

The Dem Newsletter

Friday 18 December 2015 - Week 11 Term 4

Farewell and good luck Year 6

Year 6 left the River Building for the last time on Wednesday to the sound of bagpipes playing and cheered on by students from Years 4 and 5. It was a memorable moment and there were a number of misty eyes with students, parents and teachers all sharing the same mixed emotions. Excited about the adventure ahead for our young leaders and yet sad to see the end of a great journey. Good luck Year 6! We will miss you.

Changes in 2016

In 2016 the break times for students will be changing. Students in K-2 will now be eating and playing at a different time to students in Years 3-6. These changes have been made to accommodate our growing school population. The new times are as follows;

K-2 Lunch	10:55 - 11:50am
K-2 Afternoon tea	1:50 -2:10pm
3-6 Recess	10:15 -10:35am
3-6 Lunch	11:55 -12:50pm

Please be aware that the earlier K-2 lunch break has implications for Tuckshop lunch orders. Lunch orders can now only be placed in two ways

1. On-line through Munch Monitor www.munchmonitor.com; or
2. via a paper bag lunch order given to the classroom teacher at the beginning of the school day.

Paper bags and pens will still be available on a table outside of the canteen (for those rushed mornings), however, the lunch order will then need to be placed in the lunch order tray in your child's class at the start of the day. No Tuckshop staff will be available to assist with ordering before school.

Due to the need for K-2 lunch orders to be ready by 10:55am each day, we are asking for volunteers who can assist on a regular basis (daily, weekly or fortnightly) between the hours of 9am – 12 noon.

If you are able to help please email Martin, Karin or Craig at thedempc@gmail.com

The Tuckshop will still be open at recess, lunch and the afternoon tea break for small snack purchases.

School Stream – Have you signed up yet?

School Stream is a phone App that will enable you to access school events, news items, sport updates, newsletters, school travel information and much more.

We currently have 351 parents who have downloaded the App. Thank you!!!!

If you have misplaced the downloading instructions please pages 3 and 4 of this newsletter.

Happy Holidays!!!!

Thank you for sharing 2015 with us. We have had a great year with you and your children and we look forward to seeing you again in 2016. Stay safe!!

Myra Wearne
Principal

What's On?

Thursday 28 Jan 2016
*FIRST DAY OF TERM 1
2016 for Years 1 to 6
students

**Thursday 28, Friday 29
January and Monday 1
February 2016**
*Kindergarten Best Start
Assessments are
conducted

**Tuesday 2 February
2016**
*FIRST DAY OF TERM 1
2016 for Kindergarten
students

SCHOOL NEWS

Thank you for your Tree of Joy gift donations!

Your kind gifts have now been collected by Rotary Club Chatswood. Thank you for your generosity!

School Office Holiday Opening & 2016 Student Starts

The School Office will be open to take enrolments from 9am to 12pm on Tuesday 19 January and Thursday 21 January 2016.

The School Office will also be open on the Term One 2016 Pupil Free Day: Wednesday 27 January 2016 from 8:30am to 3:15pm.

More information regarding enrolments can be found at: <http://www.nthsyddem-p.schools.nsw.edu.au/kinder-enrolment>

Year One to Six students will return to school on Thursday 28 January 2016.

Kindergarten students will start on Tuesday 2 February 2016 at the times advised.

Extended Uniform Shop times at the beginning of 2016

The Uniform Shop will be open from 8:30am to 10am on the following days: Wednesday 27, Thursday 28 & Friday 29 January 2016 as well as Monday 1 & Tuesday 2 February 2016.

The Uniform Shop will also be open from 2:30pm to 4pm on Friday 29 January & Wednesday 3 February 2016.

New School Special Bus numbers starting from Term 1 2016

- 2016 Bus # 665: Milsons Point to the Dem (2015 Bus #667)
- 2016 Bus # 664: The Dem to Milsons Point (2015 Bus # 667)
- 2016 Bus # 667: The Dem to McMahons Point (2015 Bus # 677)
- 2016 Bus # 666: The Dem to Wollstonecraft Station (2015 Bus # 669)

For more information call 131 500 or go to <http://www.sydneybuses.info/news/new-bus-route-numbers-for-school-special-bus-services-in-2016>

School Student Transport Scheme & New School Opal

Many students with a current SSTS pass won't need to reapply as a new pass (School Opal or travel pass) will be issued automatically. For more information please go to:

<http://www.transportnsw.info/school-students>
<https://apps.transport.nsw.gov.au/ssts/#/>



The Dem now has a **FREE** app!

Receive school information, instantly and directly to your smartphone



How to download your FREE app

- 1 From your mobile device go to the **App Store (iPhone/iPad)** OR **Google Play (Android)** search for **School Stream** and download the app to your phone
- 2 Make sure you agree to **push notifications**
- 3 Once School Stream has finished installing, open the app, type your school name into the search **THEN** select your school

For more detailed instructions go to schoolstream.com.au/download



www.schoolstream.com.au • 1300 721 270



Instructions for **installing & deleting** the School Stream app from your device

iPhone / iPad iOS 7.x - 8.x

Installing

1. From your mobile device go to the **App Store** search for **School Stream**
2. Tap the **FREE** button to the right of the School Stream listing
3. Tap the **INSTALL** button
4. Enter your Apple ID and password & tap **OK**
5. Wait for the install icon to change to **OPEN**
6. Tap the **OPEN** button
7. You will be prompted to accept push notifications, you will need to select **OK**
8. Start typing your **school name** into the search then **SELECT** your school

Deleting

1. From your device press and **hold down** the **School Stream** icon until the icon begins to jiggle
2. Tap the little **x** in the upper-left corner of the School Stream app. (A dialog appears, informing you that deleting this app also deletes all its data).
3. Tap the **Delete** button.

Android/Tablet

Installing

1. From your mobile device go to the **Play Store** search for **School Stream**
2. Tap the School Stream listing
3. Tap the **INSTALL** button
4. Tap the **ACCEPT** button
5. Wait for the app to install then tap the **OPEN** button
6. Start typing your school name into the search then **SELECT** your school
7. Tap the **DONE** button in the top left

Deleting


1. Tap on the Menu button
2. Tap on **Settings: Applications: Manage applications**
3. Tap on the **School Stream** app
4. Tap on **Uninstall**



FREE school app

Receive school information, instantly and directly to your smartphone

How to get the School Stream app on your mobile device

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2. Make sure you agree to **push notifications**
3. Once School Stream has finished installing, open the app, **type your school name into the search** then select your school. For more detailed instructions go to **schoolstream.com.au/download**
4. Are your children attending different schools? Tap the school selector,  select add a school, type the school name* into the search then add. Jump between your children's schools by touching the school name/logo in the top blue bar, or switch schools from the slide-in menu.

*Any additional schools will need to be licensed users of School Stream to appear in the app.

Choose what notifications you receive

1. Open the School Stream app on your mobile device
2. From the slide-in menu, go to Settings
3. Under Edit/Alerts select My Schools and select your School to open the Notifications page
4. Toggle notifications on or off individually (e.g. Alerts, Events, Newsletters, etc.)
5. When you have finished, use the Back button to return to the Settings page, then select Done to return to your School

Return at any time to change the notifications you receive.

Don't have a smartphone?

If you don't have access to a smartphone and require information to be delivered via traditional methods (printed notices & email), please fill out the form below and submit it to the school office.

Family name: _____

Students Name	Class

Please indicate the reason:

- ☐ I don't have access to a smartphone (e.g. iPhone, Android, etc.)
- ☐ I prefer not to receive information from the school on my smartphone
- ☐ Other (please specify) _____

P&C News

What a GREAT YEAR!!!

The DEM P & C would like to thank you, our fantastic school community for all your support throughout the year.

We look forward to seeing you in 2016 for another exciting and fun year!

We wish you all the best for the holiday season - have a very safe and fun filled summer holiday!!

The DEM P & C

thedempc@gmail.com

The Dem Community News

Kids in the park – Sydney's largest holiday programme with a range of activities that are either free or under \$25. Full details at www.kidsinthepark.com.au

Parenting Courses including sessions regarding childhood anxiety, resilience, positive & emotionally intelligent parenting, transition to high school and more:

- Chatswood Community Health Centre: 57 Hercules Street Chatswood. Phone: 9887 5830 or go to <http://www.nslhd.health.nsw.gov.au/Services/CAP> for more information.
- Naremburn Family Care Centre: 40 Merrenburn Avenue Naremburn. Phone: 8425 8700 or <http://www.centacarebrokenbay.org.au/locations/naremburn-family-centre>

Twilight Food Fair in Civic Park, North Sydney from 5.30pm to 9.30pm every Friday until 18 March 2016 (excluding public holidays). This is a free community event that consists of international food stalls, live music and alternating children's activities.

http://www.northsydney.nsw.gov.au/Recreation_Facilities/Markets/Twilight_Food_Fair

THE DEM ADVERTISEMENTS

Advertisements do not indicate endorsement by the school



Penny Kidd
Qualified Instructor RYT
500 hours

YOGA FOR 8-12 year olds

@ Mantra Studios 1 Holtermann Street, Crows Nest

TERM 1 2016

Commences Monday 1st February

Mondays, Tuesdays and Thursdays: 4:15 for 1 hour.

Term fees: \$150 (1 class per week)

Drop in classes: \$20

Siblings discount: 10%

Parents' yoga class held simultaneously in adjacent room at studio.

SPECIAL PRICE: \$15 per class

HOLIDAY PROGRAM

Monday 11th Jan, Monday 18th Jan @ 4:00pm

Thursday 14th, Thursday 21st @ 4:00pm

75 minute class for \$20

Contact: Penny 0411 519 419

penelope.s.kidd@gmail.com

Connecting the Body and Mind

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THE DEM ADVERTISEMENTS

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CAROLS & COMMUNITY CHRISTMAS PARTY
5PM | SUNDAY 20TH DECEMBER
INCLUDING PONY RIDES, JUMPING CASTLES,
FAIRY FLOSS, FOOD AND MORE - ALL FREE

CHRISTMAS EVE
11PM | THURSDAY 24TH DECEMBER

CHRISTMAS DAY
10AM | FAMILY SERVICE WITH CHILDREN'S PROGRAMMES

ALL WELCOME!
CNR CHURCH & MACLAREN STS, NORTH SYDNEY



Established dance school at the Dem for students Yrs K-6!

Enrol your children for dance classes run by
CentreStage Academy in the Dem school hall



Tuesdays (starting Tues 2 Feb 2016)

3pm-4pm	Jazz	(Kindy & Yr 1)
4pm-4:45pm	Tap	(Yrs 5-6)
4:45pm-5:45pm	Jazz	(Yrs 5-6)
5:45pm-6:30pm	Hip Hop	(Yrs 5-6)

Wednesdays (starting Wed 3 Feb 2016)

3:00pm-3:45pm	Tap	(Yrs 2-4)
3:45pm-4:45pm	Jazz	(Yrs 2-4)
4:45pm-5:30pm	Hip Hop	(Yrs 2-4)

FREE TRIAL CLASSES AVAILABLE 1st WEEK OF FEBRUARY 2016

Students can be dropped off/picked up from Demcare from 3:45pm onward



Celebrating 9 years of quality dance tuition at North Sydney Dem. Classes are aimed at building strong dance technique & culminate in a spectacular end-of-year concert

ENROLLING NOW for 2016

Phone Helena: 1300 322 243 or 0404 118 267 Email: info@centrestageacademy.com.au
www.centrestageacademy.com.au



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THE DEM ADVERTISEMENTS

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River Road Tennis and Golf Holiday Camps

www.riverroadtenniscentre.com.au or call: 9428 3336

**CAMP 1: Monday 7th — Friday 11th December**

CAMP 2: Monday 14th —Friday 18th December

CAMP 3: Monday 21st —Thursday 24th December

CAMP 4: Monday 4th —Friday 8th January

CAMP 5: Monday 11th —Friday 15th January

CAMP 6: Monday 18th — Friday 22nd January

CAMP 7: Monday 25th & Wednesday 27th January



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THE DEM ADVERTISEMENTS

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KIDS KARATE @ MOSMAN MARTIAL ARTS ACADEMY

Your child will learn **Discipline**, will develop **Coordination** and will have **Fun**.

Karate classes are great for Kids of any age!

Owned by the mum of a year 4 student, Mosman Martial Arts Academy would love to meet you at our Dojo! Come join us for a 1-class free trial and see why Karate is all the rage right now. There are already more than 200 kids from the Lower North Shore attending and lots of them have progressed past the first gradings to higher grades such as Purple and Brown!

We also boast a light weight silver medal at the Oceania Junior Sumo Championships won by Brandon Jin with extensive media coverage in the Mosman Daily and the Daily Telegraph. ☺

We are affiliated, certified and recognised by Martial Arts Australia and International Martial Arts some of the highest qualifications in Australia and worldwide. Most of them are Martial Arts World, National and State Champions! All our instructors have Working with Children checks and First Aid certification.



Mosman Martial Arts Academy Youth Program offers an age-specific program, starting at age 3 and continuing all the way up to ages 15. This is an award-winning kids martial arts program and has already proved very popular and it's great exercise that kids actually enjoy. As an age-specific program, classes are divided into age groups that meet each child's developmental, physical, social and emotional needs including the **stranger-danger awareness** and safety tips.

- Children ages 3, 4 and 5 years old are taught fundamental skills that can be used throughout their life such as listening, focus, structure, discipline, balance, strength and coordination.
- At ages 6 and 7, youth then further develop their skill set to include increased focus, self-awareness, leadership skills, confidence, and self-defence.
- When students reach 8 - 10 years of age, students will begin increasing their self-defence skills,

physical fitness capabilities, and confidence, making them able to stand up for themselves and others against potential bullies throughout their school years.

- Finally students from 11 - 15 years of age are being moulded into the leaders of communities that they will become, by engaging in a full mixed martial arts curriculum.

We constantly receive positive feedback from delighted parents, citing the wide range of improvements they have noticed in their child since picking up karate such as self-confidence, higher grades and better school reports, better behaviour, increased concentration, improved fitness, coordination and flexibility.

The best thing about it all? Kids love their karate!

Kind regards, Olivia Vasile, 0415 951 366, 02 8283 9243

website: www.martialartsacademy.com.au, email: info@martialartsacademy.com.au

HOLIDAY CAMPS @ MOSMAN MARTIAL ARTS ACADEMY

We are now introducing exciting new Holiday Camps for **Karate, Boxing, Sumo Wrestling** and **Survival in the bush** suitable for 7 year olds and above where you'll see your child learn new martial arts, different skills, and above all, having fun! Programs run for 3 hours Monday to Saturday from 9:00 am to 12:00 pm. Limited spots available.

Book at reception or call 8286 9243 or 0415 951 366. More details on our website:

www.martialartsacademy.com.au/ Classes/ Holiday Camps



"Survival in the Bush" Camp

Survival in the Bush is an exciting fun- filled and practical program where participants will learn military rope craft, knot tying and will make their own 'survival bracelet' which they make in the course and get to keep. Kids will learn to handle an Eastern Bearded Dragon!

Our fantastic instructor Bill Temm is a survival expert with an impressive bushcraft experience.

Price: \$55 per day/ \$155 for 3 days.



Boxing Camp

Our Boxing Camp emphasizes coordination, body control and athleticism. Students will learn pad and bag drills, ring craft, partner work and learn to spar in a carefully managed, fun-filled environment.

With Bill Temm- an ABA Qualified Instructor with Junior Boxing Accreditation with more than 15 years experience.

Price: \$50 per day/ \$130 for 3 days.



Sumo Camp

Our Sumo Camp will teach your kids the wrestling techniques of the oldest martial art from Japan. The rules are easy to understand. The course offers eligibility to compete at National and State levels, maybe even represent Australia!

With Bill Temm- the secretary for the Australia Sumo Federation, coach and match referee.

Price: \$50 per day/ \$130 for 3 days.



Karate Camp

The Karate Vacation Classes will give your child the opportunity to continue training throughout the holidays and keep learning the life skills that martial arts offers as well as helping your child with discipline and focus.

With Shihan Nikki Pilay, the only 7 Dan instructor in Shitoryu karate in NSW with more than 50 years experience with kids.

Price: \$20/class

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Inspire
Program Australia

Inspire. Because your
kids deserve the best!



**Inspire is a unique
after school program
that provides:**

Homework and tuition

Kids don't just do their homework – they also receive tuition and participate in study groups, workshops and educational games.

Fun, inspirational time

Let your kids discover Picasso, grow some herbs, do some craft and be creative. We run lots of fun activities that let kids explore their creativity, develop new skills and learn.

A martial arts lesson

Developed by a 7th dan black belt our program is **non-contact, safe and fun**. Not only is it great exercise it builds confidence, self-respect and discipline.



A day at Inspire

Our mini-bus picks up
children from school.



A healthy afternoon
tea is served.



Homework and
tuition is completed.



Kids do a martial
arts lesson.



Inspiration /
free time.



Parents pick
up kids.

Locations

Artarmon
Baulkham Hills
Carlingford
Hurstville
Kellyville
Lane Cove / Chatswood
Lindfield
Mosman
Pennant Hills
Ryde
Winston Hills

BOOK NOW All bookings and enquiries: **1300 665 275** | www.inspireprogram.com.au

Advertisements do not indicate endorsement by the school



Fun French Language For Children at North Sydney Demonstration School

Give your child a head start!

We are offering: French Fun Club

- Tuesday 3.15pm to 4.15pm
- Haven Building
- \$20 per lesson (Term fees)
- Places are limited!
- Email Delphine NOW to enrol and for more details

0420 242 974
delphine.banse@lcclubs.com.au
www.lcclubs.com.au



Applause

Musical Theatre Academy

KIDS and TEENS HOLIDAY WORKSHOPS

FREE CARE from 9am

December 7 – 16
January 4 – 22

GRADES
K-2, 3-6, 7+,
MIXED & BOYS ONLY

The highly praised Applause Holiday Workshops are back this summer!
A crash course in the art of the "triple threat", kids and teens learn to sing, dance and act scenes and songs from a musical!
What show could it be this time...?

Also enrolling for our weekly classes in 2016

Chatswood St. Ives
Roseville Killarney
Heights

ENROL NOW

www.applausemta.com.au

Building **confident, creative** kids
through **performance**



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Well established Children art school since 1993

Clement Art School

email: clementartschool@hotmail.com

Tel: 0414435388

Epping,
Hornsby,
Chatswood,
Burwood,
Hurstville,
Eastwood,
Parramatta,
Killara,
Central,
Castle Hill

www.clementart.com.au

Check out our School Holiday programs!

Join our LEGO® Club at NORTH SYDNEY DEM!

bricks 4 kidz

we learn, we build, we play with **LEGO®** Bricks

An **EXTRAORDINARY** experience for children!

AFTER SCHOOL LEGO® CLUB, NORTH SYDNEY DEMONSTRATION SCHOOL TERM 1 2016

Tap into your child's potential by *encouraging their curiosity and creativity* with **BRICKS 4 KIDZ®**. Kids can learn and grow with our fun-filled model plans, which use **LEGO®** Bricks and are designed just for us by architects and engineers!

Give us a SHOUT!

f B4KSydney **☎** 0499 000 395
🐦 @B4KLNS **✉** sydney-lns@bricks4kidz.com

LEGO® is a registered trademark of the LEGO® Group of companies which does not sponsor, authorise or endorse these programs.

Tuesday afternoons 2.55pm – 3.55pm
Tues 2 Feb – Tues 29 March (incl)
9 sessions, \$135 (incl GST) – only 20 spots
Book now!
Bricks4KidzAustralia.com.au/Sydney-LNS

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Drama program 2016

Drama develops kids



**Classes at
St Johns Church Willoughby**

We all want our kids to be confident.

You'll love your child's growth in confidence, creativity and communication skills through our self-development drama program.

More Information

www.helenogrady.com.au | ph: 0404 842 886



"I would teach children music, physics, and philosophy; but most importantly music, for the patterns in music and all the arts are the keys to learning."
- PLATO

STRING PROGRAM

@ NSDS 2016

STRING ENSEMBLE

For year 3-6 students learning violin, viola, cello & bass
Rehearsals will take place on Monday mornings before school

VIOLIN & CELLO LESSONS

Two of North Shore Music Academy's experienced teachers will offer private violin and cello tuition at school one afternoon a week

ENROL NOW: To find out more about the program email Caroline at info@musiclessonsydney.com.au or go to www.musiclessonsydney.com.au

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JUNIOR TENNIS & SPORTS CAMPS

DEC 2015 / JAN 2016
AGES 5-17 YEARS

NEW - Drop off available from 8.30am. After camp care from 3.30-6pm - all centres - \$10 per hour

CAMP 1: 14-18 DEC, CAMP 2: 21-23 DEC
CAMP 3: 11-15 JAN, CAMP 4: 18-22 JAN

9:30am - 3:30pm • Registration from 8.30am
COST: \$65 per day, \$170 / 3 day camp, \$275 / 5 day camp

WILLIS PARK 325a Eastern Valley Way • all Levels
ST LEONARDS Talus Street • Red, Orange & Green Levels

P 9901 3144 E lovendeuce@netspace.net.au www.lovendeuce.com.au

HUMPTY MULTI- SPORTS CAMPS

DEC 2015 - JAN 2016



Camp 1: 21-23 DEC
Camp 2: 11-15 JAN
Camp 3: 18-22 JAN

9:00am - 1:00pm • Drop off from 8:30am
\$65 / day, \$170 / 3 day camp, \$275 / 5 day week

Suitable for ages 2½ to 6

P 9417 7888
E humpty@lovendeuce.com.au

www.lovendeuce.com.au

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REGISTRATIONS NOW OPEN FOR NORTH SYDNEY DEMONSTRATION P.S.

Go carts Gymnastics Sports Pe equipment Games

Holiday Sports and Skills provides children of all ages and sporting abilities with a safe environment to try out a variety of sports these school holidays.

SPORTS AND GAMES

Children can choose to join in playing soccer, basketball, netball, touch football, cricket and much more

EQUIPMENT AND FUN

With over 100 different types of sporting equipment on offer – there is something for everyone! Equipment available for use includes: gokarts (ezy riders, roller racers, caterpillar), gymnastic equipment (mini tramp, spring board, spotting station, balance bars), turbo javs, launch balls vortex, poco balls, foxtails and much more.

Location: North Sydney Demonstration School
Date: Thursday 14th of January 2016
Time: 9:00am-3:30pm (supervision starts at 8)
Cost: \$40 per day

E: info@holidaysportsandskills.com P: 0417 881 547

Book today at www.holidaysportsandskills.com