

# The Dem Newsletter

**Week 2 - Friday 5 February 2016**

## Welcome new Kindergarten Families!

The DEM community were delighted to welcome 142 new Kindergarten children to our school on Tuesday. These newest students have made a great start and have already amazed us with how settled and happy they are. During their first four weeks of school, Kindergarten will be restricted to playing in the front Pacific playground directly adjacent to the library. During this time they will have the area entirely to themselves and will be supervised by Kindergarten teachers. It is anticipated that by Week 5 Kindergarten will be feeling confident and ready to explore the rest of the K-2 playgrounds and to also meet students from Years 1 and 2. It is anticipated therefore that by Monday 22 February all K-2 playgrounds will be opened up to all K-2 children. This will be confirmed as the date approaches.

A hard copy of this newsletter has been provided to all Kindergarten families for their first 2 weeks of Term 1 2016. After that, all families can access the newsletter via one of the following options: either download the newsletter from the school website (<http://www.nthsyddem-p.schools.nsw.edu.au>) or by signing up to *School Stream* on your smart phone (refer to page 14-16 of this newsletter). Parents without access to the internet and/or a smart phone can ask the office for a hard copy of the newsletter.

## Parent Information Evenings

We welcome parents to come along next week to meet their child's teacher and to hear about what's happening this term and this year in their class. These information sessions will take place in your child's classroom between 6 and 7pm on the evening indicated in the adjacent *What's On* column. We look forward to seeing you there. A map of the classroom locations is on page 3 of this newsletter.

## Lunch boxes in the playground and new bell times

Our students and teachers have done a wonderful job in adjusting to the new K-2 and 3-6 break times. These new times have allowed us to reduce the number of students on the playground at any one time, which is an important initiative now that we have more than 800 enrolled students.

Those of you who have been on the playground at lunch time this year will have also noticed the absence of lunch boxes which previously littered the playground. Again, our students have done an exceptional job of adjusting to the new procedure of eating their lunch inside and taking their recess, power break or unfinished lunch into the playground without their lunch box. The result has been a dramatic reduction in crows and pigeons in the playground due to the reduction in food scraps left lying around as well as a reduction in unclaimed lunch boxes in lost property and a reduction in playground trip hazards. Please note that students with anaphylaxis are allowed to take their lunch box into the playground and will have a sticker placed on their lunchbox alerting teachers of this.

## What's On?

**Week commencing 8 February - Parent information nights held in each classroom from 6pm to 7pm:**

- \*Monday 8 February - Kindergarten
- \*Tuesday 9 February - Years 1 & 2
- \*Wednesday 10 February - Years 3 & 4
- \*Thursday 11 February - Years 5 & 6

**Friday 12 February**

- \*PSSA Tee Ball starts for Years 3-6

**Tuesday 16 February**

- \*9:15am Leadership Induction Ceremony
- \*Year 2 Walking Excursion

**Wednesday 17 February**

- \*Scripture classes commence
- \*P&C Meeting 6:30pm in School Library

**Tuesday 23 February**

- \*Swimming Carnival for all 3-6 students and those turning 8 in Year 2 who are swimming in events

**Monday 29 February**

- \*Please return filled Stewart House bags

**Tuesday 1 and**

**Wednesday 2 March**

- \*Year 3 Habitat Excursion

## School Banking – every Thursday

The DEM is pleased to continue with the Commonwealth Bank's school banking program again this year and we thank the P&C for being involved with the weekly collection of banking books and depositing of monies. The program is open to all students and is an opportunity for them to have their own account and be encouraged to be a regular saver. There are rewards available each Term for every 10 tokens they collect from their weekly deposits. Banking day at The DEM is every Thursday. Bankbooks are collected at the beginning of class and returned either the same or next day. For more information about school banking, please see pages 11-13 in the Newsletter. Enquires can be sent to the P&C via email at [dembanking@gmail.com](mailto:dembanking@gmail.com).

## Swimming Carnival – 23 February

The school swimming carnival is fast approaching and notes have gone home this week to all those children in Years 3 – 6 and any children in Year 2 who are turning 8 this year. These notes need to be returned to the school office by Friday 12 February. **Please be aware** that there was an error on the note that went home with mention made on the first page of students being able to attend the carnival as a spectator. **This is incorrect.** Due to the layout of North Sydney Pool and the steepness of the grandstand steps, the school's risk assessment has determined that students observing from the grandstand will be required to remain seated throughout the course of the carnival with the exception of when they are swimming in an event or taking toilet breaks.

Due to this restriction, and based on the experiences of the last two years, it has been determined that this is an unrealistic and unfair expectation of **non swimmers** and therefore the option of attending the carnival only as a spectator is not available in 2016. All students in Years 3-6 who remain at school will be participating in a range of sporting activities and tasks associated with the 2016 Olympics. As specified in the note, children participating in the carnival need to be able to swim 50 metres unaided.

If your child is in Years 2-6 and is unable to swim 50 metres unaided please be aware that the school runs a swim scheme program every year in Term 4 for non-swimmers in Years 2-6. The swim scheme program runs every morning for 2 weeks and focuses on developing essential swimming and water survival skills.

## Scripture

Scripture will commence on Wednesday 17 February. Children will be placed in the scripture, non-scripture or Ethics group nominated by you at the time of enrolment dependent on the availability of scripture and Ethics teachers. In the event that a teacher is unavailable your child will attend non-scripture where they will read, complete homework or engage in activities that revise already taught concepts.

## ICAS

If you wish to have your child participate in the 2016 International Competitions and Assessment for Schools (ICAS), please see further information and a Permission Note at pages 6-7 in this Newsletter. Permission and payment need to be returned to the office by Friday 1 April. As a condition of EAA (Education Assessment Australia) no late entries will be accepted.

## School Stream – Have you signed up yet?

School Stream is a phone App that will enable you to access school events, news items, sport updates, newsletters, school travel information and much more. If you have misplaced the downloading instructions or are new to the school please refer to pages 14 - 16 of this newsletter.

We currently have 513 parents who have downloaded the App. Thank you!!!!

**Myra Wearne**  
**Principal**

McHATTON STREET

McHATTON BUILDING

RIVER BUILDING

STAFF CARPARK

SCHOOL OFFICE

FOYER

OFFICE

TEACHERS STUDY

MUSIC

RFF

STAFF ROOM

4CP

4GH

2MT

2AD

DP2

DP1

STORE ROOM

McHATTON OPEN AREA

McHATTON BUILDING

SICK BAY

PRINCIPAL

PA

SMT

LAB

COMP

COMP LAB

McHATTON BUILDING

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GARDEN

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# SCHOOL NEWS

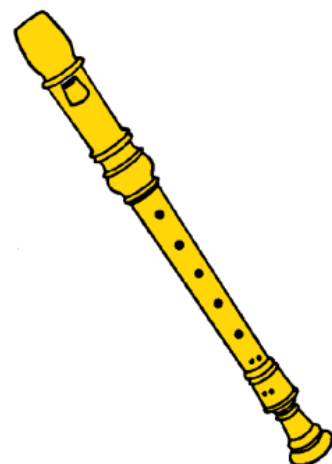
**Stewart House bags** are going home with students over the next week.

Please return the bags filled with any clothing you can spare to the McHatton Open Area by Monday 29 February 2016. Thank you! For more information about Stewart House please see: <https://www.stewarthouse.org.au/>

## Please return Recorder Group Expressions of Interest to the Office by Monday 22 February 2016

As part of the extracurricular music program at the DEM, we will be re-forming the recorder group for 2016. This group provides students with opportunities to further develop music skills as well as performance opportunities in front of their peers and at the Opera House. Recorder group practice will be held on Thursday lunchtimes in the KEG classroom in the Pacific Building. Please return expression of interest notes to the office by Monday 22 February 2016.

If you have any enquiries please contact Liz Garrick  
([Elizabeth.Garrick@det.nsw.edu.au](mailto:Elizabeth.Garrick@det.nsw.edu.au))



## Library News

**Welcome back students and families!** What a thrilling and engaging year we are going to have in the Library this year. In March, we will have Harry the Magician to help us launch the Premier's Reading Challenge. I can't wait to see what Harry will be pulling out of his hat!

Towards the end of the Term 1 we will have a new library system that will offer students, teachers, parents and carers the engagement, student collaboration, digital literacy, optimum info search opportunities that the previous system couldn't deliver – more information will be published in this newsletter regarding the new system later in Term 1.

**Parent helpers needed!** If you have a few hours to spare either in the morning after dropping off or in the afternoon before picking up your child, I would love to hear from you! We currently need some parent helpers to assist with returning, lending and shelving in the library during lesson time. Thank you.

**Alice Bennett, Teacher Librarian** ([Alice.Bennett3@det.nsw.edu.au](mailto:Alice.Bennett3@det.nsw.edu.au))





## Band News

Welcome to all families, both returning and new, to the Band Program for 2016!

### Starting Dates for 2016 Band Rehearsals:

- Senior Band first rehearsal: Thursday 11 February – arrive at 7:45am;
- Intermediate Band first rehearsal: Friday 12 February – arrive at 7:45am;
- Junior Band first rehearsal: Wednesday 17 February – arrive at 7:45am.

### Directions in Music Lessons start next week (week beginning Monday 8 February).

Lessons commence for all band students who have booked with Directions in Music next week (week beginning Monday 8 February).

Details of lesson times and location have been communicated to parents by Directions in Music.

Please contact DIM (Ph: 9662 2211) if you require further confirmation.

### Instrument Hire

If you wish to hire an instrument for your child from the school, please contact Melissa Lanigan ([melissa.lanigan@det.nsw.edu.au](mailto:melissa.lanigan@det.nsw.edu.au)) ASAP.

We have distributed a large number of our available instruments, so we cannot guarantee an instrument for your child.

If we are unable to provide an instrument for your child, Directions in Music also hire out instruments.



## North Sydney Demonstration School

Bay Road Waverton 2060

ABN 58 879 437 250

Telephone 9955 2822 9955 4242

Facsimile 9956 6801

Email

[nthsyddem-p.school@det.nsw.edu.au](mailto:nthsyddem-p.school@det.nsw.edu.au)

4 February 2016

Dear Parents/ Guardians,

The International Competitions and Assessments for Schools (ICAS) is an independent, quality skills-based assessment program which rewards and recognises achievement. ICAS gives you broad insights into your child's performance across English, Mathematics, Science, Digital Technologies, Spelling and Writing. ICAS (sometimes referred to as the UNSW assessments) has been developed by Educational Assessment Australia (EAA) since 1981.

When your child takes part in ICAS assessments, we can track their learning as they progress from year to year. It also helps us identify potentially gifted students and those who may need more focused and purposeful teaching to achieve their best.

### Each student receives:

- an engaging and challenging full-colour test booklet
- an individual diagnostic report highlighting strengths and weaknesses and year to year progression
- login details to access their online results which can be analysed and downloaded
- a High Distinction, Distinction, Credit, Merit or Participation Certificate acknowledging their level of achievement
- the chance to receive an individually-engraved UNSW medal for the highest scoring student in each year level for each subject.

### Help your young 'spelling bee' succeed

The early years set the stage for lifelong learning. From 2016, Year 2 students will be able to sit an ICAS Introductory Spelling paper. This paper will help your little 'spelling bee' succeed by measuring their spelling ability and, importantly, identifying very early in their schooling where your child may need some extra help.

**This paper is the only Spelling paper available in advance of Year 3 NAPLAN testing.**

The decision to introduce a Year 2 Spelling paper is based on 30 years' experience in school assessments, which have allowed EAA to identify some common difficulties that children face in Year 3. This paper will help every child get the best start.

You can learn more about common spelling problems faced by Year 3 students and the new ICAS Year 2 Spelling Paper at: [www.eaa.unsw.edu.au/icas/spelling-introductory-paper](http://www.eaa.unsw.edu.au/icas/spelling-introductory-paper)

To learn more about ICAS go to [www.eaa.unsw.edu.au/icas/about](http://www.eaa.unsw.edu.au/icas/about) Remember, EAA has some very helpful tools to help your child prepare. You can access practice assessments at [www.eaa.unsw.edu.au/icas/preparation](http://www.eaa.unsw.edu.au/icas/preparation)

**To enrol your child in ICAS, please complete the registration form overleaf and return it, with your entry fees, to the school no later than 1<sup>st</sup> April 2016. PLEASE NOTE NO LATE ENTRIES WILL BE ACCEPTED.**

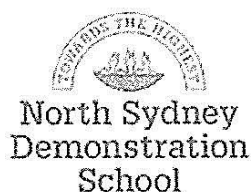
Kind regards,

Ashley Grimmond  
Deputy Principal

Co-operating school with  
The University of Sydney

# ICAS Page 2 of 2

## PERMISSION FORM



### 2016 International Competitions and Assessments for Schools (ICAS)

## Permission Form

**Please return this form to your child's school**

I give permission for my child \_\_\_\_\_ of \_\_\_\_\_  
*Child's name* *Class*

to participate in the following 2016 International Competitions and Assessments for Schools (ICAS).

Please select the subjects you would like your child to enter:

Subject/Paper	School Year	Official Sitting Date	Entry Fee, incl. GST	Fee Enclosed
Digital Technologies*	Yrs 3-6	17 May 2016	\$8.80	
Science	Yrs 2-6	31 May 2016	\$8.80	
Writing	Yrs 3-6	13-17 June 2016	\$18.70	
Spelling	Yrs 2-6	15 June 2016	\$12.10	
English	Yrs 2-6	2 August 2016	\$8.80	
Mathematics	Yrs 2-6	16 August 2016	\$8.80	
TOTAL				

**Please ensure that your child is eligible for all the tests- ie Yr 2 students can only sit Science, Spelling, Mathematics and English.**

*Students must sit on the official sitting date for each subject to be eligible for UNSW medals. However, your school may choose to sit at another time to fit in with other school activities and routines. \* Previously known as Computer Skills.*

Please find enclosed total entry fee: \$ \_\_\_\_\_  
*Amount*

\_\_\_\_\_  
Name of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/ Guardian



## P&C NEWS

On behalf of the Parents & Citizens Association (Dem P & C), we would like to extend a very warm welcome to all new and returning families for 2016.

At this time we would like to encourage you to consider becoming involved with the P & C in 2016 and invite you to attend our first meeting of the year:

When - Wednesday February 17 2016

Time - 6.30pm

Where - School Library (bottom of Bay Building)

This is a rewarding opportunity for you to become involved in your child's education and development, actively participate as a member of the school community and meet other parents.

We look forward to your support by either becoming a member of the P & C or through participating in and/or attending organised events.

The Dem P & C

[thedempc@gmail.com](mailto:thedempc@gmail.com)

## Tuckshop Information

For those of you who are new to the school, the permanent team at the Tuckshop is made up of Karen Stuart & Craig Kershaw (Managers) and Kristina Markel (Assistant).

As the school grows we rely more and more on volunteer helpers, so if you have some free time and would like to support the school on a regular basis, please let us know by emailing [thedempc@gmail.com](mailto:thedempc@gmail.com) - we would love to hear from you!

We run the Tuckshop on behalf of the P & C and the aim is to provide healthy affordable lunches and snacks for the students of the Dem.

The easiest way to place a lunch order is online via the Munch Monitor Ordering system – the Munch Monitor instruction sheet & 2016 Tuckshop menu are on the following pages in this newsletter and are also available on the school website and at the lunch order station (mornings only) set up in front of the Tuckshop.

Thanks in advance to all of the lovely volunteers coming to join our happy team!

## SAVE TIME with our ONLINE CANTEEN!



### Order from our canteen ONLINE!

- ✓ place **lunch orders online** up to 4 weeks in advance
- ✓ **top-up your account online** using VISA/MasterCard (or with cash at the canteen)
- ✓ online account **statements**
- ✓ **list allergies** to alert canteen staff during account sales

### How do I set up an online account?

#### It's quick & easy!

- go to [www.munchmonitor.com](http://www.munchmonitor.com)
- enter Username: **nsds** and Password: **munch2060**
- click **Sign up**

Follow the easy steps to create your account:



Create a **Parent Profile**



Add your **Students** to your account



Click on **Account Top-up** to transfer money into your account.  
You'll be directed to ANZ's secure eGate website



You're ready to **use your online account!**

Thousands of parents are enjoying the convenience of MunchMonitor every day. Here's what some have to say:

*"I think this has to be one of the greatest things to be introduced to the school.... so thank-you!"*

*"It's simple & convenient"*

*"I like knowing my teenage son has options that will mean he is eating enough during the day"*

*"Absolutely love the fact that you don't have to give them money to take to school"*

*"I don't have to worry about forgetting to give them money"*

### What does it cost?

MunchMonitor costs just \$2.50 (that's less than a cup of coffee) per Family Account per Term!

### Need more information?

Send an email to [help@munchmonitor.com](mailto:help@munchmonitor.com)

## NSDS TUCKSHOP MENU

# Healthier Options

Your Tuckshop follows the Government Guidelines for Healthy Tuckshops

If possible, please place correct money in a appropriate sized paper bag with your child's name, class & order written on the front --- change will be given if needed.

**Please include 10c if you do not have a lunch bag and we will provide one for you.**

Brown paper bags are also available from the tuckshop in bundles of 20 for \$1.00.

### Super Sandwiches

Vegemite	\$2.40
Cheese	\$2.40
Cheese & Vegemite	\$2.90
Cheese & Tomato	\$3.00
Egg	\$3.20
Baked Beans	\$3.20
Tuna	\$3.20
Salad	\$3.50
Salad with Cheese	\$3.90
Salad with Ham	\$3.90
Salad with Chicken	\$4.20
Ham	\$3.30
Ham & Cheese	\$3.60
Ham, Cheese & Tomato	\$3.80
Roast Chicken	\$3.90
Roast Chicken, Lettuce & Mayo	\$4.20

### Salads

Garden Salad	\$4.00
Lettuce, tomato, carrot, cucumber with dressing	

Chicken Salad	\$4.50
Garden salad with chicken pieces	

Egg Salad	\$4.50
Garden salad with hard-boiled egg	

Cheese Salad	\$4.50
Garden salad with cheese	

Tuna Salad	\$4.50
Garden salad with tuna	

**Extras for sandwich/salad – 50c each**  
 • lettuce • carrot • cucumber • mayo  
 • tomato • cheese •

### Drinks

Plain milk (300ml)	\$1.40
Flavoured milk (250ml)	\$1.60
Chocolate, Strawberry	
Just Juice -	\$1.60
Apple & Blackcurrant, Orange, Paradise Punch	
Water (400ml)	\$1.40

# 2016

## PRICE LIST

### Wacky Wraps

Chicken	\$4.50
Chicken, Tomato, Lettuce, Mayo	
Ham	\$4.50
Ham, Tomato, Lettuce, Cucumber	
Tuna	\$4.50
Tuna, Tomato, Lettuce, Cucumber	
Cheese	\$4.50
Cheese, Tomato, Lettuce, Cucumber	
Hawaiian	\$4.50
Chicken, Tomato, Lettuce, Pineapple	
Any extra fillings add 40c each	

### Daily Specials

TUESDAY	<b>Whole Baked Potato - \$4.50</b> Cheese + one topping chicken, ham, tuna, corn, baked beans
WEDNESDAY	<b>Once a Week</b> Meat pie \$3.90 Mini pie \$1.00 Sausage roll \$3.90 Chicken \$3.80 Strips Tomato sauce 30c
THURSDAY & FRIDAY	<b>Sushi - \$4.00</b> vegetarian cooked tuna teriyaki chicken cucumber

### Hot Food

Pizza - Hawaiian	\$3.90
Pizza - Margarita	\$3.90
Mac & Cheese	\$4.40
Lasagne ( beef )	\$4.40
Lasagne ( veg )	\$4.40
Spaghetti Bolognese	\$4.40
Potato Bake	\$4.40
Hot cheese roll	\$2.80
.....with tomato	\$3.20
.....with ham or chicken	\$3.20
Fried Rice	\$4.40
Spinach & Ricotta roll	\$3.90
Hard-boiled egg	\$1.00
Corn on the Cob	\$1.00

### Healthy Choice

#### Snacks

Apple	80c
Banana	\$1.00
Carrot sticks	70c
Cucumber sticks	70c
Cherry tomatoes	90c
Mixed bag (includes the above 3)	\$1.00
Frozen fruit	20c

#### Other Snacks

Crackers	5c
Licorice	10c
Jelly cup	50c
Pikelets	50c
Cheese melt (recess only)	50c
Oreos	80c
Popcorn	50c
Honey Soy Chicken Chips	\$1.30
Sea Salt Chips	\$1.30
Ovalteenies	\$1.30

#### Frozen Fun

Frozen fruit	20c
Fruit tubes	50c
Calipos	\$1.00
Icy poles	\$1.30
Paddle pops	\$1.50
Frosty Fruits	\$1.70
Bulla frozen yoghurt	\$1.40
Twisted frozen yoghurt	\$2.00



## SCHOOL BANKING

The Banking team would like to congratulate all the students who participated in the School Banking Program. Besides the benefits and rewards for the students, we also earn a financial reward for the school. In 2015 we raised \$1,175.68. A big thank you to all of you! And a special thank you to the parents who have helped with School Banking at the Dem.

You can join the program by opening a Commonwealth Bank Youthsaver account at any Commonwealth Bank branch, over the phone on 13 2221 or via NetBank if you are an existing customer with NetBank access. The child will receive their yellow wallet and can start banking.

Our school receives \$5 when a student makes their first ever School Banking deposit and 5% on every deposit made through the school.



*School Banking at the Dem is every Thursday. Our kids really enjoy participating in the program. It is a fun, engaging way for young Australians to learn lifelong money-management skills.*

## Opportunity to volunteer

### Reasons to join the School Banking crew

- To ensure the program is up and running.
- To help raising money to the school.
- To be part of the school community.
- To catch up with other parents while counting the coins for the kids.
- It is easy, you can choose what you want to do.
- You will feel good about yourself.

### What if...

**I have small children** - kids are welcome

**I can't commit** - You are welcome to help us as much or as little you would like.

Eg. A hand bringing stuff from the office would do it. We are usually done by 11am, but you can leave at any time.

Some of us help only one hour/term.

Any queries, please contact us by email at [thedembanking@gmail.com](mailto:thedembanking@gmail.com)



# **The CommBank School Banking program is available at your school.**

**Ensure your child starts two great journeys at once.**

The program teaches kids about money and smart saving – and the rewards they can bring. It's also a great fundraising activity, as CommBank offers your school commission for your child's first School Banking deposit as well as deposits made as a part of the program.

Having taught Australian children the value of saving for more than 80 years, the program is not only a great opportunity for your kids, it's great for your school as well.

To be involved, all your child needs is a Youthsaver account. They can then make regular deposits at school on banking day and will even be rewarded along the way. So, get ready to meet the Dollarmites and keep your eyes peeled for more School Banking information at the beginning of Term 1 next year.



To find out more about the program,  
visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking)





## **Three simple ways to open your child's Youthsaver account.**

**1. If you are a CommBank customer  
apply online through NetBank.**

**2. Visit any CommBank Branch.**

Please bring along your child's birth certificate  
and identification for yourself.

**3. Call 13 2221.**



Receive a Dollarmites wallet when  
you open a Youthsaver account.



**Things to know before you Can:** As this advice has been prepared without considering your objectives, financial situation or needs, you should, before acting on this advice, consider its appropriateness to your circumstances. Full terms and conditions for the Youthsaver account are available via 13 2221 and should be considered in any decision about the product. If you have a complaint in respect of this product, the Commonwealth Bank's dispute resolution process can be accessed on 13 2221. Commonwealth Bank of Australia ABN 48 123 123 124.





# The Dem now has a **FREE** app!

Receive school information, instantly and directly to your smartphone



## How to download your **FREE** app

- 1 From your mobile device go to the **App Store (iPhone/iPad)** OR **Google Play (Android)** search for **School Stream** and download the app to your phone
- 2 Make sure you agree to **push notifications**
- 3 Once School Stream has finished installing, open the app, type your school name into the search **THEN** select your school

For more detailed instructions go to [schoolstream.com.au/download](http://schoolstream.com.au/download)



## Instructions for **installing & deleting** the School Stream app from your device

### iPhone / iPad iOS 7.x - 8.x

#### Installing

1. From your mobile device go to the **App Store** search for **School Stream**
2. Tap the **FREE** button to the right of the School Stream listing
3. Tap the **INSTALL** button
4. Enter your Apple ID and password & tap **OK**
5. Wait for the install icon to change to **OPEN**
6. Tap the **OPEN** button
7. You will be prompted to accept push notifications, you will need to select **OK**
8. Start typing your **school name** into the search then **SELECT** your school

#### Deleting

1. From your device press and **hold down** the **School Stream icon** until the icon begins to jiggle.
2. Tap the little **x** in the upper-left corner of the School Stream app. (A dialog appears, informing you that deleting this app also deletes all its data).
3. Tap the **Delete button**.

### Android/Tablet

#### Installing

1. From your mobile device go to the **Play Store** search for **School Stream**
2. Tap the School Stream listing
3. Tap the **INSTALL** button
4. Tap the **ACCEPT** button
5. Wait for the app to install then tap the **OPEN** button
6. Start typing your school name into the search then **SELECT** your school
7. Tap the **DONE** button in the top left

#### Deleting


1. Tap on the Menu button
2. Tap on **Settings: Applications: Manage applications**
3. Tap on the **School Stream app**
4. Tap on **Uninstall**



# FREE school app

Receive school information, instantly and directly to your smartphone

## How to get the School Stream app on your mobile device

1. From your mobile device go to the **App Store (iPhone/iPad)** or **Play Store (Android)**, search for **School Stream** and download the app to your phone.
2. Make sure you agree to **push notifications**
3. Once School Stream has finished installing, open the app, **type your school name into the search** then select your school. For more detailed instructions go to **[schoolstream.com.au/download](http://schoolstream.com.au/download)**
4. Are your children attending different schools? Tap the school selector,  select add a school, type the school name\* into the search then add. Jump between your children's schools by touching the school name/logo in the top blue bar, or switch schools from the slide-in menu.

\*Any additional schools will need to be licensed users of School Stream to appear in the app.

## Choose what notifications you receive

1. Open the School Stream app on your mobile device
2. From the slide-in menu, go to Settings
3. Under Edit/Alerts select My Schools and select your School to open the Notifications page
4. Toggle notifications on or off individually (e.g. Alerts, Events, Newsletters, etc.)
5. When you have finished, use the Back button to return to the Settings page, then select Done to return to your School

Return at any time to change the notifications you receive.

## Don't have a smartphone?

If you don't have access to a smartphone and require information to be delivered via traditional methods (printed notices & email), please fill out the form below and submit it to the school office.

**Family name:** \_\_\_\_\_

Students Name	Class

Please indicate the reason:

- ☐ I don't have access to a smartphone (e.g. iPhone, Android, etc.)
- ☐ I prefer not to receive information from the school on my smartphone
- ☐ Other (please specify) \_\_\_\_\_



# The Dem Community News

NEW! after school BUS pick up from North Sydney Demonstration School to art classes at **Northbridge School of Visual Arts** on Monday, Tuesday and Wednesday afternoons.

307 Sailors Bay Rd, Northbridge

Phone: 99581298; email: [judy@nsva.com.au](mailto:judy@nsva.com.au); web: [www.nsva.com.au](http://www.nsva.com.au);

**Parenting Courses** including sessions regarding childhood anxiety, resilience, positive & emotionally intelligent parenting, transition to high school and more:

- Chatswood Community Health Centre: 57 Hercules Street Chatswood. Phone: 9887 5830 or go to <http://www.nslhd.health.nsw.gov.au/Services/CAP> for more information.
- Naremburn Family Care Centre: 40 Merrenburn Avenue Naremburn. Phone: 8425 8700 or <http://www.centacarebrokenbay.org.au/locations/naremburn-family-centre>

**Twilight Food Fair in Civic Park, North Sydney** from 5.30pm to 9.30pm every Friday until 18 March 2016 (excluding public holidays). This is a free community event that consists of international food stalls, live music and alternating children's activities.

[http://www.northsydney.nsw.gov.au/Recreation\\_Facilities/Markets/Twilight\\_Food\\_Fair](http://www.northsydney.nsw.gov.au/Recreation_Facilities/Markets/Twilight_Food_Fair)

**North Sydney Brothers Junior Rugby League Football Club** is looking for additional players from 5 years old. Players aged 5 years old to 9 years old play for free. Please register by calling Annette Hema on 0404 610 048 or email [nsbros@hotmail.com](mailto:nsbros@hotmail.com) or visit their website: [www.nsbrothers.com.au](http://www.nsbrothers.com.au)

## THE DEM ADVERTISEMENTS

Advertisements do not indicate endorsement by the school

Learn **Music** on the keyboard at  
**NORTH SYDNEY DEMONSTRATION SCHOOL**

**GREAT SONGS MUSICAL FUN MUSIC THEORY**

♪ K - 6 welcome ♪

♪ Convenient at-school venue ♪

♪ Small group - 45 min weekly lesson ♪

♪ Competitive rate - \$27 per session ♪  
(GST incl. Please do not forward payment to the school office.)

♪ Limited vacancy! ♪



**ENROL NOW FOR IMMEDIATE START**

**CALL 9411 3122 OR GO ONLINE TO ENROL**

VIP Music est. 1984 [www.learnmusicatschool.com.au](http://www.learnmusicatschool.com.au)

**in spanish**  
Learn Spanish, a gift for life


**Give your child  
a gift for life!**

### Spanish for Kids @ North Sydney Dem

- unique and fun way to learn
- 1 hour per week, during school terms
- materials to continue learning at home
- native Spanish speaking teachers
- \$180 for 10 classes, plus \$5 for materials

**Tuesday 2 Feb start!  
Enrol today!**

**[inspanish.com.au](http://inspanish.com.au)**

 **CODE RANGERS**  
KIDS IN CHARGE OF TECHNOLOGY

**Learn about computers and coding in a fun, social setting**

**When:** Mondays 3:15 - 4:30, starting 1 Feb 2016 - years 3/4 (New students welcome to join in week 2/3)  
Wednesdays 3:15 - 4:30, starting 1 Feb 2016 - years 5/6

**Where:** The Dem



**Cost:** \$270 for 9 weeks

**Who:** Anyone wanting to learn how to be a digital creator and create the next Facebook!

**We provide:** Great tutors, with 1 per 8 students, and all equipment. We'll explore visual programming in term 1 using scratch, making games and animations

**Register:** [www.coderangers.com.au/classes](http://www.coderangers.com.au/classes)

**Questions?** Call Nicola 0419 497 317

 [www.facebook.com/coderangersAU](http://www.facebook.com/coderangersAU)  [@coderangersAU](https://twitter.com/coderangersAU)

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## THE DEM ADVERTISEMENTS

Advertisements do not indicate endorsement by the school



Plié Groove'n'Shuffle  
School of Performing Arts

### COME AND DANCE WITH US!

Classes in: Jazz, Tap, Ballet (Cecchetti), Hip Hop, Lyrical/Contemporary, Musical Theatre, Boys Only Hip Hop, Eisteddfod Troupes, Private Singing, Competitive & Recreational Cheerleading - 7 National Titles in 2014!

Classes from 18 months (mums & bubs) through to teens.

### Taking Enrolments Now!

Director Vicki Clare-Geluk (RAD RTS, Cecchetti Ass Dip, Cert IV Dance Teaching)

[info@pgns.com.au](mailto:info@pgns.com.au)

0434 933 457

181 Blues Point Rd North Sydney

[www.pgns.com.au](http://www.pgns.com.au)



Check out our School  
Holiday programs!



we learn, we build, we play with  
**LEGO® Bricks**

Join our **LEGO®** Club at  
**NORTH SYDNEY  
DEM!**

An **EXTRAORDINARY** experience for children!

⌘ **AFTER SCHOOL LEGO® CLUB, NORTH SYDNEY DEMONSTRATION SCHOOL TERM 1 2016** ⌘

Tap into your child's potential by *encouraging their curiosity and creativity* with **BRICKS 4 KIDZ®**. Kids can learn and grow with our fun-filled model plans, which use **LEGO®** Bricks and are designed just for us by architects and engineers!



Give us a  
**SHOUT!**



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0499 000 395



@B4KLNS



[sydney-lns@bricks4kidz.com](mailto:sydney-lns@bricks4kidz.com)

LEGO® is a registered trademark of the LEGO® Group of companies which does not sponsor, authorise or endorse these programs.

Tuesday afternoons 2.55pm – 3.55pm  
Tues 2 Feb – Tues 29 March (incl)  
9 sessions, \$135 (incl GST) – only 20 spots  
**Book now!**

[Bricks4KidzAustralia.com.au/Sydney-LNS](http://Bricks4KidzAustralia.com.au/Sydney-LNS)

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## THE DEM ADVERTISEMENTS

*Advertisements do not indicate endorsement by the school*



汉趣中文学校  
HanQu Chinese Language School

A place to LEARN, a place for FUN!

教学宗旨——寓教于乐!

You learn not only CHINESE,  
but also CULTURE!

你学到的不仅是中文, 还有中国文化!

网址 / WEB: [www.hanqu.org](http://www.hanqu.org) 电话号码 / TEL: 0466625678



## FREESTYLE & DRAMA &

DRAMA HELPS CHILDREN TO BUILD  
SELF-CONFIDENCE AND  
SELF-AWARENESS THROUGH  
CREATIVE EXERCISES AND  
IMAGINATIVE IDEAS.  
IT ALSO HELPS TO  
DEVELOP LIFE SKILLS  
AND IS FUN!!!!!!!!!!!!!!!!!!!!!!

SIMON FREESTONE (Ba, GradCertMAP)  
IS A TRAINED ACTOR AND CLOWN  
AND HAS  
20 YEARS EXPERIENCE  
AS A PERFORMER AND TEACHER

JUNIOR & SENIOR CLASSES -  
THURSDAYS AFTER SCHOOL IN THE  
SCHOOL HALL. FREE TRIAL CLASS.  
PH: 0405529285 EMAIL:  
[SIMONFREESTONE@HOTMAIL.COM](mailto:SIMONFREESTONE@HOTMAIL.COM)

*Advertisements do not indicate endorsement by the school*

# Drama program 2016

**Drama develops kids**



**Classes at  
St Johns Church Willoughby**

We all want our kids to be confident.

You'll love your child's growth in confidence, creativity and communication skills through our self-development drama program.

**More Information**

**www.helenogrady.com.au | ph: 0404 842 886**



## **Established dance school at the Dem for students Yrs K-6!**

**Enrol your children for dance classes run by  
CentreStage Academy in the Dem school hall**



**Tuesdays (starting Tues 2 Feb 2016)**

3pm-4pm	Jazz (Kindy & Yr 1)
4pm-4:45pm	Tap (Yrs 5-6)
4:45pm-5:45pm	Jazz (Yrs 5-6)
5:45pm-6:30pm	Hip Hop (Yrs 5-6)

**Wednesdays (starting Wed 3 Feb 2016)**

3:00pm-3:45pm	Tap (Yrs 2-4)
3:45pm-4:45pm	Jazz (Yrs 2-4)
4:45pm-5:30pm	Hip Hop (Yrs 2-4)

**FREE TRIAL CLASSES AVAILABLE 1<sup>st</sup> WEEK OF FEBRUARY 2016**

Students can be dropped off/picked up from Demcare from 3:45pm onward



**Celebrating 9 years of quality dance tuition at North Sydney Dem. Classes are aimed at building strong dance technique & culminate in a spectacular end-of-year concert**

**ENROLLING NOW for 2016**

Phone Helena: 1300 322 243 or 0404 118 267 Email: [info@centrestageacademy.com.au](mailto:info@centrestageacademy.com.au)  
[www.centrestageacademy.com.au](http://www.centrestageacademy.com.au)





## THE DEM ADVERTISEMENTS

*Advertisements do not indicate endorsement by the school*



North Sydney Demonstration School is pleased to continue its Seido Juku Karate Program for Term 1, 2016

Classes are held in the school hall and we take rolling registration each month

# Seido Juku Karate @ North Sydney Demonstration School

### **What the Nth Sydney Demonstration School kids have told us:**

- "I really want to get my junior black belt"
- "I liked winning a trophy at the Seido tournament"
- "I'm learning to defend myself"
- "We love the karate games"

### **Kid's Karate Timetable**

- Monday & Wednesday at 6pm
- Friday at 4pm and Saturday at 8am
- Passport rate includes classes at the Demonstration School & at our main dojo in Darlington up to 6 days a week

Join us for a free trial class, contact Leigh on 0411-821-531 or book a class online via our website [www.seidojuku.com.au](http://www.seidojuku.com.au)



## THE DEM ADVERTISEMENTS

*Advertisements do not indicate endorsement by the school*



**Penny Kidd**  
Qualified Instructor RYT  
500 hours

### **YOGA FOR 8-12 year olds**

@ Mantra Studios 1 Holtermann Street, Crows Nest

#### **TERM 1 2016**

Commences Monday 1<sup>st</sup> February

Mondays, Tuesdays and Thursdays: 4:15 for 1 hour.

Term fees: \$150 (1 class per week)

Drop in classes: \$20

Siblings discount: 10%

Parents' yoga class held simultaneously in adjacent room at studio.

SPECIAL PRICE: \$15 per class

## **Yoga for Kids**

Contact: Penny 0411 519 419

penelope.s.kidd@gmail.com

**Connecting the  
Body and Mind**

*Advertisements do not indicate endorsement by the school*



## Stepping Stones Triple P



### Does your child have a disability?

Is this you? Most of the time, you know you are doing a good job with parenting. But there are times when things get a little tricky. Like when your toddler won't eat her dinner. Or your six year old won't share his toys. If only someone could give you some ideas to make those times easier! If this sounds like you, then a Stepping Stones Triple P seminar may be right for you.

As part of the Stepping Stones Triple P Project, **Northern Beaches Interchange** invite all parents of children with a disability aged 2 to 12 to attend the following **FREE** parenting seminar series:

**Seminar 1: Positive Parenting for Children with a Disability**  
Thursday, 11th February 2016, 7pm – 9pm

**Seminar 2: Helping Your Child Reach Their Potential**  
Thursday, 18th February 2016, 7pm – 9pm

**Seminar 3: Changing Problem Behaviour into Positive Behaviour**  
Thursday, 25th February 2016, 7pm – 9pm

Where: Fisher Road School, 115 Fisher Road, Dee Why 2099

RSVP: As these programs are being funded as part of a research project please contact the research team to register your interest.

Phone: 02 9114 4060

Email: [fhs.steppingstones@sydney.edu.au](mailto:fhs.steppingstones@sydney.edu.au)



Funded by the National Health and Medical Research Council, Australia

## THE DEM ADVERTISEMENTS

Advertisements do not indicate endorsement by the school

*"I would teach children music, physics, and philosophy; but most importantly music, for the patterns in music and all the arts are the keys to learning."*  
- PLATO

# STRING PROGRAM @ NSDS 2016

## STRING ENSEMBLE

For year 3-6 students learning violin, viola, cello & bass  
Rehearsals will take place on Monday mornings before school

## VIOLIN & CELLO LESSONS

Two of North Shore Music Academy's experienced teachers will offer private violin and cello tuition at school one afternoon a week

**ENROL NOW:** To find out more about the program email Caroline at [info@musiclessons悉尼.com.au](mailto:info@musiclessons悉尼.com.au) or go to [www.musiclessons悉尼.com.au](http://www.musiclessons悉尼.com.au)

# DONOR MOBILE VISITING SOON

The Australian Red Cross Mobile Blood Service is visiting  
**North Sydney Mary Mackillop Place**

Tuesday 16 February, **8.50am – 2.00pm** (30 more donors needed)

Wednesday 17 February, **8.30am – 2.00pm** (30 more donors needed)

Thursday 18 February, **1.00pm – 6.20pm** (30 more donors needed)

Friday 19 February, **8.30am – 1.30pm** (30 more donors needed)

If you haven't already made an appointment to give blood, you can [make an appointment online](#) or call us on 13 14 95.

1 in 3 Australians will need blood, but only 1 in 30 donates. Donated blood helps cancer patients, people with blood disorders, mothers-to-be and newborn babies, as well as trauma and surgical patients.

We look forward to seeing you again soon.

Sincerely,  
Australian Red Cross Blood Service

[Make an appointment »](#)

[[donateblood.com.au/red25](http://donateblood.com.au/red25)]

Club Red is now **RED25**

[FIND OUT MORE »](#)

**RED25**

**Australian Red Cross  
BLOOD SERVICE**

Advertisements do not indicate endorsement by the school



# TENNIS COACHING @ NORTH SYDNEY DEMONSTRATION

**DAYS ON OFFER:** Monday, Tuesday & Thursday

**START DATE:** Mon 8th Feb **LAST DAY:** Thurs 30th June

**CLASS SIZE:** 7 PUPILS PER CLASS

**COST:** \$256 (MON - 16 lessons) \$288 (TUES - 18 lessons)  
\$304 (THURS - 19 lessons)

## WET WEATHER PROGRAM IN PLACE

Phone 9428 3336 for more information or to book a place in the program. Cheques to be made payable to "River Road Tennis Centre" and these can be handed in at the school office or mailed to 180 River Rd, Lane Cove 2066.

**TENNIS COACHING @ NORTH SYDNEY DEMONSTRATION SEMESTER ONE**

**NAME OF CHILD:** \_\_\_\_\_ **DAY:** \_\_\_\_\_

**AGE:** \_\_\_\_\_ **YEAR AT SCHOOL:** \_\_\_\_\_

**PH:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**ATTACHED IS MY CHEQUE/CREDIT CARD DETAILS (MC/VISA) FOR \$** \_\_\_\_\_

**CREDIT CARD NUMBER:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ **EXPIRY:** \_\_\_\_\_ / \_\_\_\_\_

**NAME ON CARD:** \_\_\_\_\_ **SIGNATURE:** \_\_\_\_\_



## Lane Cove Junior Golf Academy

Classes are run on a school term basis. All classes are conducted by qualified PGA professionals, providing a superior level of tuition through a structured program, including fun games, golf course experience and quarterly skills tests to re grade classes during each term.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4-6YRS			3:30PM			10:30AM	
MIXED AGES	3:30PM 4:30PM	3:30PM 4:30PM	3:30PM	3:30PM		9:30AM	11AM
10+ YRS						2PM 3PM 4PM	

\*As a bonus for being a LANE COVE Junior Golf Academy Member, the student will receive unlimited free green fees plus one group lesson each week at their designated time (Term basis, except public holidays).

## Academy lessons & green fees are \$19.50 per week

Buses run from the following schools

Greenwich - Monday & Wednesday leaves infant school at 3:10pm, primary at 3:15pm returns at 4:40pm  
North Sydney Demonstration - Monday, Tuesday & Thursday leaves at 3:10pm (ONE WAY ONLY - NO RETURN)

St Michael's - Tuesday, Thursday & Friday leaves at 3:05pm (ONE WAY ONLY - NO RETURN)

For further information or enrolments please call Kasey Dive

MOBILE: 0413 603 918 or EMAIL: [lanecovepro@me.com](mailto:lanecovepro@me.com)

**TERM 1 2016 STARTS 1<sup>ST</sup> FEBRUARY**  
**TUES. WED. THURS (10 WEEKS) \$195**  
**MON/SAT (9 WEEKS) \$175.50**

**NO CLASSES EASTER LONG WEEKEND**