapy);
- Why it's important to be supportive of their classmate who is either living with cancer or has a family member with cancer;
- That cancer isn't contagious, so it's ok to play;
- The importance of recognising our own strengths and the power of positivity.

During the week preceding the presentation, teachers will be talking to the class about what to expect.

Next week a note will be sent home to the youngest child with further information. If you have any questions about your child's participation in this whole-school incursion, please advise your classroom teacher.

Seasons for Growth

Changes and loss are issues that affect all of us at some stage in our lives. At North Sydney Demonstration School we recognise that when changes occur in families through death, separation, divorce or related circumstances, young people may benefit from learning how to manage these changes effectively. We are therefore continuing to offer a very successful education program called Seasons for Growth, which will commence in **Term 3**. If your child has experienced some significant change to their circumstances in the last 2 years and needs support in coping please refer to page 8 for more details about the Seasons for Growth program.

Myra Wearne,
Principal



BICYCLE
NETWORK

Active Maps

North Sydney Demonstration School

Paths to school:

 Milson Point Path — 1500m

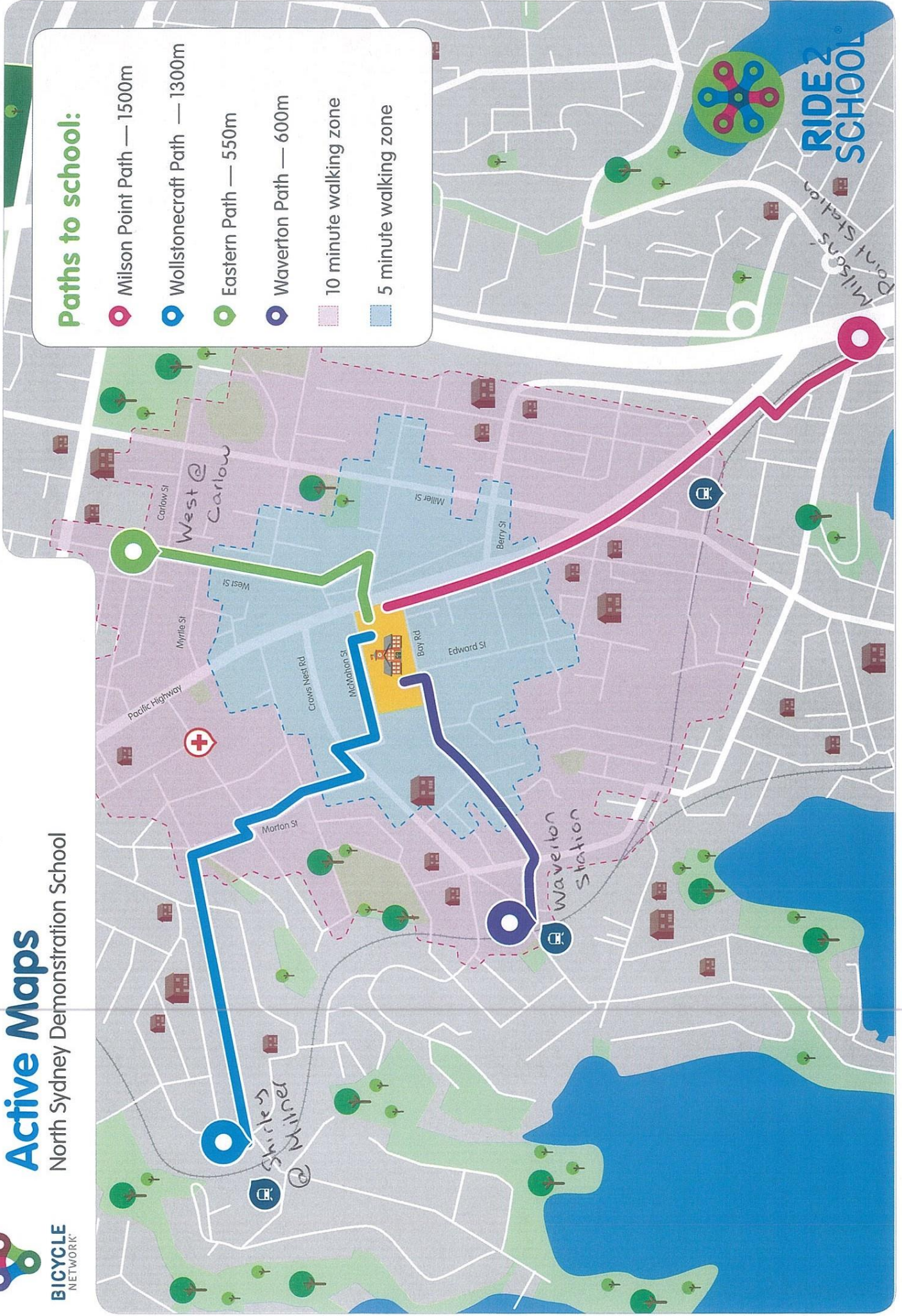
 Wollstonecraft Path — 1300m

 Eastern Path — 550m

 Waverton Path — 600m

 10 minute walking zone

 5 minute walking zone





BICYCLE
NETWORK

Active Maps

North Sydney Demonstration School

Tips for riding and walking

Be alert on paths

When riding and walking look for:

- Other path users
- Dogs or other animals
- Driveways, laneways or other crossings
- Path obstacles, such as pot-holes, change of surface, sharp or blind corners

Riding on paths

- Keep to the left on the path
- Let others know you are approaching by ringing your bell or calling out
- Don't ride too fast or act unexpectedly
- Give way to pedestrians
- Obey signs
- Ride side-by-side only when path is wide enough to give way to oncoming bikes and pedestrians

When passing driveways

- Children need to learn to be aware of reversing cars
- Children's peripheral vision is not fully developed until around the age of 10, so it's important to encourage them to turn their head to stop out of the way of reversing cars
- look at driveways

When crossing roads

Stop, look, listen, think when crossing the road.

Ride ready checklist

1. Helmet fit

Does your child's helmet move around when you wiggle it on their head? Can they salute two fingers between their eyebrow and helmet? Adjust to a snug fit.



2. Firm tyres

Fully inflated tyres make riding easier and are more resistant to punctures. Check for the correct tyre pressure on the side of the tyre.



3. Check the brakes

It is important that your child is able to stop quickly. Check that the bike brakes are working before you set off.



4. Check for loose bits and bolts

Have a quick scan for any loose bolts or bits on your child's bike before you set off. This includes bells, racks, bolts or any other attachments.



5. Wiggle the saddle

Your child's saddle is the right height when they can sit and place the balls of their feet on the ground.



Adjust their saddle and tighten so it can't move about while they are riding.



6. Be heard with a bell

All bikes need to have bells. Also teach your child to use their voice to alert others.



7. Be warm and visible

Dress your child in brightly coloured clothing that is weather appropriate.

Active kids are happy kids!

At North Sydney Demonstration School, we support riding and walking to school. Walking and riding to school helps kids to achieve their required minimum 60 minutes of physical activity per day.

Active kids are happier, more socially connected and arrive at school ready to learn.

We designed this map to identify the best part-way drop off points along popular walking and riding routes to school. This will provide all students to have the opportunity to ride or walk to school.

Draw a cross approximately where your home is so that you can work out the best way to walk or ride to school. If you can't ride or walk the whole way, Part Way is OK!



RIDE 2
SCHOOL®

SCHOOL NEWS

Volunteer Ethics Teachers Needed

Ethics classes are currently an available option for children in Years 4, 5 & 6, currently attending a non-scripture class. In order to extend the option to Year 3 we will need more Ethics Teachers.

Previous experience teaching or working with children is not required, however all volunteers to the program will have to obtain a Working With Children Check via the NSW Office of the Children's Guardian.

Ethics Teachers receive full training by Primary Ethics to deliver a highly structured, age appropriate curriculum once a week. The training consists of a two day workshop and short online modules. Classes run for 30 minutes on Wednesday mornings. To find out more and to submit an application, please visit:

<http://www.primaryethics.com.au> or contact the School's Ethics Coordinator, Deborah Corrigan at ethics.nsdem@gmail.com.

Stewart House

Please return Stewart House bags filled with unwanted clothing to the McHatton Open Area by Monday 27 June. For more information please see:

<https://www.stewarhouse.org.au/>

No Tuckshop lunch orders on Friday 1 July

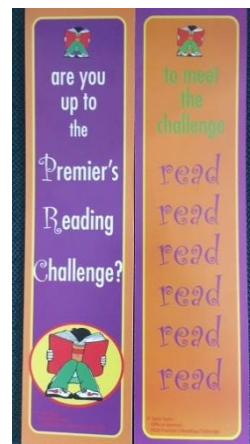
Reminder: The Tuckshop will not be providing lunch order service on Friday 1 July 2016 (last day of Term 2 2016).



Library News

Ready? Set? Go! As mentioned in last Monday's assembly, starting from next week all students who reached their half way mark in the Premier's Reading

Challenge (K-2: 15 books out of 30; 3-6: 10 books out of 20) will be awarded a special "Halfway Mark bookmark" in recognition of their achievements so far. It's still not too late to register your child for the Premier's Reading Challenge. For more information on how to register for the challenge please visit: <http://www.nthsyddem-p.schools.nsw.edu.au/curriculum-activities/library/the-premier-s-reading-challenge>.



Mrs. A Bennett, Teacher Librarian

FABStar!

FABStar! is an initiative to recognise positive behaviours in the playground. A FABStar! slip was drawn from all the students who received FABStar! slips in recognition of their positive behaviours on the playground last week.



The K-2 Fabstar! this week is Kate from Year 2 who supported younger children in the playground by being comforting, kind and friendly.



The 3-6 Fabstar!s this week are Oliver and Cameron in Year 3 who alerted a teacher that there was glass in the playground so it could be safely removed. Well done boys for looking out for others!

Band News

Dates for Your Diary:

- **Festival of the Arts:** Wednesday 26 October - Senior & Intermediate Bands

A Successful Post Band Camp Concert

The Intermediate and Senior Bands entertained parents and friends at the post Band Camp concert last night. The purpose of the night was to demonstrate how far the children have progressed as a result of attending Band Camp last Thursday and Friday at the Sydney Academy of Sport at Narrabeen.

Congratulations boys and girls on your efforts and maturity at camp and ongoing commitment to the band program. Thank you to Phil Molloy, Kate Gandy and the team of tutors from Directions in Music for the time and effort you put into developing our bands. Further news and photos from band camp will appear in next week's newsletter.



Enquiries

If you have any enquiries regarding the Band Programme, please email Melissa Lanigan at melissa.lanigan@det.nsw.edu.au.

SEASONS FOR GROWTH PROGRAM 2016



Changes and loss are issues that affect all of us at some stage in our lives. At North Sydney Demonstration School we recognise that when changes occur in families through death, separation, divorce or related circumstances, young people may benefit from learning how to manage these changes effectively. We are therefore continuing to offer a very successful education program called Seasons for Growth, which will commence in **Term 3**.

This program is facilitated in small groups (6 students per group is the recommended number) and is based on research, which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem solving, decision-making, effective communication and support networks.

This program is offered to students in **Years 1 to 6** who are experiencing difficulty with dealing with change and loss. **Please note that this program is not suitable for Kindergarten students.**



Children can refer themselves or can be referred by their parents or teacher. Parents are encouraged to speak to their child's class teacher about their concerns and the actual details relevant to the referral. Parent permission is necessary and application notes are available from your child's class teacher and the school office. All application notes should be returned

to the class teacher by **Wednesday 29 June 2016**.

North Sydney Demonstration School is pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who request to be involved.

For further information on the Seasons for Growth program and its implementation or if you are interested in nominating your child to participate, please contact Amanda Vaga or visit the Good Grief website:

<https://www.goodgrief.org.au/children-and-young-people>

Amanda Vaga amanda.coroneos@det.nsw.edu.au

Assistant Principal

Seasons for Growth Coordinator

P&C News

P&C Movie:
Asterix and the
Vikings at 3:30pm
Friday July 1 in
the School Hall!



P&C ELECTION DAY FUND RAISER

Saturday July 2 2016

Please donate cakes or volunteer!

To coincide with the Federal Election on Saturday July 2, the DEM P&C are holding an Election BBQ and Cake Stall. A large number of voters are expected to be in attendance at the Polling Booth, which will be set up in the School Hall.



This provides us with a terrific opportunity to both support the community and also raise additional funds for our school.

Please help by contributing cakes, biscuits, slices etc. - bring your baked treats to school on either Friday July 1 (a donation table will be in the McHatton Building 'open area') or on Saturday 2 July morning (directly to the Tuckshop). Please cook up a storm and help raise funds for the school! If you would like a cake box for your baked treats there will be a table set up outside the Tuckshop on Monday June 27. **You can also help by volunteering to help for an hour or two on Saturday 2 July 2016!**

Please let us know if you can help or if you have any questions by contacting Carmen at thedempc@gmail.com

Save the date for our adults
only Retro Night: Friday 9
September!



Save the date!
Friday 9th September
7.30pm - midnight



DISCOVER THE OUTSTANDING OPPORTUNITIES FOR YOUR CHILD AT ANZAC PARK PUBLIC SCHOOL

Prospective Enrolment Information Evening at Anzac Park

Information Evenings for parents interested in enrolling their child in 2017 will be held on 22 June and 29 June at 7pm and will be providing the opportunity for prospective families to discover the vision and opportunities offered at Anzac Park Public School. The evening will incorporate a short presentation by members of the School Executive Team and a night-lights tour of our brand new state of the art school facilities.

To register for this event please go to; <https://www.trybooking.com/LQUP> or phone 0476 841 626

 anzacpark-p.school@det.nsw.edu.au

 www.anzacpark-p.schools.nsw.edu.au

 0476 841 626

 Anzac Park Public School

 #anzacparkps



The Dem Community News

The Australian Bureau of Statistics (ABS) is seeking motivated and community minded Field Officers to work on the 2016 Census. Link to Field Officer position information: www.abs.gov.au/careers Census website: <http://www.abs.gov.au/census>

Bright Futures Week (11 July – 15 July 2016) is for primary and early secondary students who are curious about the world, passionate about learning and starting to think about the paths they will take in the years ahead. The week offers a unique combination of eye-opening experiences based around subjects studied at UTS. To view the full program including registration details, please click on the link below: <http://www.uts.edu.au/research-and-teaching/our-research/international-research-centre-youth-futures/what-we-do/programs-1>

KU Grandstand Preschool provides educational care and support for children aged between 3 and 6 years of age. We provide a high quality play based learning environment for preschool aged children. Preschool provides a great opportunity for children to become familiar with many school routines and expectations in an age appropriate environment prior to commencing kindergarten. If you want to know more or wish to secure a place - we currently have a few vacancies please email us on ku.grandstand@ku.com.au or call us on 9955 7118.

Centerlink has now changed the way families can claim the **Lump Sum Family Tax Benefits**. Parents who do not receive their Family Tax Benefits on a fortnightly basis must now complete a 2015 lump sum claim form by 30 June 2016.

The Junior Science Academy is a school holiday program offered at Macquarie University (North Ryde) to help children develop their understanding of science concepts and knowledge. It aims to support their science understanding and enhance and extend their school science learning and our activities are fun and engaging. To find out more, visit: www.juniorscienceacademy.com.au

Parenting Courses including sessions regarding childhood anxiety, resilience, positive & emotionally intelligent parenting, transition to high school and more:

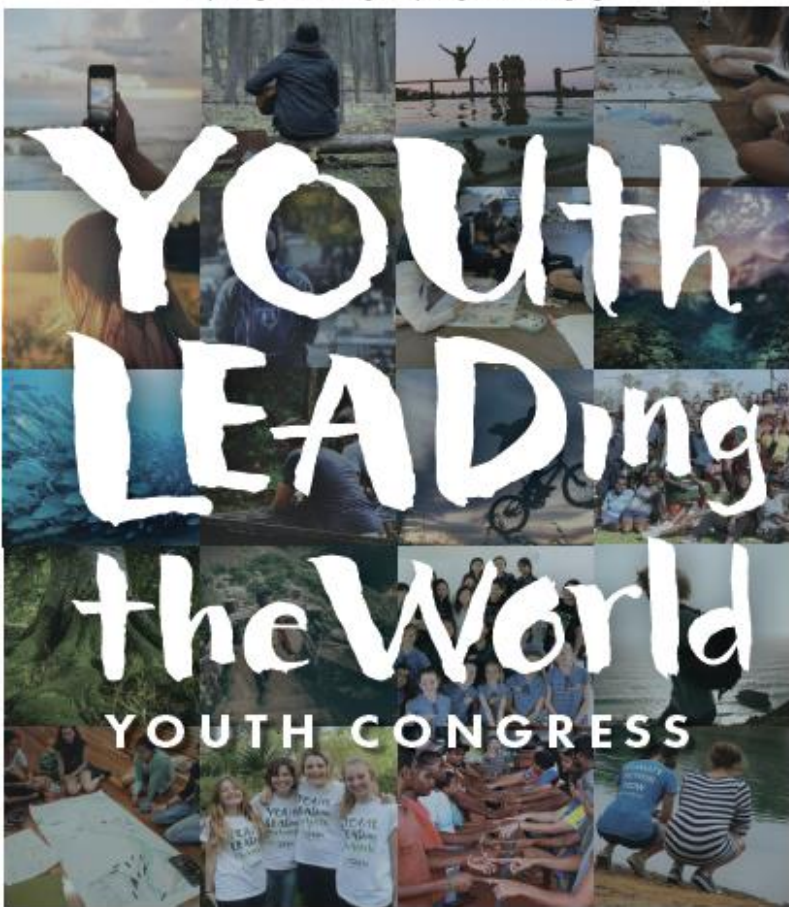
- Chatswood Community Health Centre: 57 Hercules Street Chatswood. Phone: 9887 5830 or go to <http://www.nslhd.health.nsw.gov.au/Services/CAP> for more information.
- Naremburn Family Care Centre: 40 Merrenburn Avenue Naremburn. Phone: 8425 8700 or <http://www.centacarebrokenbay.org.au/locations/naremburn-family-centre>

Become a WEP host family in 2016!

WEP Australia is looking for volunteer host families now! For more info: <https://wep.org.au/host/>

The **Parliament of NSW** is holding a free **NAIDOC week event 5 July from 10am to 3pm** in conjunction with the Aboriginal Education Consultative Group. There will be lots of fun activities for children to celebrate this year's theme, Songlines. For further enquiries, please contact Parliamentary Education on (02) 92302047 or dps.education@parliament.nsw.gov.au.

Inquiring. Innovating. Inspiring. Life changing.



12 - 13 JULY & 3 AUGUST 2016

The Coal Loader Centre for Sustainability, Waverton

An initiative of

Register and get more information at

www.ozgreen.org



YOUTH LEADING THE WORLD YOUTH SUSTAINABILITY CONGRESS North Sydney

12 & 13 July, 2016 (School Holidays) & 3 August

Imagine an event full of passionate young people coming together to tackle global sustainability challenges and collaborating to create positive social change.

Inquiring. Innovating. Inspiring. Life changing.

At the 2-day YLTW congress you will have the opportunity to develop a deeper understanding of the environmental challenges we face; envision a healthier future for our planet; and actively create projects to deliver change and show leadership. At a community forum, held 3 weeks later, your team will present the outcomes of the congress to leaders of the local community, media, teachers and family.

The congress is run by non-profit sustainability organisation OzGREEN in cooperation with North Sydney Council. Facilitated by other young change-makers you are guaranteed to enjoy the experience. You'll learn a bucket load about yourself, new skills and meet a bunch of like-minded, amazing, inspiring young people, just like you! And you may be able to count the congress and the resulting project towards your Duke of Ed volunteering requirements.

Unlock YOUR potential to LEAD the way in sustainability.

Congress: 12 July, 10am – 4pm & 13 July, 10am – 5pm
Community Forum: 3 August, 6-8pm

Address: The Coal Loader Centre for Sustainability, 2 Balls Head Road, Waverton

Attendance: 50 scholarships available

More info: Ann-Charlott Paduch, 0439 981 035
or apaduch@ozgreen.org.au

Register your interest now at www.ozgreen.org; RSVP: by June 30

2016 NSW Premier's Reading Challenge

K-9 students – start reading now!

OPENS 7 MARCH CLOSING 19 AUGUST
Online Student Reading Records must be complete.



Positive Parenting Program

Free seminar, refreshments provided

This program is a lecture style presentation and does not allow for children to attend that are over 6 months and mobile. Childcare is not provided

This program consists of 3 seminars held over 3 weeks designed to introduce the principles of Positive Parenting. Parents learn how to encourage their children to learn skills which promote children's health, development and wellbeing. This program is aimed at parents of children aged 0-10 yrs.



SEMINAR 1

THE POWER OF POSITIVE PARENTING: Wednesday 10th August 10:30am-12:00pm

SEMINAR 2

RAISING COMPETENT, CONFIDENT CHILDREN: Wednesday 17th August 10:30am-12:00pm

SEMINAR 3

RAISING RESILIENT CHILDREN: Wednesday 24th August 10:30am-12:00pm

Triple P Seminars address general parenting issues: why children tend to behave in certain ways under certain influences, and what they best respond to; dealing decisively and effectively with behaviours such as aggression, non-co-operation and disobedience; recognising and managing situations that might be much less obvious such as sadness, anxiety, difficulty with separation and problems mixing with other children.

Location:
Lane Cove Library
139A Longueville Road
Lane Cove 2066

Bookings are essential! To make a booking call CatholicCare on 8425 8700
Or email: naremburnfamilyservice@dbb.org.au

Please note children are unable to attend and childcare is not provided

PARENTS

Has your child's private tutor or coach had a
Working With Children Check?



Tutors must have a current WWCC



Parents must verify the WWCC online



Got a clearance? You're good to go!



Scan the QR code



www.kidsguardian.nsw.gov.au/parentscheckthecheck

ROLL UP YOUR SLEEVES AND GIVE BLOOD

Mobile Blood Service visiting:

North Sydney

Mary Mackillop Place, 7-11 Mount Street

Tuesday 28 June	8.50am – 2.00pm
Wednesday 29 June	8.30am – 2.00pm
Thursday 30 June	1.00pm – 6.20pm
Friday 1 July	8.30am – 1.30pm

Drink up! Have 3 or 4 glasses of water or juice in the hours before you donate
Eat! Have a good sized breakfast or lunch
Please bring photo I.D. with you

To make an appointment call 13 14 95
or visit donateblood.com.au



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OPEN DAY

Saturday 18 June 2016
10am - 12pm

Always loved interiors? Then join us for our Open Day
and see what it's like to work as an Interior Decorator and
Designer and turn your passion into an exciting career.
VET FEE-HELP available.

Register at sydneydesignschool.com.au

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/ info@sydneydesignschool.com.au

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DesignSchool

KIDS & TEENS MUSICAL THEATRE

Holiday Workshops

GRADES: K-2, 3-6 & 6-12

June 27 - July 15
FREE CARE from 9am

The highly appraised Applause Holiday Workshops
are back this winter!

A crash course in the art of the "triple threat",
kids and teens learn to sing, dance and act
scenes and songs from a musical!
What show could it be this time...?

CHATSWOOD - ROSEVILLE
KILLARNEY HEIGHTS - ST. IVES

Applause

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\$10
PP/SESSION

FUN & CHALLENGING SESSIONS, SUITABLE FOR
PRIMARY SCHOOL CHILDREN 6 - 11 YEARS, BYO
DRINK BOTTLE

MONDAYS - NSDS SCHOOL HALL 3:15PM – 4:00PM

STARTING TERM 3 - 25 JULY 2016



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Mad about Science? We are too!

**Fizzics Science Clubs are coming to
North Sydney Demonstration School Term 3, 2016!**

Learn how to experiment and find answers to real-world questions with fun, hands-on activities. We'll show students how to create hypotheses, control variables to conduct fair tests, and communicate their results just like real scientists!

To sign up visit: <http://bit.do/fizzicsNSDS>

When: Tuesdays during term, 2.55pm-4.00pm from July 22.

Who: Students Years 3-6

Where: At school

Cost: \$19 per week

Want more information?

1300 856 828 or

<http://bit.do/fizzics>



www.fizzicseducation.com.au

NORTH SYDNEY DEMONSTRATION AFTER SCHOOL WORKSHOPS TERM THREE 2016



Kids learn best through activities that engage their *curiosity* and *creativity*.

BRICKS 4 KIDZ® After School Programs build on the universal popularity of **LEGO®** Bricks to deliver a high quality of educational play. Each hour-long workshop is a fun, enriching experience for your child!

TERM THREE : ENERGY IS EVERYWHERE

- ★ Tuesday afternoons
- ★ 2.55pm - 3.55pm
- ★ Tue 26 Jul - Tue 13 Sep (incl)
- ★ 8 sessions, \$120 (incl GST)
- ★ Only 16 spots
- ★ Open to North Sydney Dem students only



BOOK NOW!

0499 000 395

Sydney-LNS@Bricks4Kidz.com

Bricks4Kidz.com.au/Sydney-LNS/

*Come and join in all the fun
of our BRICKS 4 KIDZ
After School LEGO® club!*



RIVER ROAD TENNIS CENTRE

HOLIDAY CAMP 4 – 14 YEARS

TENNIS – GOLF - ICE SKATING
BOWLING & LASER TAG
MOVIES - TRAMPOLINING

Camp 1: Monday 27th June – Friday 1st July 2016

Camp 2: Monday 4th July - Friday 8th July 2016

Camp 3: Monday 11th July – Friday 15th July 2016

Camp 4: Monday 18th July

EXCURSIONS

Monday	Ice skating
Tuesday	Movies
Wednesday	Bowling & Laser Tag
Thursday	Trampolining*

*limited spaces - book early!!

Afternoon Multi Sports include:

- ✓ T Ball
- ✓ Dodgeball
- ✓ Soccer
- ✓ Basketball
- ✓ Table Tennis

- ✓ Camp hours 9am – 3pm
- ✓ Before and after care available 7.30am – 6pm
- ✓ BBQ and Party on the last day!!
- ✓ Multiple week and early bird discounts available!
- ✓ Registered Care Provider
- ✓ FREE BUS PICK UP!





JUNIOR TENNIS & SPORTS CAMPS

JULY 2016
AGES 5-17 YEARS

NEW - Drop off available from 8.30am. After camp care from 3.30-6pm – all centres – \$10 per hour
CAMPS \$65 per day, \$275 / 5 days

CAMP 1: 4-8 JULY

TOP GUN / GREEN BALL • Mon & Fri • WILLIS PARK
TOP GUN / GREEN BALL • Tues, Wed & Thurs • WILLOUGHBY
ORANGE / RED BALL • Mon-Fri • NAREMBURN

CAMP 2: 11-15 JULY

RED, ORANGE & GREEN BALL • Mon-Fri • ST LEONARDS
ALL LEVELS • Mon-Fri • WILLIS PARK

P 9901 3144 E lovendeuce@netspace.net.au
www.lovendeuce.com.au

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WWW.DANCE102.COM.AU OR EMAIL INFO@DANCE102.COM.AU FOR MORE DETAILS

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THE DEM ADVERTISEMENTS

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giving your children the best quality toys

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Educational Classes + Educational Toys
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GOOD SPORT HOLIDAY CAMP!



LET YOUR KIDS SHINE!

4-8 JULY & 11-15 JULY 2016

9:00AM - 3:00PM
LATE PICK UP AVAILABLE ON REQUEST

LEARN NEW SKILLS IN A RANGE OF FUN SPORTS AND
IMPROVE CO-ORDINATION - ALL IN A SAFE,
NURTURING AND CONTROLLED ENVIRONMENT

- ▶ Squash
- ▶ Touch Football
- ▶ Racquetball
- ▶ Volleyball
- ▶ Table Tennis
- ▶ Soccer
- ▶ Cricket
- ▶ Tee Ball
- ▶ Ultimate Frizby
- ▶ AFL
- ▶ Fun Filled Games
- ▶ Mini-Tennis

W. WILLOUGHBY SQUASH

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Willoughby Squash Club @ClubSquash Aaron Frankcomb Head_Pro_Willoughby_Squash Squash@bigpond.net.au

FAMILY DISCOUNTS & CHILD CARE BENEFIT APPLICABLE

\$61 PER DAY

...

\$247 PER WEEK (5 DAYS)

GOOD SPORT HOLIDAY CAMP SCHEDULE

Mon 4th	Tues 5th	Wed 6th	Thurs 7th	Fri 8th
Registration Warm Up Games Squash	Registration Warm Up Games Indoor Soccer	Registration Warm Up Games Squash	Registration Warm Up Games Squash	Registration Warm Up Games Mini Olympics
Aussie Rules Soccer	Mini-Tennis Touch Football	Cricket and Skills Touch Football	Table Tennis Modified Netball	Cricket and skills Volleyball
Volleyball Table Tennis Prizes	Table Tennis Squash Prizes	Volleyball Mini-Tennis Prizes	Aussie Rules Soccer Prizes	Indoor Soccer Squash Prizes
Mon 11th	Tues 12th	Wed 13th	Thurs 14th	Fri 15th
Registration Warm Up Games Table Tennis	Registration Warm Up Games Aussie Rules	Registration Warm Up Games Indoor Soccer	Registration Warm Up Games Squash	Registration Warm Up Games Tee Ball
Mini-Tennis Touch Football	Touch Football Squash	Tee Ball Oval Games	Indoor Soccer Modified Netball	Aussie Rules Table Tennis
Modified Netball Squash Prizes	Table Tennis Volleyball Prizes	Squash Table Tennis Prizes	Cricket and Skills Mini Olympics Prizes	Squash Volleyball Prizes

W. WILLOUGHBY SQUASH

www.willoughbysquash.com.au | www.eastcoastsquashacademy.com.au
PH: 02 9958 1399 443 Willoughby Road, Willoughby

Willoughby Squash Club @ClubSquash Aaron Frankcomb Head_Pro_Willoughby_Squash Squash@bigpond.net.au

EAST COAST SQUASH ACADEMY

Activities and sports may change, subject to weather and participation

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TENNIS & GOLF COACHING

DURING TERM 2, TENNIS & GOLF LESSONS

ARE ON OFFER FOR STUDENTS AT YOUR SCHOOL.

A COMPLIMENTARY BUS SERVICE WILL RUN BEFORE AND AFTER THE LESSON BETWEEN THE SCHOOL AND THE TENNIS CENTRE/GOLF COURSE.

FOR MORE INFORMATION CALL THE PROSHOP ON 9428 3336

OR VISIT www.riverroadtenniscentre.com.au



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**River Road
Tennis Centre**



**LIMITED
OFFER**

1 WEEK ONLY:
20 - 25 June

**\$10 PER CHILD
PER CLASS**

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A R T S C H O O L

www.startartschool.com

Tel: 0421 711 178

ART CLASSES FOR CHILDREN AGED 3-12

HOLIDAY ART PROGRAM & TERM CLASSES

A maximum of 8 children per class. Details available on website. Call now for more info. Limited availability so book now!!!

LOCATION

**25 Atchison St Leonards - located within ME ARTSPACE next to Eckersley's Art & Craft.
Entrance on Albany Lane, back entry via red door.**

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S.T.E.A.M HOLIDAY WORKSHOP

July 4-15

"Science Technology Engineering Arts & Maths" is an innovative fun set of holiday programs aimed to foster children's creativity, innovation and 21st century skills by ...
Teaching them mindfulness, creativity, collaboration & making 'real world' connections

Robotics

Children will be introduced to robots and animation in a fun and creative way. They are encouraged to express, explore and experiment.

Animation

Children connect with each other, improvise and unleash their imagination via collaborative story time.

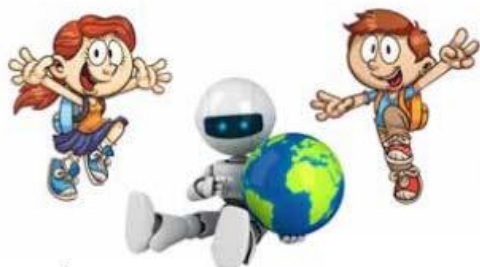
Story Time

Paper Engineering

They will learn the art of paper folding and about forces, aerodynamics, shapes, strength and design.

Mindfulness

Develop children's self-awareness, empathy, relaxation, problem solving, intuition and creativity through mindfulness games



For kids aged:
6 - 12 years old

STEAM

Education Australia

Science Technology Engineering Arts & Maths

Contact: (02) 8866 3458
www.steamau.com
Club Willoughby
26 Crabbes Ave Willoughby North

8:30 - 9am | drop off and free play
9am - 4pm | studio time
4 - 5:30pm | pick up and free time

McMahons Point Scout Hall for Hire



Email: hall@northsydney scouts.org



Wet Weather Reservation	\$75 + \$75
Half Day	\$150
Full Day	\$250

- Beautiful location at Sawmillers Reserve
- Fully equipped kitchen and toilets on premises
- 7 Tables & 40 chairs (for 20 adults & 20 children)
- Multimedia projector & sound system
- Kids outdoor party play set-up included in price

BOOK ONLINE:

www.northsydney scouts.org

S Cherry - Voice & Singing Lessons

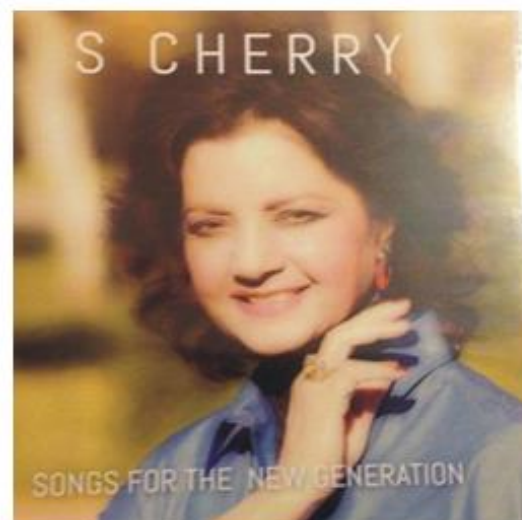
We Assess the Voice to develop a Powerful, Strain free, Confident & Functional Voice that can extend to all Music Genres & Styles + Presentation / Auditions.

Contact S Cherry: Multi Award winning Singer / Song Writer / Composer and Voice & Singing Teacher.

Tel: 02 896 47458 / Mob: 0406 457 474

Email: vocal.teacher11@gmail.com

Website: www.musicteacher.com.au/s-cherry



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Perform in a SHOW!
We give Kids Confidence
Under the Sea
Holiday Camp

Ages 5 to 13 years
Children work in their age group with specialist tutors.
9:00am to 3:00pm
FREE BEFORE AND AFTER CARE
Morning drop off from 8:00am - late pick-up until 5:30pm.
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North Sydney (The Independent Theatre)

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CAMP™**
Building Confident Kids

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"I would teach children music, physics, and philosophy; but most importantly music, for the patterns in music and all the arts are the keys to learning."
- PLATO

STRING PROGRAM

@ NSDS 2016

STRING ENSEMBLE

For year 3-6 students learning violin, viola, cello & bass
Rehearsals will take place on Monday mornings before school

VIOLIN & CELLO LESSONS

Two of North Shore Music Academy's experienced teachers will offer private violin and cello tuition at school one afternoon a week

ENROL NOW: To find out more about the program email Caroline at info@musiclessonsnydney.com.au or go to www.musiclessonsnydney.com.au

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